

Registered number
07288543

Aaron Tyler Personal Training Ltd

Report and Accounts

30 June 2012



Wilkinson & Partners Limited
Accountants and Taxation Advisers
The Old Schoolhouse
75A Jacobs Wells Road
Clifton
Bristol BS8 1DJ

Aaron Tyler Personal Training Ltd
Registered number: 07288543
Directors' Report

The directors present their report and accounts for the year ended 30 June 2012

Principal activities

The company was formed on 18th June 2010 and commenced trading on 1st September 2010. Its principal activity was that of personal fitness training.

Directors

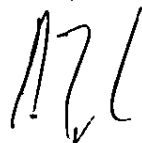
The following persons served as directors during the year

Aaron Tyler
Keren Tyler

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 26 March 2013 and signed on its behalf

A handwritten signature in black ink, appearing to read 'ATL', with a checkmark at the bottom right.

Aaron Tyler
Director

Aaron Tyler Personal Training Ltd
Profit and Loss Account
for the year ended 30 June 2012

	Notes	2012 £	2011 £
Turnover		50,496	37,691
Cost of sales		(26,683)	(9,946)
Gross profit		<u>23,813</u>	<u>27,745</u>
Administrative expenses		(18,297)	(24,222)
Operating profit	2	<u>5,516</u>	<u>3,523</u>
Exceptional items loss on the disposal of investments		(158)	-
		<u>5,358</u>	<u>3,523</u>
Profit on ordinary activities before taxation		<u>5,358</u>	<u>3,523</u>
Tax on profit on ordinary activities	3	(961)	(731)
Profit for the financial year		<u>4,397</u>	<u>2,792</u>

Aaron Tyler Personal Training Ltd
Balance Sheet
as at 30 June 2012

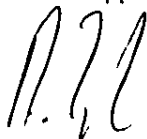
	Notes	2012 £	2011 £
Fixed assets			
Tangible assets	4	712	-
Current assets			
Debtors	5	12,966	-
Cash at bank and in hand		478	8,409
		<u>13,444</u>	<u>8,409</u>
Creditors: amounts falling due within one year	6	(6,867)	(5,517)
Net current assets		<u>6,577</u>	<u>2,892</u>
Net assets		<u>7,289</u>	<u>2,892</u>
Capital and reserves			
Called up share capital	7	100	100
Profit and loss account	8	7,189	2,792
Shareholders' funds		<u>7,289</u>	<u>2,892</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006

Members have not required the company to obtain an audit in accordance with section 476 of the Act

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime



Aaron Tyler
Director

Approved by the board on 26 March 2013

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

25% reducing balance method

2012
£

2011
£

Depreciation of owned fixed assets
Directors' remuneration

237
589

4.200

2012
£

2011
£

961

731

Plant and
machinery
etc
£

At 30 June 2012

949

949

At 30 June 2012

237

237

At 30 June 2012

712

Aaron Tyler Personal Training Ltd
Notes to the Accounts
for the year ended 30 June 2012

5 Debtors			2012	2011
			£	£
Other debtors			<u>12,966</u>	<u>-</u>
6 Creditors: amounts falling due within one year			2012	2011
			£	£
Trade creditors			1,692	2,762
Corporation tax			3,554	731
Other creditors			<u>1,621</u>	<u>2,024</u>
			<u>6,867</u>	<u>5,517</u>
7 Share capital	Nominal value	2012 Number	2012 £	2011 £
Allotted, called up and fully paid Ordinary shares	£1 each	100	<u>100</u>	<u>100</u>
	Nominal value	Number	Amount £	
Shares issued during the period Ordinary shares	£1 each	100	<u>100</u>	
8 Profit and loss account			2012	
			£	
At 1 July 2011			2,792	
Profit for the year			4,397	
			<u>7,189</u>	
At 30 June 2012				
9 Related party transactions			2012	2011
			£	£
Aaron Tyler Running Club Ltd				
Aaron Tyler and Keren Tyler Directors and shareholders			541	-