

**REGISTERED NUMBER: 07157484 (England and Wales)**

**UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2018  
FOR  
BEACTIVE AND HEALTHY LIMITED**

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FOR THE YEAR ENDED 31 MARCH 2018

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BALANCE SHEET  
31 MARCH 2018

	2018 £	2017 £
<b>CURRENT ASSETS</b>	<b>5,505</b>	<b>2,127</b>
<b>CREDITORS</b>		
Amounts falling due within one year	<u>(9,595)</u>	<u>(6,392)</u>
<b>NET CURRENT LIABILITIES</b>	<b><u>(4,090)</u></b>	<b><u>(4,265)</u></b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<b><u>(4,090)</u></b>	<b><u>(4,265)</u></b>
<b>CAPITAL AND RESERVES</b>	<b><u>(4,090)</u></b>	<b><u>(4,265)</u></b>

## NOTES TO THE FINANCIAL STATEMENTS

## 1. STATUTORY INFORMATION

BeActive and Healthy Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address are as below:

**Registered number:** 07157484

**Registered office:** Earith Lake Fisheries  
Holme Fen Drove  
Colne  
Huntingdon  
Cambridgeshire  
PE28 3RE

## 2. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was NIL (2017 - NIL).

## 3. DIRECTOR'S ADVANCES, CREDITS AND GUARANTEES

The following advances and credits to a director subsisted during the years ended 31 March 2018 and 31 March 2017:

	2018 £	2017 £
<b>Mrs A D T Dawson</b>		
Balance outstanding at start of year	<b>(6,407)</b>	(12,262)
Amounts advanced	<b>6,802</b>	10,034
Amounts repaid	<b>(9,990)</b>	(4,179)
Balance outstanding at end of year	<b><u>(9,595)</u></b>	<b><u>(6,407)</u></b>

**BALANCE SHEET - continued**  
**31 MARCH 2018**

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The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2018.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2018 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved and authorised for issue by the director on 19 December 2018 and were signed by:

Mrs A D T Dawson - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.