



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



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*Company Name:* **THE RUNNING SCHOOL (WEST) LIMITED**

*Company Number:* **07135135**

*Date of this return:* **25/01/2012**

*SIC codes:* **82990**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **869 HIGH ROAD  
LONDON  
UNITED KINGDOM  
N12 8QA**

**Officers of the company**

*Company Director*    **1**

*Type:*                                **Person**  
*Full forename(s):*                **MR MICHAEL**

*Surname:*                            **ANTONIADES**

*Former names:*

*Service Address:*                **869 HIGH ROAD  
LONDON  
UNITED KINGDOM  
N12 8QA**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **25/01/1958**                                *Nationality:*    **BRITISH**  
*Occupation:*    **COACH**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>300.75</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

THE SHARES HAVE RIGHTS TO ATTEND AND VOTE AT GENERAL MEETINGS. RIGHT TO RECEIVE A DIVIDEND. RIGHT TO PARTICIPATE IN A RETURN OF CAPITAL.

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 25/01/2012 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **75 ORDINARY shares held as at the date of this return**  
*Name:* **THE RUNNING SCHOOL LIMITED**

*Shareholding 2* : **25 ORDINARY shares held as at the date of this return**  
*Name:* **ALISON NICHOLAS**

## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.