



Companies House

**AR01** (ef)

**Annual Return**



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*Company Name:* **24/7 GYM LIMITED**

*Company Number:* **07331822**

*Date of this return:* **30/07/2014**

*SIC codes:* **93199**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **20 EMILY ROAD  
CHATHAM  
KENT  
ENGLAND  
ME5 7LF**

**Officers of the company**

*Company Director*    **1**

*Type:*                                **Person**  
*Full forename(s):*                **MR PARMJIT SINGH**

*Surname:*                           **RAKAR**

*Former names:*

*Service Address:*                **DOSHI ACCOUNTANTS LTD 6TH FLOOR, AMP HOUSE  
DINGWALL ROAD  
CROYDON  
UNITED KINGDOM  
CR0 2LX**

*Country/State Usually Resident:*   **UNITED KINGDOM**

*Date of Birth:*   **20/03/1972**                                *Nationality:*   **BRITISH**  
*Occupation:*    **DIRECTOR**

## Statement of Capital (Share Capital)

|                        |                 |                                |            |
|------------------------|-----------------|--------------------------------|------------|
| <b>Class of shares</b> | <b>ORDINARY</b> | <i>Number allotted</i>         | <b>100</b> |
|                        |                 | <i>Aggregate nominal value</i> | <b>100</b> |
| <i>Currency</i>        | <b>GBP</b>      | <i>Amount paid per share</i>   | <b>1</b>   |
|                        |                 | <i>Amount unpaid per share</i> | <b>0</b>   |

### *Prescribed particulars*

THE ORDINARY SHARES SHALL BE NON REDEEMABLE BUT SHALL HOLD FULL RIGHTS IN RESPECT OF VOTING, AND SHALL ENTITLE THE HOLDER TO FULL PARTICIPATION IN RESPECT OF EQUITY AND IN THE EVENT OF A WINDING UP OF THE COMPANY. THE SHARES MAY BE CONSIDERED BY THE DIRECTORS WHEN CONSIDERING DIVIDENDS FROM TIME TO TIME.

## Statement of Capital (Totals)

|                 |            |                                      |            |
|-----------------|------------|--------------------------------------|------------|
| <i>Currency</i> | <b>GBP</b> | <i>Total number of shares</i>        | <b>100</b> |
|                 |            | <i>Total aggregate nominal value</i> | <b>100</b> |

## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 30/07/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : 100 ORDINARY shares held as at the date of this return  
*Name:* PARMJIT SINGH RAKAR

## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.