

Best Adapted Limited**Registered number:** 07283482**Statement of Financial Position
as at 30 June 2020**

	Notes	2020 £	2019 £
Fixed assets			
Tangible assets	3	924	1,849
Current assets			
Debtors	4	124,725	119,000
Cash at bank and in hand		46,442	74,135
		<u>171,167</u>	<u>193,135</u>
Creditors: amounts falling due within one year	5	(4,243)	(30,252)
Net current assets		<u>166,924</u>	<u>162,883</u>
Total assets less current liabilities		<u>167,848</u>	<u>164,732</u>
Creditors: amounts falling due after more than one year	6	(26,100)	-
Net assets		<u>141,748</u>	<u>164,732</u>
Capital and reserves			
Called up share capital		1	1
Profit and loss account		141,747	164,731
Shareholder's funds		<u>141,748</u>	<u>164,732</u>

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

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Director

Approved by the board on 10 December 2020

Best Adapted Limited
Notes to the Accounts
for the year ended 30 June 2020

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102 Section 1a small entities, the financial reporting standard applicable in the UK and the Republic of Ireland.

Going concern

The company's business was adversely affected by the outbreak of Covid-19 in spring 2020. Whilst the long-term effect of the virus to the business is uncertain, the director of the company considers the going concern basis to be appropriate.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the rendering of services. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Tangible fixed assets

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Plant and machinery	3 years straight line
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Debtors

Short term debtors are measured at transaction price, less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

Creditors

Short term creditors are measured at transaction price. Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

Taxation

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods. A current tax asset is recognised in respect of a tax loss that can be carried back to recover tax paid in a previous period. Deferred tax is recognised in respect of all timing differences between the recognition of income and expenses in the financial statements and their inclusion in tax assessments. Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date and that

are expected to apply to the reversal of the timing difference, except for revalued land and investment property where the tax rate that applies to the sale of the asset is used. Current and deferred tax assets and liabilities are not discounted.

2 Employees	2020	2019
	Number	Number
Average number of persons employed by the company	<u>1</u>	<u>1</u>

3 Tangible fixed assets

	Plant and machinery etc £
Cost	
At 1 July 2019	<u>4,077</u>
At 30 June 2020	<u>4,077</u>
Depreciation	
At 1 July 2019	2,228
Charge for the year	<u>925</u>
At 30 June 2020	<u>3,153</u>
Net book value	
At 30 June 2020	<u>924</u>
At 30 June 2019	<u>1,849</u>

4 Debtors	2020	2019
	£	£
Other debtors	<u>124,725</u>	<u>119,000</u>

5 Creditors: amounts falling due within one year	2020	2019
	£	£
Bank loans and overdrafts	900	-
Accruals	1,098	1,046
Corporation tax	-	17,465
Other taxes and social security costs	-	9,738
Other creditors	<u>2,245</u>	<u>2,003</u>
	<u>4,243</u>	<u>30,252</u>

6 Creditors: amounts falling due after one year	2020	2019
	£	£
Bank loans	26,100	-

7 Other information

Best Adapted Limited is a private company limited by shares and incorporated in England. Its registered office is:

Office 129

Chremma House

14 London Road

Guildford

GU1 2AG

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