



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



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**X20ZCQPF**

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*Company Name:* **10 HEALTHCARE LTD**

*Company Number:* **07113467**

*Date of this return:* **29/12/2012**

*SIC codes:* **86220**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **RHIWAU OLD PORT ROAD  
WENVOE  
CARDIFF  
WALES  
UNITED KINGDOM  
CF5 6AL**

**Officers of the company**

## *Company Secretary* 1

*Type:* **Person**  
*Full forename(s):* **DR POONAM**

*Surname:* **SINGHAL**

*Former names:* **MITTAL**

*Service Address recorded as Company's registered office*

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## *Company Director* 1

*Type:* **Person**  
*Full forename(s):* **MR ADITYA**

*Surname:* **SINGHAL**

*Former names:*

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:* **UNITED KINGDOM**

*Date of Birth:* **19/05/1986** *Nationality:* **BRITISH**  
*Occupation:* **STUDENT**

## *Company Director*    2

*Type:*                                **Person**  
*Full forename(s):*                **MR ARVIND**

*Surname:*                         **SINGHAL**

*Former names:*

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:*   **UNITED KINGDOM**

*Date of Birth:*   **03/02/1989**                                *Nationality:*   **BRITISH**

*Occupation:*     **STUDENT**

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## *Company Director*    3

*Type:*                                **Person**  
*Full forename(s):*                **DR KESHAV**

*Surname:*                         **SINGHAL**

*Former names:*

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:*   **UNITED KINGDOM**

*Date of Birth:*   **10/07/1961**                                *Nationality:*   **BRITISH**

*Occupation:*     **DOCTOR**

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*Company Director* 4

*Type:* **Person**  
*Full forename(s):* **DR POONAM**

*Surname:* **SINGHAL**

*Former names:* **MITTAL**

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:* **UNITED KINGDOM**

*Date of Birth:* **29/10/1964** *Nationality:* **BRITISH**

*Occupation:* **PRACTISE MANAGER**

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## Statement of Capital (Share Capital)

|                               |                 |                                |           |
|-------------------------------|-----------------|--------------------------------|-----------|
| <b>Class of shares</b>        | <b>ORDINARY</b> | <i>Number allotted</i>         | <b>10</b> |
|                               |                 | <i>Aggregate nominal value</i> | <b>10</b> |
| <i>Currency</i>               | <b>GBP</b>      | <i>Amount paid per share</i>   | <b>1</b>  |
|                               |                 | <i>Amount unpaid per share</i> | <b>0</b>  |
| <i>Prescribed particulars</i> |                 |                                |           |
| <b>1 SHARE = 1 VOTE</b>       |                 |                                |           |

## Statement of Capital (Totals)

|                 |            |                                      |           |
|-----------------|------------|--------------------------------------|-----------|
| <i>Currency</i> | <b>GBP</b> | <i>Total number of shares</i>        | <b>10</b> |
|                 |            | <i>Total aggregate nominal value</i> | <b>10</b> |

## Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 29/12/2012 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : 4 ORDINARY shares held as at the date of this return  
*Name:* POONAM SINGHAL

*Shareholding 2* : 4 ORDINARY shares held as at the date of this return  
*Name:* KESHAV SINGHAL

*Shareholding 3* : 1 ORDINARY shares held as at the date of this return  
*Name:* ADITYA SINGHAL

*Shareholding 4* : 1 ORDINARY shares held as at the date of this return  
*Name:* ARVIND SINGHAL

## Authorisation

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.