Registered number
07288543

Aaron Tyler Personal Training Ltd

Abbreviated Accounts

29 June 2014

Aaron Tyler Personal Training Ltd

Registered number: 07288543

Abbreviated Balance Sheet

as at 29 June 2014

	Notes		2014		2013
			£		£
Fixed assets					
Tangible assets	2		400		534
Current assets					
Debtors		1,908		-	
Cash at bank and in hand		7,717		668	
		9,625		668	
Creditors: amounts falling due within one year		(11,290)		(3,225)	
Net current liabilities			(1,665)		(2,557)
Net liabilities			(1,265)		(2,023)
Capital and reserves					
Called up share capital	3		100		100
Profit and loss account			(1,365)		(2,123)
Shareholders' funds			(1,265)		(2,023)

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

Members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Aaron Tyler

Director

Approved by the board on 31 October 2014

Aaron Tyler Personal Training Ltd
Notes to the Abbreviated Accounts
for the year ended 29 June 2014

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery		25% reducing balance method
	0	0

2 Tangible fixed assets

	£
Cost	
At 30 June 2013	949
At 29 June 2014	949
Depreciation	
At 30 June 2013	415
Charge for the year	134
At 29 June 2014	549
Net book value	
At 29 June 2014	400
At 29 June 2013	534

3 Share capital

	Nominal value	2014 Number	2014 £	2013 £
Allotted, called up and fully paid:				
Ordinary shares	£1 each	100	100	100