

Registration number 07331822

24/7 Gym Limited

Director's report and financial statements

for the period ended 31 July 2011

TUESDAY



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24/7 Gym Limited

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24/7 Gym Limited

Company information

Director	Mr P Rakar
Company number	07331822
Registered office	Doshi & Co 1st Floor Windsor House 1270 London Road Norbury, London SW16 4DH
Accountants	Doshi & Co. Accountants 1st Floor Windsor House 1270 London Road Norbury London SW16 4DH

24/7 Gym Limited

**Director's report
for the period ended 31 July 2011**

The director presents his report and the financial statements for the period ended 31 July 2011.

Results and business review

The principal activity of the company in the period under review was that of Gym

Director and his interests

The director who served during the period and his interest in the company is stated below

	Class of share	31/07/11	30/07/10
Mr P Rakar	Ordinary shares	100	100

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006

This report was approved by the Board on and signed on its behalf by

Mr P Rakar
Director



24/7 Gym Limited

**Accountants' report on the financial statements to the director of
24/7 Gym Limited**

As described on the balance sheet you are responsible for the preparation of the financial statements for the period ended 31 July 2011 set out on pages 3 to 5 and you consider that the company is exempt from an audit. In accordance with your instructions we have compiled these financial statements, in order to assist you to fulfil your statutory responsibilities, from the accounting records and information supplied to us.



Doshi & Co. Accountants

**1st Floor Windsor House
1270 London Road
Norbury
London
SW16 4DH**

Date: 01/03/2012

24/7 Gym Limited

**Balance sheet
as at 31 July 2011**

**31/07/11
£**

Current assets

Cash at bank and in hand

100

100

100

Net assets

Capital and reserves

Called up share capital

Allotted, called up and fully paid

Ordinary shares of £1 each

100

100

Shareholders' funds

100

24/7 Gym Limited

Audit exemption statement

The director is satisfied that the company was entitled to exemption from audit of the financial statements for the period ending 31 July 2011 by virtue of section 480 of the Companies Act 2006 relating to dormant companies, and that no member or members have requested an audit pursuant to section 476 of the Act.

The director acknowledges his responsibilities for,

(a) Ensuring the Company keeps accounting records which comply with Section 386 of the Companies Act 2006, and

(b) Preparing accounts which give a true and fair view of the state of affairs of the company as at the end of its financial period and of its profit/loss for that financial period in accordance with Section 393 of the Companies Act 2006 and which otherwise comply with the accounting requirements of that Act relating to accounts, so far as applicable to the company

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime

Approved by the Board on and signed on its behalf by

Mr P Rakar
Director



Registration number 07331822

24/7 Gym Limited

**Notes to the financial statements
for the period ended 31 July 2011**

1. Accounting Policies

1.1. Accounting Convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The company has not traded, made profits or losses nor incurred any liabilities during the period ended 31 July 2011. Therefore, no profit and loss account is attached.

2. Share capital

**2011
£**

100 Ordinary shares of £1 each

100

24/7 Gym Limited
20 Emily Road
Chatham
Kent
ME5 7LF

14 December 2011

Doshi & Co. Accountants
1st Floor Windsor House
1270 London Road
Norbury, London
SW16 4DH

Ref. 4452/Piyush

Dear Sir

Dormant Accounts of 24/7 Gym Limited for the Period ended 31 July 2011

I am writing to you in connection with your preparation of the above accounts and confirm to the best of my knowledge and belief, the following information and representations given to you in connection with the accounts are true and fair.

I acknowledge my responsibilities under the Companies Act 2006 for preparing financial statements, which give a true and fair view, and for making accurate representation to you.

Accounting Records

The company has carried no transactions during the period under review. Hence no accounting records kept.

Basis of preparation of accounts

The accounts have been prepared on a going concern basis as the director considers this to be appropriate.

I confirm:

The company was incorporated on 30 July 2010.

BALANCE SHEET:

Assets:

During the period under review, the business did not acquire, own or held any fixed assets.

All cash transactions during the period have been fully included in the accounts. The cash in hand as at 31 July 2011 was £100.

Trading and Profit & Loss Account

The company has not traded during the period under review.

Except as disclosed in the accounts, the results of the accounting period were not materially affected by transaction of a sort not usually undertaken by the company, nor were there any circumstances of an exceptional non-recurring nature.

Capital commitments, Contingent Liabilities, Charges on Assets

At the Balance Sheet date, there was no outstanding capital commitment nor were there any capital expenditure authorised, but not contracted for, by the director prior to the Balance Sheet.

Furthermore, I confirm that there were no contingent liabilities or charges on the company's assets at the Balance Sheet date.

Related party transactions

I confirm that there is no related party transactions during the period ended to the best of my knowledge other than those disclosed in the accounts and Notes to accounts.

Post Balance Sheet Date Events

I confirm that no event has occurred between the Balance Sheet date and the date of this letter, which will materially affect the accounts, or manner in which significant items are reflected in the accounts.

Finally

I understand that it is my responsibility to maintain proper books and records and it is an offence not to do so.

I confirm that the books, records and information provided to you correctly, completely and accurately reflect my business transactions and details to the best of my knowledge.

I confirm that there is no other information that I am aware of that should be brought to your attention in preparing these accounts.

Yours faithfully,

..... P.S. Rakar

Mr P Rakar

Director

On behalf of 24/7 Gym Limited