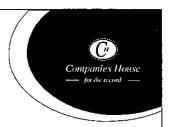
In accordance with Section 854 of the Companies Act 2006

# ARO1 Annual Return



- form online

A fee is payable with this form Please see 'How to pay' on the last page You can use the WebFiling service Please go to www.companieshouse.g

✓ What this form is for

You may use this form to confirm that the company information is correct as at the date of this return You must file an Annual Return at least once every year What this form is NOT for
You cannot use this form to give
notice of changes to the company
officers, registered office address,
company type or information

relating to the company records

\*A7J9SXSQ\* 11 23/09/2011 COMPANIES HOUSE

Part 1 **Company details** → Filling in this form The section must be completed by all companies Please complete in typescript or in bold black capitals All fields are mandatory unless specified or indicated by \* A1 Company details • Company name change Company number 7 5 0 If your company has recently Company name in full changed its name, please provide Abarka Limited the company name as at the date of this return A2 Return date ODate of this return Please give the annual return made up date. The return date must not be a future Your company's return date date The annual return must be delivered within 28 days of the date given below is usually the anniversary of incorporation or the anniversary Date of this return @ of the last annual return filed at Companies House You may choose an earlier return date but it must not be a later date А3 Principal business activity OPrincipal business activity Please show the trade classification code number(s) for the principal You must provide a trade activity or activities 6 classification code (SIC code) or a Classification code 1 description of your company's main 5 3 Ω business in this section Classification code 2 A full list of the trade classification codes are available on our website Classification code 3 www.companieshouse.gov.uk Classification code 4

If you cannot determine a code, please give a brief description of your

business activity below

Principal activity description

A4	Com	pany	y ty <sub>l</sub>	pe <sup>0</sup>							
Please confirm your company type by ticking the appropriate box below (only one box must be ticked)  Public limited company Private company limited by shares Private company limited by guarantee Private company limited by shares exempt under section 60 Private company limited by guarantee exempt under section 60 Private unlimited company with share capital Private unlimited company without share capital						O Company type  If you are unsure of your company type, please check your latest certificate of incorporation or our website  www.companieshouse.gov.uk					
A5	Regi	ster	ed c	offic	ce a	ddre	ess @	•	19 A. B.		
Building name/number	139									Change of registered office This must agree with the address	
Street	Stati	on R	oad							that is held on the Companies House record at the date of this return	
Post town	Chin	afor	1							If the registered office address has changed, you should complete form	
County/Region	Lone									AD01 and submit it together with this annual return	
Postcode	·	4	[	6	Α	G					
	Sing com								ocation (SAIL) of the	1	
Building name/number										<b>⊙</b> SAIL address	
Street							This must agree with the address that is held on the Companies House record at the date of this return				
Post town										If the address has changed, you should complete form AD02 and submit it together with this annual	
County/Region	<u> </u>	<u> </u>	r		_	_	_			return	
Postcode								<u> </u>		<u> </u>	
A7	Loca				•				*****		
	Please tick the appropriate box to indicate which records are kept at the SAIL address in Section A6  Register of members						♠ Location of company records If the company records are held at the registered office address, do not tick any of the boxes in this section				
	Register of directors Directors' service contracts Directors' indemnities Register of secretaries Records of resolutions etc							Certain records must be kept by every company while other records are only kept by certain company types where appropriate  If the records are not kept at the			
		Cor Do cap	ntrac cume oital b	ts re ents i by pr	latını relatı rıvate	to p ng to com	urch: rede pany	emp	f own shares on or purchase of own share out of	SAIL address, they must be available at the registered office  If any of the company records have moved from the registered office	
		Rep	oort terests	to m s in i	embe ts sh	ares	outce	om	of investigation by public company into	to the address in Section A6 since the last annual return, you must complete form AD03 and submit it	
		lns or	trum North	ents nern	crea: Irela:	ting c nd	harg	es a	sclosed to public company d register of charges England and Wales	together with this annual return	
		Ins	trum	ents	crea	ting c	harg	es a	d register of charges Scotland		

CHFP000 04/11 Version 4 1

AR01	
Annual	Return

Part 2	Officers of the company	
	This section should include details of the company at the date to which this annual return is made up	Continuation pages Please use a continuation page if you need to enter more officer
	<ul> <li>→ For a secretary who is an individual, go to Section B1</li> <li>→ For a corporate secretary, go to Section C1</li> <li>→ For a director who is an individual, go to Section D1</li> <li>→ For a corporate director, go to Section E1</li> </ul>	details
Secretary		
B1	Secretary's details •	•
	Please use this section to list all the secretaries of the company For a corporate secretary, complete Section C1-C4	O Secretary appointments You may not use this form to appoint a secretary To do this,
Γitle*		please complete form AP03 and submit it together with this annual
Full forename(s)		return
Surname		Corporate details Please use Section C1-C4 to enter
Former name(s) 🛚		corporate secretary details  Secretary details  All details must agree with those previously notified to Companies  House If you have made changes since the last annual return and have not notified us, please complete form CHO3  Former name(s)  Please provide any previous names which have been used for business purposes during the period of this return. Married women do
B2	Secretary's service address	not need to give former names unless previously used for business purposes
Building name/number		<b>⊙</b> Service address
Street		if you have previously notified Companies House that the service address is at 'The Company's Registered Office', please state 'The
Post town		Company's Registered Office' in the address
County/Region		This information will appear on the public record
Postcode		pablic record
		_

# **Corporate secretary**

C1	Corporate secretary's details •	
	Please use this section to list all the corporate secretaries of the company	O Corporate secretary appointments You cannot use this form to appoint
Corporate body/firm name		a corporate secretary To do this, please complete form AP04 and submit it together with this annual return
Building name/number		Corporate secretary details
Street		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have
Post town		not notified us, please complete form CH04
County/Region		This information will appear on the
Postcode		public record
Country		
C2	Location of the registry of the corporate body or firm	
	Is the corporate secretary registered within the European Economic Area (EEA)?  → Yes Complete Section C3 only  → No Complete Section C4 only	
C3	EEA companies 🛮	-
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	<b>ØEEA</b> A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk
Where the company/ firm is registered ●		This is the register mentioned in Article 3 of the First Company Law
Registration number		Directive (68/151/EEC)
C4	Non-EEA companies	
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	O Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
Legal form of the corporate body or firm		that register
Governing law		
If applicable, where the company/firm is registered •		
If applicable, the registration number		

### Director

D1	Director's details •	
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	Director appointments     You cannot use this form to appoint a director To do this, please
Title*	Mr	complete form AP01 and submit it together with this annual return
Full forename(s)	Phil	Corporate details
Surname	Heatley	Please use Section E1-E4 to enter corporate director details
Former name(s) 🛮		Director details  All details must agree with those previously notified to Companies
Country/State of residence	England	House If you have made changes since the last annual return and have not notified us, please
Nationality	British	complete form CH01
Date of birth	4  9  8  4  9  6  1	Please provide any previous names
Business occupation (if any)	Director	which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.
D2	Director's service address <sup>©</sup>	
Building name/number	2	Service address  If you have previously notified
Street	Betts Lane	Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the
Post town	Nazeing	address
County/Region		This information will appear on the public record
Postcode	E N 9 2 D A	равнетесона
Country		

### Director

For a corporate director, complete Section E1-E4  Title*  For a corporate director, complete Section E1-E4  appoint complete Section E1-E4	tor appointments  annot use this form to  nt a director To do this, please
	lete form AP01 and submit it
	her with this annual return
	orate details
Commence	rate director details
All de previo	tor details stails must agree with those ously notified to Companies
Country/State of since residence have r	e If you have made changes the last annual return and not notified us, please
Transferred 1	lete form CH01
Date of birth Please	er name(s) e provide any previous names
Business occupation purpo	n have been used for business uses during the period of
not ne	eturn Married women do eed to give former names s previously used for business ises
Director's service address <sup>9</sup>	
	ce address have previously notified
Street Comp addre. Regist	nanies House that the service less is at 'The Company's tered Office' please state 'The
Post town Comp addre	oany's Registered Office' in the iss
	nformation will appear on the
Postcode	crecord
Country	

### **Corporate director**

E1	Corporate director's details •	<del></del>
	Please use this section to list all the corporate director's of the company	◆ Corporate director appointments You cannot use this form to appoint a corporate director To do this,
Corporate body/firm name		please complete form AP02 and submit it together with this annual return
Building name/number		Corporate director details All details must agree with those
Street		previously notified to Companies House If you have made changes since the last annual return and have not notified us please complete
Post town		form CH02  This information will appear on the
County/Region		public record
Postcode		
Country		
E2	Location of the registry of the corporate body or firm	
	Is the corporate director registered within the European Economic Area (EEA)?  → Yes Complete Section E3 only  → No Complete Section E4 only	
E3	EEA companies ®	
NAZI- and all and an arrangement of the state of the stat	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA  A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk
Where the company/ firm is registered		This is the register mentioned in Article 3 of the First Company Law
Registration number		Directive (68/151/EEC)
E4	Non-EEA companies	
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
Legal form of the corporate body or firm		that register
Governing law		
If applicable, where the company/firm is registered •		
If applicable, the registration number		

Part 3	Statement of capital o							
	→ Yes Co	iny have share capital? omplete the sections bel o to Part 5 (Signature)	capital	This should reflect the company's capital status at the made up date of this annual return				
F1	Share capital	in pound sterling (	(£)					
		v each class of shares he ly complete <b>Section F1</b>	eld in pound sterling and then go to Section F4		-			
Class of shares (E g Ordinary/Preference etc )		Amount paid up on each share <b>2</b>	Amount (if any) unpaid on each share ②	Number of shares		Aggregate nominal value 0		
Ordinary		1 00		1		£ 1 00		
					·	£		
						£		
						£		
			Totals	1		f 100		
F2	Share capital	in other currencie	S					
Please complete the ta Please complete a sep		v any class of shares hel th currency	d in other currencies					
Currency								
Class of shares (E g Ordinary/Preference etc	)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of sha	ares •	Aggregate nominal value O		
					·			
			Totals					
Currency								
Class of shares (E.g. Ordinary/Preference etc	)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of sh	ares 😉	Aggregate nominal value 0		
				·				
			Totals					
<b>B</b>	Totals			<del>-</del>				
	Please give the t issued share cap		nd total aggregate nominal	value of	Please	aggregate nominal value list total aggregate values in ent currencies separately. For		
Total number of shares	1					ole £100 + €100 + \$10 etc		
Total aggregate nominal value ©	1 00			70. 171				
Including both the noming share premium     Total number of issued s		Number of shares issument to the share of each nominal value of	share Ple	ntinuation Par ase use a State ge if necessary		ortal continuation		

Statement of capital (Voting rights)						
Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in <b>Sections F1</b> and <b>F2</b>						
Ordinary						
Each share is entitled to one vote in any circumstances						
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Sections F1 and F2  Ordinary	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Sections F1 and F2  Ordinary				

Part 4	Shareholders	
	Does your company have share capital?  → Yes Complete the sections below → No Go to Part 5 (Signature)	This should reflect the shareholder details at the made up date of this annual return
G1	Traded public companies ®	
	Please tick the box if your company was a traded public company at any time during the period of this return	② Traded company definition  A traded company means a compar any of whose shares are admitted t trading on a regulated market
G2	List of past and present shareholders	
	Private and non-traded public companies are required to provide a 'full list' if one was not included with either of the last two returns	
	Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns	
	Please tick the appropriate box below	
	A full list of shareholders for a private or non-traded public company is enclosed. Please complete <b>Section G3</b> , or	
	A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete Section G4	
	A list of shareholder changes is enclosed  → For private or non-traded public companies, please complete Section G3  → For traded public companies, please complete Section G4	
	<ul> <li>☐ There were no shareholder changes in this period</li> <li>→ Go to Part 5 (Signature)</li> </ul>	
	Please tick the appropriate box below to indicate the format of your shareholder details  The list of shareholders is enclosed on paper  The list of shareholders is enclosed in another format	

# Private or non-traded public companies – list of past and present shareholders

This section should only be completed by companies that have not traded on a regulated market at any time during the period of this return

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

#### **Further shareholders**

Please use a 'Private or non traded public companies – list of past and present shareholders' continuation page if necessary

·		Shares or stock currently held	Shares or stock transferred (if appropriate)		
Shareholder's Name (Address not required)	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer	
Mr P Heatley	Ordinary	1		1 1	
	-			, ,	
				1 1	
				1 1	
				1 1	
				/ /	
				1 1	
				, ,	
				1 1	
				1 /	
				1 1	
				, ,	
				1 1	

### G4

### Traded public companies - list of past and present shareholders

This section should show the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return. It should only be completed by public companies that have traded on a regulated market at any time during the period of this return.

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders Please use a 'Traded public companies — list of past and present shareholders' continuation page if necessary

I		Shares or stock currently held	Shares or stock transferred (if appropriate)		
Shareholder's details	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer	
Name				1 1	
Address				1 1	
				1 1	
Name				1 1	
Address				1 1	
			,	, ,	
Name				, ,	
Address				1 1	
				I I	
Name				1 1	
Address				1 1	
				1 1	

Part 5	Signature	
Signature	This must be completed by all companies  I am signing this form on behalf of the company  Signature  This form may be signed by Director •, Secretary, Person authorised •, Charity commission receiver and manager, CIC manager, Judicial factor	● Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership ● Person authorised Under either section 270 or 274 of the Companies Act 2006

# Presenter information You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form The contact information you give will be visible to searchers of the public record Contact name Company name Pemberton Professionals Peterden House 1A Leighton Road, West Ealing London W13 9EL Tel 020 8840 9797 • Fax 020 8840 9836 Email info@pembertons biz County/Region Postcode Country DΧ Telephone Checklist We may return forms completed incorrectly or with information missing Please make sure you have remembered the following ☐ The company name and number match the information held on the public Register ☐ You have completed your principal business activity You have not used this form to make changes to the

### Important information

Please note that all information on this form will appear on the public record

### How to pay

A fee is payable on this form

Make cheques or postal orders payable to

'Companies House' For information on fees, go
to www.companieshouse.gov.uk

### ✓ Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland
The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG DX 481 NR Belfast 1

### Further information

For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk

registered office address

(if applicable)

You have signed the formYou have enclosed the correct fee

secretary and director details

You have not used this form to make changes to

☐ You have fully completed the Statement of capital