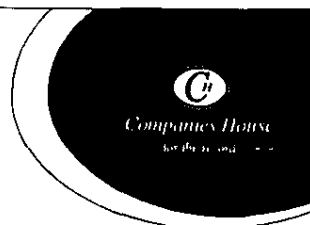


# SH01

## Return of allotment of shares



You can use the WebFiling service to file this form online.  
Please go to [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk)

☒ **What this form is for**  
You may use this form to give  
notice of shares allotted following  
incorporation

☐ **What this form is for**  
You cannot use  
notice of shares  
on formation of  
for an allotment  
shares by an unlimited

WEDNESDAY



A03 \*ARCLMIKM\* 24/03/2010 380  
COMPANIES HOUSE

please  
gov.uk

### 1 Company details

Company number **07179001**  
Company name in full **C & A HEALTHCARE LIMITED**

→ **Filling in this form**  
Please complete in typescript or in  
bold black capitals  
All fields are mandatory unless  
specified or indicated by \*

### 2 Allotment dates <sup>1</sup>

From Date 

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| d | 0 | d | 4 | m | 0 | m | 3 | y | 2 | y | 0 | y | 1 | y | 0 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|

  
To Date 

|   |  |   |  |   |  |   |  |   |  |   |  |   |  |   |  |
|---|--|---|--|---|--|---|--|---|--|---|--|---|--|---|--|
| d |  | d |  | m |  | m |  | y |  | y |  | y |  | y |  |
|---|--|---|--|---|--|---|--|---|--|---|--|---|--|---|--|

**1 Allotment date**  
If all shares were allotted on the  
same day enter that date in the  
'from date' box. If shares were  
allotted over a period of time,  
complete both 'from date' and 'to  
date' boxes

### 3 Shares allotted

Please give details of the shares allotted, including bonus shares

**2 Currency**  
If currency details are not  
completed we will assume currency  
is in pound sterling

| Class of shares<br>(E.g. Ordinary/Preference etc.) | Currency <sup>2</sup> | Number of<br>shares allotted | Nominal value of<br>each share | Amount paid<br>(including share<br>premium) | Amount (if any)<br>unpaid (including<br>share premium) |
|--|-----------------------|------------------------------|--------------------------------|---|--|
| ORDINARY   | STERLING              | 1                            | £1.00                          | £1.00                                       |  |
|  |                       |                              |                                |   |  |
|  |                       |                              |                                |   |  |

If the allotted shares are fully or partly paid up otherwise than in cash, please  
state the consideration for which the shares were allotted

Details of non-cash  
consideration  
If a PLC, please attach  
valuation report (if  
appropriate)

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**Statement of capital**

Section 4 (also Section 5 and Section 6, if appropriate) should reflect the company's issued capital at the date of this return

**4 Statement of capital (Share capital in pound sterling (£))**

Please complete the table below to show each class of shares held in pound sterling. If all your issued capital is in sterling, only complete Section 4 and then go to Section 7

| Class of shares<br>(E.g. Ordinary/Preference etc.) | Amount paid up on<br>each share ① | Amount (if any) unpaid<br>on each share ① | Number of shares ② | Aggregate nominal value ③ |
|--|-----------------------------------|---|--------------------|---------------------------|
| ORDINARY   | 1-00                              |   | 2                  | £ 2 - 00                  |
|  |                                   |   |                    | £                         |
|  |                                   |   |                    | £                         |
|  |                                   |   |                    | £                         |
| Totals   |                                   |   | 2                  | £ 2 - 00                  |

**5 Statement of capital (Share capital in other currencies)**

Please complete the table below to show any class of shares held in other currencies.  
Please complete a separate table for each currency.

|   |                                   |   |                    |                           |
|---|-----------------------------------|---|--------------------|---------------------------|
| Currency  |                                   |   |                    |                           |
| Class of shares<br>(E g Ordinary / Preference etc ) | Amount paid up on<br>each share ❶ | Amount (if any) unpaid<br>on each share ❶ | Number of shares ❷ | Aggregate nominal value ❸ |
|   |                                   |   |                    |                           |
|   |                                   |   |                    |                           |
| Totals  |                                   |   |                    |                           |

|   |                                   |   |                    |                           |
|---|-----------------------------------|---|--------------------|---------------------------|
| Currency  |                                   |   |                    |                           |
| Class of shares<br>(E g Ordinary/Preference etc ) | Amount paid up on<br>each share ❶ | Amount (if any) unpaid<br>on each share ❶ | Number of shares ❷ | Aggregate nominal value ❸ |
|   |                                   |   |                    |                           |
|   |                                   |   |                    |                           |
| Totals  |                                   |   |                    |                           |

**6 Statement of capital (Totals)**

Please give the total number of shares and total aggregate nominal value of issued share capital

Total number of shares

2

Total aggregate nominal value ④

£2-00

④ Total aggregate nominal value  
Please list total aggregate values in different currencies separately. For example: £100 + €100 + \$10 etc.

① Including both the nominal value and any share premium

② E.g. Number of shares issued multiplied by nominal value of each share

**Continuation Pages**  
Please use a Statement of Capital continuation page if necessary

③ Total number of issued shares in this class

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## Statement of capital (Prescribed particulars of rights attached to shares)

Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Section 4 and Section 5

① Prescribed particulars of rights attached to shares

The particulars are

- a particulars of any voting rights, including rights that arise only in certain circumstances,
- b particulars of any rights, as respects dividends, to participate in a distribution,
- c particulars of any rights, as respects capital, to participate in a distribution (including on winding up), and
- d whether the shares are to be redeemed or are liable to be redeemed at the option of the company or the shareholder and any terms or conditions relating to redemption of these shares

A separate table must be used for each class of share

Continuation page

Please use a Statement of Capital continuation page if necessary

Class of share

ORDINARY

Prescribed particulars  
①

ONE VOTING RIGHT PER ORDINARY  
SHARE HELD

DIVIDENDS TO BE PAID BY REFERENCE  
TO EACH SHAREHOLDER'S HOLDING OF  
SHARES ON THE DATE OF THE DECISION TO  
DECLARE OR PAY THEM

Class of share

Prescribed particulars  
①

Class of share

Prescribed particulars  
①

8

## Signature

I am signing this form on behalf of the company

Signature

Signature

X  X

This form may be signed by  
Director ②, Secretary, Person authorised ①, Administrator, Administrative receiver,  
Receiver, Receiver manager, CIC manager

② Societas Europaea

If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership

③ Person authorised

Under either section 270 or 274 of the Companies Act 2006

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## Return of allotment of shares



### Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name

Company name

Address

Post town

County/Region

Postcode

Country

DX

Telephone



### Checklist

We may return the forms completed incorrectly or with information missing

Please make sure you have remembered the following

- ☐ The company name and number match the information held on the public Register
- ☐ You have shown the date(s) of allotment in section 2
- ☐ You have completed all appropriate share details in section 3
- ☐ You have completed the appropriate sections of the Statement of Capital
- ☐ You have signed the form



### Important information

Please note that all information on this form will appear on the public record



### Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

**For companies registered in England and Wales**  
The Registrar of Companies, Companies House,  
Crown Way, Cardiff, Wales, CF14 3UZ  
DX 33050 Cardiff

**For companies registered in Scotland**  
The Registrar of Companies, Companies House,  
Fourth floor, Edinburgh Quay 2,  
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF  
DX ED235 Edinburgh 1  
or LP - 4 Edinburgh 2 (Legal Post)

**For companies registered in Northern Ireland**  
The Registrar of Companies, Companies House,  
First Floor, Waterfront Plaza, 8 Laganbank Road,  
Belfast, Northern Ireland, BT1 3BS  
DX 481 N R Belfast 1



### Further information

For further information please see the guidance notes on the website at [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk) or email [enquiries@companieshouse.gov.uk](mailto:enquiries@companieshouse.gov.uk)

This form is available in an alternative format. Please visit the forms page on the website at [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk)