Aaron Tyler Personal Training Ltd
Report and Accounts
30 June 2011

THURSDAY



A05 15/03/2012 COMPANIES HOUSE #142

**Aaron Tyler Personal Training Ltd** 

Registered number:

07288543

**Director's Report** 

The director presents his report and accounts for the period ended 30 June 2011

### Principal activities

The company was formed on 18th June 2010 and commenced trading on 1st September 2010 Its principal activity was that of personal fitness training

#### **Directors**

The following persons served as directors during the period

Aaron Tyler

### Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime

This report was approved by the board on 14 March 2012 and signed on its behalf

Aaron Tyler

Director

# Aaron Tyler Personal Training Ltd Profit and Loss Account for the period from 1 September 2010 to 30 June 2011

	Notes	2011 £
Turnover		37,691
Cost of sales		(9,946)
Gross profit		27,745
Administrative expenses		(24,222)
Operating profit	2	3,523
Profit on ordinary activities before taxation		3,523
Tax on profit on ordinary activities	3	(731)
Profit for the period		2,792

### Aaron Tyler Personal Training Ltd Balance Sheet as at 30 June 2011

Notes			2011 £
Current assets			
Cash at bank and in hand		8,409	
Creditors: amounts falling due			
within one year	4	(5,517)	
Net current assets			2,892
Net assets		-	2,892
Capital and reserves			
Called up share capital	5		100
Profit and loss account	6		2,792
Shareholder's funds		-	2,892

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006

The member has not required the company to obtain an audit in accordance with section 476 of the Act

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime

Aaron Tyler Director

Approved by the board on 14 March 2012

## Aaron Tyler Personal Training Ltd Notes to the Accounts for the period from 1 September 2010 to 30 June 2011

### 1 Accounting policies

### Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

### **Turnover**

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers

2	Operating profit			2011 £
	This is stated after charging			
	Directors' remuneration		-	4,200
3	Taxation			2011 £
	UK corporation tax		_	731
4	Creditors: amounts falling due w	ithin one year		2011 £
	Trade creditors Corporation tax Other creditors		 -	2,762 731 2,024 5,517
5	Share capital	Nominal value	2011 Number	2011 £
	Allotted, called up and fully paid Ordinary shares	£1 each	100 _	100
		Nominal value	Number	Amount £
	Shares issued during the period Ordinary shares	£1 each	100 _	100
6	Profit and loss account			2011 £
	Profit for the period			2,792
	At 30 June 2011		_	2,792