

Registered number: 07074944

ABL Health Limited

ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 30/09/2016

Prepared By:
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The Old Bank
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Penrith
Cumbria
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24/06/2017

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COMPANIES HOUSE

ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 30/09/2016

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The company's registered number is 07074944

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BALANCE SHEET AT 30/09/2016

	Notes	2016 £	2015 £
FIXED ASSETS			
Tangible assets	2	815,016	115,902
CURRENT ASSETS			
Debtors (amounts falling due within one year)	23,929	374,767	
Cash at bank and in hand	1,148,985	987,755	
	1,172,914	1,362,522	
CREDITORS: Amounts falling due within one year	403,652	206,657	
NET CURRENT ASSETS		769,262	1,155,865
TOTAL ASSETS LESS CURRENT LIABILITIES		1,584,278	1,271,767
PROVISIONS FOR LIABILITIES		47,421	13,646
NET ASSETS		1,536,857	1,258,121
CAPITAL AND RESERVES			
Called up share capital	3	90	100
Capital redemption reserve		10	-
Profit and loss account		1,536,757	1,258,021
SHAREHOLDERS' FUNDS		1,536,857	1,258,121


For the year ending 30/09/2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 12/06/2017 and signed on their behalf by

X 

Mrs D L Leslie
Director

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30/09/2016**

1. ACCOUNTING POLICIES

1a. Basis Of Accounting

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

1b. Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery	reducing balance 25%
Fixtures and Fittings	reducing balance 15%
Equipment	reducing balance 25%
Motor Cars	reducing balance 25%

1c. Taxation

Corporation tax payable is provided on taxable profits at the current rates.

Provision is made for deferred taxation in so far as a liability or asset has arisen as a result of transactions that had occurred by the balance sheet date and have given rise to an obligation to pay more tax in the future, or the right to pay less tax in the future. An asset has not been recognised to the extent that the transfer of economic benefits in the future is uncertain. Deferred tax assets and liabilities recognised have not been discounted.

1d. Pension Costs

The company operates a defined contribution pension scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme.

1e. Turnover

Turnover represents the invoiced value of goods and services supplied by the company, net of value added tax and trade discounts.

2. TANGIBLE FIXED ASSETS

	Land And Buildings £	Plant and Machinery Etc. £	Total £
Cost			
At 01/10/2015	12,005	206,681	218,686
Additions	654,155	85,373	739,528
Disposals	-	(22,871)	(22,871)
At 30/09/2016	<u>666,160</u>	<u>269,183</u>	<u>935,343</u>
Depreciation			
At 01/10/2015	-	102,784	102,784
Disposals	-	(14,976)	(14,976)
For the year	-	32,519	32,519
At 30/09/2016	<u>-</u>	<u>120,327</u>	<u>120,327</u>
Net Book Amounts			
At 30/09/2016	<u>666,160</u>	<u>148,856</u>	<u>815,016</u>
At 30/09/2015	<u>12,005</u>	<u>103,897</u>	<u>115,902</u>

3. SHARE CAPITAL

	2016 £	2015 £
Allotted, issued and fully paid:		
90 Ordinary shares of £ 1 each	<u>90</u>	<u>100</u>
	<u>90</u>	<u>100</u>

On 23/09/16 the company purchased 10 of its own £1 Ordinary shares at a cost of £54,840