



Companies House

**AR01** (ef)

**Annual Return**



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**X50T7NGH**

*Company Name:* **HOLISTIC LIFE & EXECUTIVE COACHING LTD**

*Company Number:* **07149841**

*Date of this return:* **08/02/2016**

*SIC codes:* **86900**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **26 THE GREEN  
KINGS NORTON  
BIRMINGHAM  
WEST MIDLANDS  
B38 8SD**

**Officers of the company**

*Company Director*    ***1***

*Type:*                                **Person**

*Full forename(s):*                **DR ADNAN**

*Surname:*                         **RODRIGUEZ**

*Former names:*

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **\*\*/04/1975**

*Nationality:*    **SPANISH**

*Occupation:*    **DOCTOR**

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## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

EACH SHARE IS ENTITLED TO ONE VOTE IN ANY CIRCUMSTANCES. EACH SHARE HAS EQUAL RIGHTS TO DIVIDENDS. EACH SHARE IS ENTITLED TO PARTICIPATE IN A DISTRIBUTION ARISING FROM A WINDING UP OF THE COMPANY.

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 08/02/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : 100 ORDINARY shares held as at the date of this return  
*Name:* ADNAN RAFAEL AL-MESRI RODRIGUEZ

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.