10 HEALTHCARE LTD

ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 31 DECEMBER 2015

CONTENTS OF THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2015

	Pag
Company Information	1
Abbreviated Balance Sheet	2
Notes to the Abbreviated Accounts	4

10 HEALTHCARE LTD

COMPANY INFORMATION FOR THE YEAR ENDED 31 DECEMBER 2015

DIRECTORS: K Singhal Dr P Singhal

A Singhal
A Singhal

SECRETARY: Dr P Singhal

REGISTERED OFFICE: Rhiwau Old Port Road

Wenvoe Cardiff Wales CF5 6AL

REGISTERED NUMBER: 07113467 (England and Wales)

ACCOUNTANTS: HODGE BAKSHI

CHARTERED ACCOUNTANTS

CHURCHGATE HOUSE

CHURCH ROAD

CARDIFF CF14 2DX

ABBREVIATED BALANCE SHEET

31 DECEMBER 2015

	2015		2014		
	Notes	£	£	£	£
FIXED ASSETS					
Intangible assets	2		190,000		200,000
Tangible assets	3		3,162		3,961
			193,162		203,961
CURRENT ASSETS					
Debtors		88,954		99,356	
Cash at bank		812,474		591,259	
		901,428		690,615	
CREDITORS		·			
Amounts falling due within one year		103,214		82,642	
NET CURRENT ASSETS			798,214	·	607,973
TOTAL ASSETS LESS CURRENT					<u> </u>
LIABILITIES			991,376		811,934
CAPITAL AND RESERVES					
Called up share capital	4		10		10
Profit and loss account			991,366		811,924
SHAREHOLDERS' FUNDS			991,376		811,934

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2015.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2015 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Page 2 continued...

ABBREVIATED BALANCE SHEET - continued 31 DECEMBER 2015

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 30 September 2016 and were signed on its behalf by:

K Singhal - Director

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2015

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Goodwill

Goodwill, being the amount paid in connection with the acquisition of a business in 2010, is being amortised evenly over its estimated useful life of twenty five years.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 15% on reducing balance Computer equipment - 25% on reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. INTANGIBLE FIXED ASSETS

INTANGIDED FEXED ASSETS	Total £
COST	
At 1 January 2015	
and 31 December 2015	250,000
AMORTISATION	
At 1 January 2015	50,000
Amortisation for year	10,000
At 31 December 2015	60,000
NET BOOK VALUE	
At 31 December 2015	190,000
At 31 December 2014	200,000

Page 4 continued...

NOTES TO THE ABBREVIATED ACCOUNTS - continued FOR THE YEAR ENDED 31 DECEMBER 2015

3. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 January 2015	
and 31 December 2015	11,746
DEPRECIATION	
At 1 January 2015	7,785
Charge for year	799
At 31 December 2015	8,584
NET BOOK VALUE	
At 31 December 2015	3,162
At 31 December 2014	3,961

4. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal	2015	2014
		value:	£	£
10	Ordinary	£1	10_	10

5. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES

During the year the company continued to receive a loan from its directors. The details are as follows and at no time during the year was the loan account overdrawn.

	At 1 Jan		At 31 Dec	
	2015	Injections	2015	
	£	£	£	
Dr. K Singhal	11,938	11,594	23,532	
Mrs P Singhal	2,857	9000	11,857	
Total	£14,795	£20,594	£35,389	

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.