

**ABSOLUTE SPINE LTD  
ABBREVIATED UNAUDITED ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2016**

**ABSOLUTE SPINE LTD**  
**ABBREVIATED BALANCE SHEET**  
**AS AT 31 MARCH 2016**

|   | Notes    | 2016<br>£     | 2015<br>£     |
|---|----------|---------------|---------------|
| <b>Fixed assets</b>                                   |          |               |               |
| Tangible assets                                       | <u>2</u> | 4,238         | 5,090         |
| <b>Current assets</b>                                 |          |               |               |
| Debtors   |          | 4,925         | 18,282        |
| Cash at bank and in hand                              |          | 69,332        | 51,038        |
|   |          | <u>74,257</u> | <u>69,320</u> |
| <b>Creditors: amounts falling due within one year</b> |          | (39,457)      | (38,531)      |
| <b>Net current assets</b>                             |          | <u>34,800</u> | <u>30,789</u> |
| <b>Net assets</b>                                     |          | <u>39,038</u> | <u>35,879</u> |
| <b>Capital and reserves</b>                           |          |               |               |
| Called up share capital                               | <u>3</u> | 100           | 100           |
| Profit and loss account                               |          | 38,938        | 35,779        |
| <b>Total shareholders' funds</b>                      |          | <u>39,038</u> | <u>35,879</u> |

For the year ending 31 March 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Approved by the board on 21 November 2016

A A Cole  
Director

Company Registration No. 07214506

**ABSOLUTE SPINE LTD**  
**NOTES TO THE ABBREVIATED ACCOUNTS**  
**FOR THE YEAR ENDED 31 MARCH 2016**

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**1 Accounting policies**

***Basis of preparation***

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

***Turnover***

Turnover represents net invoiced sales of goods, excluding value added tax.

***Tangible fixed assets policy***

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

|                     |                         |
|---------------------|-------------------------|
| Fixtures & fittings | 15% on reducing balance |
| Computer equipment  | 25% on reducing balance |

**2 Tangible fixed assets**

|                       | <b>Fixtures &amp; fittings</b> | <b>Computer equipment</b> | <b>Total</b> |
|-----------------------|--------------------------------|---------------------------|--------------|
|                       | <b>£</b>                       | <b>£</b>                  | <b>£</b>     |
| <b>Cost</b>           |                                |                           |              |
| At 1 April 2015       | 9,491                          | 1,909                     | 11,400       |
| At 31 March 2016      | 9,491                          | 1,909                     | 11,400       |
| <b>Depreciation</b>   |                                |                           |              |
| At 1 April 2015       | 5,280                          | 1,030                     | 6,310        |
| Charge for the year   | 632                            | 220                       | 852          |
| At 31 March 2016      | 5,912                          | 1,250                     | 7,162        |
| <b>Net book value</b> |                                |                           |              |
| At 31 March 2016      | 3,579                          | 659                       | 4,238        |
| At 31 March 2015      | 4,211                          | 879                       | 5,090        |

**3 Share capital**

|                                     | <b>2016</b> | <b>2015</b> |
|-------------------------------------|-------------|-------------|
|                                     | <b>£</b>    | <b>£</b>    |
| Allotted, called up and fully paid: |             |             |
| 100 Ordinary shares of £1 each      | 100         | 100         |

