

**ABRAHART PERSONAL TRAINING LTD**

**Company Registration Number:  
07123559 (England and Wales)**

**Unaudited Micro-Entity Financial Statements (Balance Sheet and Footnotes only)**

**Period of accounts**

**Start date: 01 February 2014**

**End date: 31 January 2015**

# **ABRAHART PERSONAL TRAINING LTD**

## **Company Information**

**for the Period Ended 31 January 2015**

**Director:**

Glen Abrahart

**Registered office:**

15  
Appleton Close  
Clanfield  
Waterlooville  
Hampshire  
PO8 0ZG

**Company Registration Number:**

07123559 (England and Wales)

# ABRAHART PERSONAL TRAINING LTD

## Micro-Entity Balance sheet

As at 31 January 2015

	<i>2015</i> £	<i>2014</i> £
Fixed assets:	679	1,099
Current assets:	994	3,942
Creditors: amounts falling due within one year:	( 16,092 )	( 17,323 )
Net current assets (liabilities):	( 15,098 )	( 13,381 )
Total assets less current liabilities:	( 14,419 )	( 12,282 )
Total net assets (liabilities):	<u>( 14,419 )</u>	<u>( 12,282 )</u>
<b>Capital and reserves</b>		
Called up share capital:	5,001	5,001
Profit and loss account:	( 19,420 )	( 17,283 )
<b>Total shareholders funds:</b>	<u>( 14,419 )</u>	<u>( 12,282 )</u>

# **ABRAHART PERSONAL TRAINING LTD**

## **Balance sheet continued**

**As at 31 January 2015**

For the year ending 31 January 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.

The financial statements were approved by the Board of Directors on 30 October 2015

### **SIGNED ON BEHALF OF THE BOARD BY:**

Name: Glen Abrahart

Status: Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.