



Companies House

**AR01** (ef)

**Annual Return**



Received for filing in Electronic Format on the: **02/01/2015**

**X3Y7UZW2**

---

*Company Name:* **10 HEALTHCARE LTD**

*Company Number:* **07113467**

*Date of this return:* **29/12/2014**

*SIC codes:* **86220**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **RHIWAU OLD PORT ROAD  
WENVOE  
CARDIFF  
WALES  
CF5 6AL**

**Officers of the company**

## *Company Secretary* 1

Type: **Person**  
Full forename(s): **DR POONAM**

Surname: **SINGHAL**

Former names: **MITTAL**

*Service Address recorded as Company's registered office*

---

## *Company Director* 1

Type: **Person**  
Full forename(s): **MR ADITYA**

Surname: **SINGHAL**

Former names:

*Service Address recorded as Company's registered office*

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **19/05/1986**                      Nationality: **BRITISH**  
Occupation: **DOCTOR**

---

## *Company Director* 2

*Type:* **Person**  
*Full forename(s):* **MR ARVIND**

*Surname:* **SINGHAL**

*Former names:*

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:* **UNITED KINGDOM**

*Date of Birth:* **03/02/1989**

*Nationality:* **BRITISH**

*Occupation:* **DOCTOR**

---

## *Company Director* 3

*Type:* **Person**  
*Full forename(s):* **MR KESHAV**

*Surname:* **SINGHAL**

*Former names:*

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:* **WALES**

*Date of Birth:* **10/07/1961**

*Nationality:* **BRITISH**

*Occupation:* **DOCTOR**

---

*Company Director* 4

*Type:* **Person**  
*Full forename(s):* **DR POONAM**

*Surname:* **SINGHAL**

*Former names:* **MITTAL**

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:* **UNITED KINGDOM**

*Date of Birth:* **29/10/1964** *Nationality:* **BRITISH**

*Occupation:* **PRACTISE MANAGER**

---

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>10</b>
		<i>Aggregate nominal value</i>	<b>10</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>
<i>Prescribed particulars</i>			
<b>1 SHARE = 1 VOTE</b>			

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>10</b>
		<i>Total aggregate nominal value</i>	<b>10</b>

## Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 29/12/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : 4 ORDINARY shares held as at the date of this return  
*Name:* POONAM SINGHAL

*Shareholding 2* : 4 ORDINARY shares held as at the date of this return  
*Name:* KESHAV SINGHAL

*Shareholding 3* : 1 ORDINARY shares held as at the date of this return  
*Name:* ADITYA SINGHAL

*Shareholding 4* : 1 ORDINARY shares held as at the date of this return  
*Name:* ARVIND SINGHAL

## Authorisation

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.