ABSAR FOOD EXPRESS LTD

Company Registration Number:
07124929 (England and Wales)

Abbreviated (Unaudited) Accounts

Period of accounts

Start date: 01st February 2012

End date: 31st January 2013

SUBMITTED

ABSAR FOOD EXPRESS LTD

Company Information
for the Period Ended 31st January 2013

Director:	MR SALIH SAEED SHARIF
Registered office:	154 Arce Lane London SW2 5UL GBR
Company Registration Number:	07124929 (England and Wales)

ABSAR FOOD EXPRESS LTD

Abbreviated Balance sheet
As at 31st January 2013

	Notes	2013 £	2012 £
Fixed assets			
Tangible assets:	2	**2,510**	3,346
Total fixed assets:		**2,510**	3,346
Current assets			
Stocks:		**806**	5,159
Cash at bank and in hand:		**2,079**	2,519
Total current assets:		**2,885**	7,678
Creditors			
Creditors: amounts falling due within one year		**13,975**	5,650
Net current assets (liabilities):		**(11,090)**	2,028
Total assets less current liabilities:		**(8,580)**	5,374
Total net assets (liabilities):		**(8,580)**	5,374

The notes form part of these financial statements

ABSAR FOOD EXPRESS LTD

Abbreviated Balance sheet
As at 31st January 2013
continued

	Notes	2013	2012
		£	£
Capital and reserves			
Called up share capital:	3	**1**	16,761
Profit and Loss account:		**(8,581)**	(11,387)
Total shareholders funds:		**(8,580)**	5,374

For the year ending 31 January 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 31 October 2013

SIGNED ON BEHALF OF THE BOARD BY:

Name: MR SALIH SAEED SHARIF
Status: Director

The notes form part of these financial statements

ABSAR FOOD EXPRESS LTD

Notes to the Abbreviated Accounts
for the Period Ended 31st January 2013

1. Accounting policies

Tangible fixed assets depreciation policy

25% IN STRAIGHT LINE METHOD

ABSAR FOOD EXPRESS LTD

Notes to the Abbreviated Accounts
for the Period Ended 31st January 2013

2. Tangible assets

	Total
Cost	**£**
At 01st February 2012:	3,346
At 31st January 2013:	3,346
Depreciation	
Charge for year:	836
At 31st January 2013:	836
Net book value	
At 31st January 2013:	2,510
At 31st January 2012:	3,346

ABSAR FOOD EXPRESS LTD

Notes to the Abbreviated Accounts
for the Period Ended 31st January 2013

3. Called up share capital

Allotted, called up and paid

Previous period			**2012**
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	16,761	1.00	**16,761**
Total share capital:			**16,761**

Current period			**2013**
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1	1.00	**1**
Total share capital:			**1**