



Companies House

AR01 (ef)

Annual Return



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Company Name: **SOWAMS CAPITAL LIMITED**

Company Number: **07129717**

Date of this return: **31/12/2014**

SIC codes: **64205**

Company Type: **Private company limited by shares**

Situation of Registered Office: **16 BYRON ROAD
EALING
LONDON
LONDON
W5 3LL**

Officers of the company

Company Director 1

Type: **Person**

Full forename(s): **MARIA**

Surname: **FROST**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **03/09/1968**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Company Director 2

Type: **Person**

Full forename(s): **MR ROBERT MILTON**

Surname: **FROST**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **18/10/1967**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	10
		<i>Aggregate nominal value</i>	10
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
ORDINARY SHARES WITH EQUAL RIGHTS			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	10
		<i>Total aggregate nominal value</i>	10

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 31/12/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **5 ORDINARY shares held as at the date of this return**
Name: **MARIA FROST**

Shareholding 2 : **5 ORDINARY shares held as at the date of this return**
Name: **ROBERT FROST**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.