

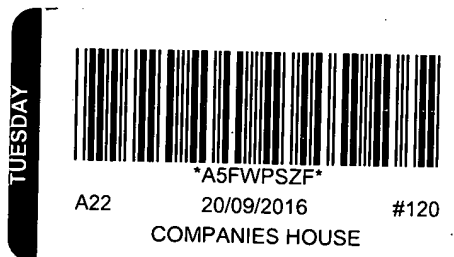
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Amended

REGISTERED NUMBER: 07331822 (England and Wales)

24/7 Gym Limited

Abbreviated Unaudited Accounts for the Year Ended 31 July 2012



24/7 Gym Limited

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for the Year Ended 31 July 2012**

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24/7 Gym Limited

**Company Information
for the Year Ended 31 July 2012**

DIRECTOR:

P S Rakar

REGISTERED OFFICE:

1st Floor Winsor House 1270
London Road
Norbury
London
SW16 4DH

REGISTERED NUMBER:

07331822 (England and Wales)

ACCOUNTANTS:

Aggarwal & Co Limited
Chartered Accountants
5 London Road
Rainham
Gillingham
Kent
ME8 7RG

Abbreviated Balance Sheet
31 July 2012

	Notes	£	£
FIXED ASSETS			
Investments	2		50
CURRENT ASSETS			
Debtors		10,000	
CREDITORS			
Amounts falling due within one year		<u>9,950</u>	
NET CURRENT ASSETS			<u>50</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u><u>100</u></u>
CAPITAL AND RESERVES			
Called up share capital	3		<u>100</u>
SHAREHOLDERS' FUNDS			<u><u>100</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2012.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2012 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 26 April 2013 and were signed by:



P S Rakar - Director

24/7 Gym Limited

Notes to the Abbreviated Accounts for the Year Ended 31 July 2012

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Preparation of consolidated financial statements

The financial statements contain information about 24/7 Gym Limited as an individual company and do not contain consolidated financial information as the parent of a group. The company has taken the option under Section 398 of the Companies Act 2006 not to prepare consolidated financial statements.

Turnover

Turnover represents net invoiced rentals.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. FIXED ASSET INVESTMENTS

	Investments other than loans £
COST	
Additions	50
At 31 July 2012	50
NET BOOK VALUE	
At 31 July 2012	50

The company's investments at the Balance Sheet date in the share capital of companies include the following:

S F Chatham Limited

Nature of business: health and fitness centre

	% holding	
Class of shares:		
Ordinary £1 shares	50.00	31.12.12
		£
Aggregate capital and reserves		(39,168)
Loss for the period		(39,168)

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	£
100	Ordinary	£1	100

4. AMENDED FINANCIAL STATEMENTS

These amended financial statements are to replace the original financial statements filed by the Company and are now to be recognised as the Company's statutory financial statements.