

REGISTERED NUMBER: 07157484 (England and Wales)

ABBREVIATED UNAUDITED ACCOUNTS

FOR THE YEAR ENDED 31 MAY 2015

FOR

BEACTIVE AND HEALTHY LIMITED

SATURDAY



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06/02/2016

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COMPANIES HOUSE

BEACTIVE AND HEALTHY LIMITED (REGISTERED NUMBER: 07157484)

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FOR THE YEAR ENDED 31 MAY 2015**

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BEACTIVE AND HEALTHY LIMITED

**COMPANY INFORMATION
FOR THE YEAR ENDED 31 MAY 2015**

DIRECTOR: Mrs A D T Dawson

REGISTERED OFFICE: Earith Lake Fisheries
Holme Fen Drove
Colne
Huntingdon
Cambridgeshire
PE28 3RE

REGISTERED NUMBER: 07157484 (England and Wales)

ACCOUNTANTS: Choice Accountants Limited
Chartered Certified Accountants
Indigo House
Mulberry Business Park
Fishponds Road
Wokingham
Berkshire
RG41 2GY

ABBREVIATED BALANCE SHEET
31 MAY 2015

	Notes	2015 £	£	2014 £	£
FIXED ASSETS					
Tangible assets	2		-		60
CURRENT ASSETS					
Cash at bank		293		124	
CREDITORS					
Amounts falling due within one year		<u>5,062</u>		<u>4,805</u>	
NET CURRENT LIABILITIES			<u>(4,769)</u>		<u>(4,681)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>(4,769)</u>		<u>(4,621)</u>
CAPITAL AND RESERVES					
Called up share capital	3		1		1
Profit and loss account			<u>(4,770)</u>		<u>(4,622)</u>
SHAREHOLDERS' FUNDS			<u>(4,769)</u>		<u>(4,621)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2015.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2015 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved and authorised for issue by the director on 09/07/2015 and were signed by:



Mrs A D T Dawson - Director

The notes form part of these abbreviated accounts

**NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 MAY 2015**
1. ACCOUNTING POLICIES**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The company meets its day to day working capital requirements through a loan from the director. The financial statements have been prepared on the going concern basis as the director and shareholder has given assurance that her financial support of the company will continue for the foreseeable future, at least until 30 November 2016.

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Turnover is recognised once the exercise class takes place and not before.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33% on cost

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 June 2014	
and 31 May 2015	896
DEPRECIATION	
At 1 June 2014	836
Charge for year	60
At 31 May 2015	896
NET BOOK VALUE	
At 31 May 2015	-
At 31 May 2014	60

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2015 £	2014 £
1	Ordinary	£1	1	1