Registered Number 07164134

A & L SALADS LTD

Abbreviated Accounts

31 March 2012

A & L SALADS LTD **Registered Number 07164134**

Balance Sheet as at 31 March 2012

	Notes	2012		2011	
		£	£	£	£
Fixed assets					
Tangible	2		86,746		112,552
Total fixed assets			86,746		112,552
Current assets					
Stocks		29,799		18,850	
Debtors		29,449		85,035	
Cash at bank and in hand		53			
Total current assets		59,301		103,885	
Creditors: amounts falling due within one year		(107,824)		(216,416)	
Net current assets			(48,523)		(112,531)
Total assets less current liabilities			38,223		21
Creditors: amounts falling due after one year			(35,000)		
Total net Assets (liabilities)			3,223		21
Capital and reserves					
Called up share capital	3		2		2
Profit and loss account			3,221		19
Shareholders funds			3,223		21

a. For the year ending 31 March 2012 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
c. The directors acknowledge their responsibility for:
    i. ensuring the company keeps accounting records which comply with Section 386; and
    ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 14 December 2012

And signed on their behalf by:
Mr A Cifaldi, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 31 March
2012

1 **Accounting policies**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery	20.00% Straight Line
Motor Vehicle	25.00% Straight Line

2 **Tangible fixed assets**

Cost	£
At 31 March 2011	141,205
additions	3,652
disposals	
revaluations	
transfers	
At 31 March 2012	144,857
Depreciation	
At 31 March 2011	28,653
Charge for year	29,458
on disposals	
At 31 March 2012	58,111
Net Book Value	
At 31 March 2011	112,552
At 31 March 2012	86,746

3 **Share capital**

	2012	2011
	£	£
Authorised share capital:		
Allotted, called up and fully paid:		
2 Ordinary of £1.00 each	2	2