



Companies House

AR01 (ef)

Annual Return



Received for filing in Electronic Format on the: 10/02/2014

X31FCBMI

Company Name: **HOLISTIC LIFE & EXECUTIVE COACHING LTD**

Company Number: **07149841**

Date of this return: **08/02/2014**

SIC codes: **86900**

Company Type: **Private company limited by shares**

Situation of Registered Office: **26 THE GREEN
KINGS NORTON
BIRMINGHAM
WEST MIDLANDS
ENGLAND
B38 8SD**

Officers of the company

Company Director ***1***

Type: **Person**
Full forename(s): **DR ADNAN**

Surname: **RODRIGUEZ**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **01/04/1975** *Nationality:* **SPANISH**
Occupation: **DOCTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

EACH SHARE IS ENTITLED TO ONE VOTE IN ANY CIRCUMSTANCES. EACH SHARE HAS EQUAL RIGHTS TO DIVIDENDS. EACH SHARE IS ENTITLED TO PARTICIPATE IN A DISTRIBUTION ARISING FROM A WINDING UP OF THE COMPANY.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 08/02/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : 100 ORDINARY shares held as at the date of this return
Name: ADNAN RAFAEL AL-MESRI RODRIGUEZ

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.