

Registered Number 07075237

A BETTER STEP LIMITED

Abbreviated Accounts

30 November 2015

Abbreviated Balance Sheet as at 30 November 2015

	Notes	2015 £	2014 £
Fixed assets			
Intangible assets	2	8,000	10,000
Tangible assets	3	58,307	59,716
		<u>66,307</u>	<u>69,716</u>
Current assets			
Debtors		3,778	5,876
Cash at bank and in hand		294	-
		<u>4,072</u>	<u>5,876</u>
Creditors: amounts falling due within one year	4	(10,080)	(11,975)
Net current assets (liabilities)		<u>(6,008)</u>	<u>(6,099)</u>
Total assets less current liabilities		<u>60,299</u>	<u>63,617</u>
Creditors: amounts falling due after more than one year	4	(59,942)	(62,961)
Total net assets (liabilities)		<u>357</u>	<u>656</u>
Capital and reserves			
Called up share capital	5	100	100
Profit and loss account		257	556
Shareholders' funds		<u>357</u>	<u>656</u>

- For the year ending 30 November 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 25 August 2016

And signed on their behalf by:

Robert Barrie Cooke, Director

Notes to the Abbreviated Accounts for the period ended 30 November 2015

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008 and in accordance with applicable United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), which have been applied consistently (except as otherwise stated).

Turnover policy

Turnover represents amounts receivable for goods and services net of VAT and trade discounts.

Tangible assets depreciation policy

Tangible fixed assets other than freehold land are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life as follows:

Land and buildings Freehold 0% straight line per annum

Fixtures, fittings & equipment 15% straight line per annum

Intangible assets amortisation policy

Acquired goodwill is written off in equal instalments over its estimated useful economic life of 10 years.

Other accounting policies

Deferred taxation is provided in full in respect of taxation deferred by timing differences between the treatment of certain items for taxation and accounting purposes. The deferred tax balance has not been discounted.

2 Intangible fixed assets

	£
Cost	
At 1 December 2014	20,000
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 30 November 2015	<u>20,000</u>
Amortisation	
At 1 December 2014	10,000
Charge for the year	2,000
On disposals	-
At 30 November 2015	<u>12,000</u>
Net book values	
	8,000

At 30 November 2015	
At 30 November 2014	<u><u>10,000</u></u>

3 Tangible fixed assets

	£
Cost	
At 1 December 2014	66,390
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 30 November 2015	<u>66,390</u>
Depreciation	
At 1 December 2014	6,674
Charge for the year	1,409
On disposals	-
At 30 November 2015	<u>8,083</u>
Net book values	
At 30 November 2015	<u><u>58,307</u></u>
At 30 November 2014	<u><u>59,716</u></u>

4 Creditors

	2015	2014
	£	£
Secured Debts	-	4,112
Instalment debts due after 5 years	43,080	47,139

5 Called Up Share Capital

Allotted, called up and fully paid:

	2015	2014
	£	£
100 Ordinary shares of £1 each	100	100

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