In accordance with Section 854 of the Companies Act 2006

# AR01 **Annual Return**



A fee is pa	yable	with	thıs	forn
Please see '	How t	o pay'	on t	he
last page				

You can use the WebFiling service to file this form online. Please go to www companieshouse gov uk

What this form is for You may use this form to confirm that the company information is

X What this form is NOT for
You cannot use this form to gi
notice of changes to the comp



	correct	as at ti ist file	he date of t an Annual ry year	this return	officers, registered office addr company type or information relating to the company recor	[ ]	*AS43XSWU* 19 31/03/2011 273 COMPANIES HOUSE
Part 1	Com	ıpaı	ıy det	ails			
	The se	ection	must be c	ompleted b	oy all companies		Filling in this form     Please complete in typescript or in bold black capitals     All fields are mandatory unless specified or indicated by *
A1	Comp	any c	letails	-			
Company number	0 7	1	3 9	1 7 7	7		• Company name change If your company has recently
Company name in full	NG HE	ALTHO	CARE LIM	ITED			changed its name, please provide the company name as at the date of this return
A2	Retur	n dat	e				
Date of this return <b>②</b>		he ann			up date The return date must not be vered within 28 days of the date gives of the gives of the date gi		◆ Date of this return Your company's return date is usually the anniversary of incorporation or the anniversary of the last annual return filed at Companies House You may choose an earlier return date but it must not be a later date
A3	Princi	pal b	usiness a	ictivity			
			the trade cl	assification o	code number(s) for the principal		Principal business activity     You must provide a trade     classification code (SIC code) or a
Classification code 1	7 4	1	5				description of your company's main business in this section
Classification code 2							A full list of the trade classification
Classification code 3							codes are available on our website www.companieshouse.gov.uk
Classification code 4							
			determine rity below	a code, pleas	sse give a brief description of your		
Principal activity description							

#### AR01 **Annual Return** A4 Company type • Company type Please confirm your company type by ticking the appropriate box below (only If you are unsure of your company one box must be ticked) type, please check your latest Public limited company certificate of incorporation or our Private company limited by shares website $\square$ www companieshouse gov uk Private company limited by guarantee Private company limited by shares exempt under section 60 Private company limited by guarantee exempt under section 60 Private unlimited company with share capital Private unlimited company without share capital **A5** Registered office address @ GUARDIAN CARE CENTRE OChange of registered office Building name/number This must agree with the address LONGTON ROAD that is held on the Companies House Street record at the date of this return STOKE-ON-TRENT If the registered office address has STAFFORDSHIRE changed, you should complete form Post town AD01 and submit it together with this annual return County/Region Postcode T 8 Single alternative inspection location (SAIL) of the A6 company records (if applicable) 9 O SAIL address Building name/number This must agree with the address that is held on the Companies House Street record at the date of this return If the address has changed, you should complete form AD02 and Post town submit it together with this annual return County/Region Postcode Location of company records O Α7 O Location of company records Please tick the appropriate box to indicate which records are kept at the SAIL If the company records are held at address in Section A6 the registered office address, do not Register of members tick any of the boxes in this section Register of directors. Certain records must be kept by Directors' service contracts every company while other records are only kept by certain company Directors' indemnities types where appropriate Register of secretaries Records of resolutions etc If the records are not kept at the SAIL address, they must be available Contracts relating to purchase of own shares at the registered office Documents relating to redemption or purchase of own share out of If any of the company records have capital by private company

Report to members of outcome of investigation by public company into

Instruments creating charges and register of charges England and Wales

Register of interests in shares disclosed to public company

Instruments creating charges and register of charges Scotland

Register of debenture holders

interests in its shares

or Northern Ireland

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moved from the registered office

to the address in section A6 since

complete form **AD03** and submit it together with this annual return

the last annual return, you must

Part 2	Officers of the company	
	This section should include details of the company at the date to which this annual return is made up	Continuation pages Please use a continuation page if you need to enter more officer
	<ul> <li>→ For a secretary who is an individual, go to Section B1</li> <li>→ For a corporate secretary, go to Section C1</li> <li>→ For a director who is an individual, go to Section D1</li> <li>→ For a corporate director, go to Section E1</li> </ul>	details
Secretary		
B1	Secretary's details <sup>©</sup>	
	Please use this section to list all the secretaries of the company For a corporate secretary, complete Section C1-C4.	<ul> <li>Secretary appointments         You may not use this form to appoint a secretary To do this,     </li> </ul>
Title*	MR	please complete form AP03 and submit it together with this annual
Fuli forename(s)	MALCOLM VAUGHN	return
Surname	THOMAS	Corporate details Please use Section C1-C4 to enter
Former name(s) <b></b> •		corporate secretary details  Secretary details All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete form CH03  Former name(s) Please provide any previous names which have been used for business purposes during the period of
		this return Married women do not need to give former names unless previously used for business purposes
B2	Secretary's service address ®	
Building name/number	THE BURY	Service address  If you have previously notified
Street	NEWMARKET ROAD	Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the
Post town		address
County/Region	CAMBRIDGE	This information will appear on the public record
Postcode	C B 2 5 9 A Q	public record
Country	ENGLAND	<del>-</del>

## **Corporate secretary**

C1	Corporate secretary's details •	
_	Please use this section to list all the corporate secretaries of the company	◆ Corporate secretary appointments You cannot use this form to appoint
Corporate body/firm name		a corporate secretary To do this, please complete form <b>AP04</b> and submit it together with this annual return
Building name/number		Corporate secretary details
Street		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have
Post town		not notified us, please complete form CH04
County/Region		This information will appear on the
Postcode		public record
Country		
C2	Location of the registry of the corporate body or firm	
_	Is the corporate secretary registered within the European Economic Area (EEA)?  → Yes Complete Section C3 only  → No Complete Section C4 only	-
C3	EEA companies <sup>©</sup>	
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA  A full list of countries of the EEA can be found in our guidance
Where the company/ firm is registered ●		www companieshouse gov uk  This is the register mentioned in Article 3 of the First Company Law
Registration number		Directive (68/151/EEC)
C4	Non-EEA companies	
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	O Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
Legal form of the corporate body or firm		that register
Governing law		
If applicable, where the company/firm is registered •		
If applicable, the registration number		

#### Director

D1	Director's details •	
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	Director appointments     You cannot use this form to     appoint a director To do this, please
Title*	MR	complete form AP01 and submit it together with this annual return
Full forename(s)	MALCOLM VAUGHN	Corporate details
Surname	THOMAS	Please use <b>Section E1-E4</b> to enter corporate director details
Former name(s) •		Director details  All details must agree with those previously notified to Companies
Country/State of residence	ENGLAND	House If you have made changes since the last annual return and have not notified us, please
Nationality	BRITISH	complete form CH01
Date of birth	$\begin{bmatrix} \overline{q} & \overline{q} & \overline{q} & \overline{q} \end{bmatrix}$	Please provide any previous names
Business occupation (if any)	COMPANY DIRECTOR	which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.
D2	Director's service address <sup> </sup>	
Building name/number	THE BURY	Service address     If you have previously notified
Street	NEWMARKET ROAD	Companies House that the service address is at 'The Company's
		Registered Office', please state 'The Company's Registered Office' in the
Post town		address
County/Region	CAMBRIDGE	This information will appear on the public record
Postcode	C B 2 5 9 A Q	public record
Country	ENGLAND	

## Director

D1	Director's details •						
	Please use this section to list all the directors of the company  For a corporate director, complete Section E1-E4.	O Director appointments  You cannot use this form to appoint a director To do this, please					
Title*	MR	complete form AP01 and submit it together with this annual return					
Full forename(s)	STEPHEN KENNETH	Corporate details					
Surname	FORRESTER	Please use Section E1-E4 to enter corporate director details					
Former name(s) •		Director details  All details must agree with those previously notified to Companies					
Country/State of residence	ENGLAND	House If you have made changes since the last annual return and have not notified us, please					
Nationality	BRITISH	complete form CH01					
Date of birth	$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	Please provide any previous names					
Business occupation (if any)	COMPANY DIRECTOR	which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.					
D2	Director's service address®						
Building name/number	7 ADAMS ROAD	Service address  If you have previously notified					
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The					
Post town		Company's Registered Office' in the address					
County/Region	CAMBRIDGE	This information will appear on the public record					
Postcode	C B 3 1 A D	public record					
Country	ENGLAND						

# **Corporate director**

E1	Corporate director's details •	
	Please use this section to list all the corporate director's of the company	O Corporate director appointments You cannot use this form to appoint a corporate director To do this,
Corporate body/firm name		please complete form APO2 and submit it together with this annual return
Building name/number		Corporate director details All details must agree with those
Street		previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete
Post town		form CH02  This information will appear on the
County/Region		public record
Postcode		
Country		
E2	Location of the registry of the corporate body or firm	
	Is the corporate director registered within the European Economic Area (EEA)?  → Yes Complete Section E3 only  → No Complete Section E4 only	
E3	EEA companies @	
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA  A full list of countries of the EEA can be found in our guidance
Where the company/ firm is registered €		This is the register mentioned in Article 3 of the First Company Law  **Content**  **Content**
Registration number		Directive (68/151/EEC)
E4	Non-EEA companies	
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	O Non-EEA  Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
egal form of the corporate body or firm		that register
Governing law		
f applicable, where he company/firm is egistered •		
f applicable, the egistration number		<u> </u>

Part 3	Statemen	it of capital o					
	→ Yes C	any have share capital? omplete the sections belo o to <b>Part 5 (Signature)</b>	ow and the following Part	4	capita	• This should reflect the company's capital status at the made up date of this annual return	
F1	Share capital	in pound sterling (	£)	<del></del>			
Please complete the ta If all your issued capita	able below to show	v each class of shares helly complete Section F1 a	d in pound sterling and then go to <b>Section F4</b>				
Class of shares (E g Ordinary/Preference etc	:)	Amount paid up on each share ②	Amount (if any) unpaid on each share ②	Number of sha	ares 😉	Aggregate nominal value	
ORDINARY £1	····	1.00	0.00	502		£ 502.00	
						£	
						£	
						£	
	<del></del> -		Total	s 502		£ 502 00	
F2	Share capital	in other currencies					
Please complete the ta Please complete a sep		v any class of shares held th currency	in other currencies		<del></del>		
Currency							
Class of shares (E g Ordinary/Preference etc	)	Amount paid up on each share	Amount (if any) unpaid on each share ②	Number of sha	eres 0	Aggregate nominal value	
		<u> </u>		-			
	· · · · · · · · · · · · · · · · · · ·	<u> </u>	 Total	<u> </u>	<del></del> .		
						l	
Currency	,						
Class of shares (E g Ordinary/Preference etc	)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of sha	ares 😉	Aggregate nominal value	
			Total	s			
FB	Totals						
	issued share cap		d total aggregate nominal	value of	Piease	aggregate nominal value	
otal number of shares	502				examp	ent currencies separately For ple £100 + € 100 + \$10 etc	
Total aggregate nominal value <b>⊙</b>	502 00						
<ul> <li>Including both the noming share premium</li> <li>Total number of issued s</li> </ul>		◆ Number of shares issue nominal value of each	share Ple	ontinuation Pagease use a State ge if necessary	ges ment of Ca	pital continuation	

Statement of capital (Voting rights)					
Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in <b>Sections F1</b> and <b>F2</b>					
ORDINARY £1					
ONE VOTE PER ORDINARY SHARE HELD BY EACH HOLDER OF THOSE SHARES					
<del>-</del>					

Part 4	Shareholders	
	Does your company have share capital?  → Yes Complete the sections below → No Go to Part 5 (Signature)	This should reflect the shareholder details at the made up date of this annual return
G1	Traded public companies <sup>®</sup>	
	Please tick the box if your company was a traded public company at any time during the period of this return	◆ Traded company definition A traded company means a compan any of whose shares are admitted to trading on a regulated market
G2	List of past and present shareholders	
	Private and non-traded public companies are required to provide a 'full list' if one was not included with either of the last two returns	
	Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns	
	Please tick the appropriate box below  A full list of shareholders for a private or non-traded public company is enclosed Please complete Section G3, or	
	A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete Section G4	
	<ul> <li>A list of shareholder changes is enclosed</li> <li>→ For private or non-traded public companies, please complete Section G3</li> <li>→ For traded public companies, please complete Section G4</li> </ul>	
	There were no shareholder changes in this period  → Go to Part 5 (Signature)	
	Please tick the appropriate box below to indicate the format of your shareholder details  The list of shareholders is enclosed on paper  The list of shareholders is enclosed in another format	

#### G3

# Private or non-traded public companies – list of past and present shareholders

This section should only be completed by companies that have not traded on a regulated market at any time during the period of this return

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

#### Further shareholders

Please use a 'Private or non-traded public companies – list of past and present shareholders' continuation page if necessary

1		Shares or stock Shares or stock transferred (if appropria			
		currently held	Snares of Stock transferred (if appropriate)		
Shareholder's Name (Address not required)	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer	
MR STEPHEN KENNETH FORRESTER	ORDINARY £1	251		/ /	
MR MALCOLM VAUGHN THOMAS	ORDINARY £1	251		/ /	
				/ /	
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#### G4

## Traded public companies – list of past and present shareholders

This section should show the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return. It should only be completed by public companies that have traded on a regulated market at any time during the period of this return

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

#### Further shareholders

Please use a 'Traded public companies – list of past and present shareholders' continuation page if necessary

'		Shares or stock currently held	Shares or stock transferred (if appropriate)		
Shareholder's details	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer	
Name				, ,	
Address				/ /	
				, ,	
Name				, ,	
Address				/ /	
				, ,	
Name				, ,	
Address				, ,	
				, ,	
Name			<u> </u>	, ,	
Address				, ,	
				/ /	

Part 5	Signature		
	This must be completed by all companies	O Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the persor signing has membership	
	I am signing this form on behalf of the company		
Signature	Signature		
	× m. In.	Person authorised Under either section 270 or 274 of the Companies Act 2006	
	This form may be signed by Director •, Secretary, Person authorised •, Charity commission receiver and manager, CIC manager, Judicial factor		

Presenter information	Important information	
You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.	Please note that all information on this form will appear on the public record.	
visible to searchers of the public record	£ How to pay	
Contact name	A fee of £30 is payable to Companies House in	
Company name RSM TENON LIMITED	respect of an Annual Return	
	Make cheques or postal orders payable to 'Companies House'	
Address 5 RIDGE HOUSE, RIDGE HOUSE DRIVE	☑ Where to send	
FESTIVAL PARK, STOKE-ON-TRENT		
Post town STAFFORDSHIRE	You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:	
	Tetal in to the appropriate dual oss stress	
Postcode S T 1 5 S J	For companies registered in England and Wales: The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ	
Country	DX 33050 Cardiff	
DX	For companies registered in Scotland	
Telephone 01782 262121	The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2,	
✓ Checklist	139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post)	
We may return forms completed incorrectly or with information missing.		
	For companies registered in Northern Ireland: The Registrar of Companies, Companies House,	
Please make sure you have remembered the	Second Floor, The Linenhall, 32-38 Linenhall Street,	
following. □ The company name and number match the	8elfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1	
information held on the public Register		
<ul> <li>You have completed your principal business activity</li> <li>You have not used this form to make changes to the</li> </ul>	<i>f</i> Further information	
registered office address	For further information, please see the guidance notes	
<ul> <li>You have not used this form to make changes to secretary and director details</li> </ul>	on the website at www companieshouse gov uk or email enquiries@companieshouse gov uk	
☐ You have fully completed the Statement of capital		
(If applicable)  ☐ You have signed the form	This form is available in an	
You have enclosed the correct fee	alternative format. Please visit the	
	forms page on the website at	
	www.companieshouse.gov.uk	