Registered Number 07123559

ABRAHART PERSONAL TRAINING LTD

Micro-entity Accounts

31 January 2016

ABRAHART PERSONAL TRAINING LTD **Registered Number 07123559**

Micro-entity Balance Sheet as at 31 January 2016

	Notes	*2016*	*2015*
		£	£
Called up share capital not paid		-	-
Fixed Assets		-	679
Current Assets		1,930	994
Creditors: amounts falling due within one year		(13,648)	(16,092)
Net current assets (liabilities)		(11,718)	(15,098)
Total assets less current liabilities		(11,718)	(14,419)
Creditors: amounts falling due after more than one year		(4,479)	-
Total net assets (liabilities)		(16,197)	(14,419)
Capital and reserves		(16,197)	(14,419)

- For the year ending 31 January 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.
- The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 31 October 2016

And signed on their behalf by:
Mr Glen Abrahart, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.