

REGISTERED COMPANY NUMBER: 07068880 (England and Wales)
REGISTERED CHARITY NUMBER: 1136641

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2020
FOR
ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED**

L M Griffiths & Co Limited
Chartered Certified Accountants
1&2 Merlins Court
Winch Lane
Haverfordwest
Pembrokeshire
SA61 1SB

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

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for the Year Ended 30 June 2020**

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**REPORT OF THE TRUSTEES
for the Year Ended 30 June 2020**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims for the Public Benefit

The charity's objectives are to relieve sickness and preserve the physical and mental health of cancer patients and their carers in South Wales by providing or assisting in the provision of equipment, facilities and services not normally provided by the statutory authorities, in particular but not exclusively through the provision of support, information and complimentary therapies including reflexology and lymphodaema massage.

The trustees confirm that they have complied with the duty of section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charity Commission. This guidance has been referred to when reviewing the Charity's aims and objectives in planning future activities.

Volunteers

The shop and cafe are manned by volunteers. The value of any voluntary help is not included in the accounts.

**REPORT OF THE TRUSTEES
for the Year Ended 30 June 2020**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The charity venue was established when the lease of a large building was acquired rent free in lieu of the charity incurring expenditure to make the building fit for its purpose. With a great deal of help from volunteers, 2009 saw the creation of a charity shop, a work room, sorting and recycling room, a book area and a small kitchen.

Work then turned to creating a quiet haven for a coffee shop at the rear of the building. When this was completed, attention was focused on the first floor. One by one, the three treatment rooms were furnished and occupied by therapists, counsellors, podiatrist and beauticians. These rooms were named by colours and their doors duly painted - the yellow room for the therapists, the pink room for the podiatrist and beauticians and the blue room for all counsellors and the patient's coffee mornings.

The studio/workshop at the rear of the building continues to be used by all of our patients and counsellors alike. We are moving towards a multipurpose area and in the future would like to install a toilet and water facilities as well as a solid roof with velux windows and solar panels making it self sufficient. This would enable us to have full use of the building throughout the year as at present we use it continually during the summer months for those patients who wish to partake in art and craft sessions, music and counselling sessions. These sessions are weekly. We have a problem in the winter months as again the roof is made of zinc and at times it is too cold to work in there.

When it is particularly hot, the very successful coffee mornings (Talking Shop) were held in the studio spreading out into the garden. We continued inviting guest speakers to entertain patients and carers on subjects close to their concerns as well as fun items and little "concerts" in the sunshine. These days have proved to be very popular and the numbers are continually increasing. The patients tend the garden and the plants (weeding and replanting) and the entrance to the rear of the building is a striking display of the various plants they have brought from their own gardens. The garden gives a great deal of pleasure throughout the summer months as it is so sheltered and full of bird life. This has sadly been much neglected during the pandemic.

2017 saw the completion of Adam's legacy to Pembrokeshire - a new state of the art Cancer Day Unit in Withybush Hospital called the "Pembrokeshire Haematology and Oncology Day Unit" (PHODU for short). Withybush Hospital organised an opening day to thank us and Pembrokeshire people on Saturday 28th January 2017 which was very enjoyable. We, as a charity set about planning our "thank you" to Pembrokeshire people by organising a "Festival of Hope" day on Sunday June 24th 2017 in Carew pavilion and showground, Carew. We invited all the other cancer charities in Pembrokeshire to exhibit with us to build new bridges and see if we could work together. This was very successful and many new contacts were made. The show field was inhabited with marquees from the various charities, food stalls, craft stalls, bouncy castles, horse rides, vintage cars, the fire service and tender, the police display and a therapists' marquee. Various groups and singers performed in the Pavilion to entertain everyone on this family fun day. Entrance was free and all costs were covered by pitch donations.

The 'Bucketeers', as our patients have named themselves - avoiding labels such as "survivor", "client" and "victim" broadened their horizons and created a little choir called "Hope and Glory". They performed a work written especially for them called "Light" by local composer and conductor Sam Howley. They were joined by other Pembrokeshire choirs on stage. They performed this piece to close the festival day which was very emotional but also very inspirational. The whole day was filmed by "Showboat TV" along with interviews with the patients and clips of rehearsals in various churches. This excitement was the best distraction we could ever have wished for!

To continue the momentum of this wonderful experience - we produced a short documentary following the charity's history from when Adam was diagnosed to present day. We aired our exciting film in 2019 which was our 25 year anniversary. It featured the work carried out in the Support Centre with our "Bucketeers" the "stars" of the film. We took our "stars" out on location to some of the loveliest Pembrokeshire beaches and filmed them miming their work "Light". This song called LIGHT was written for us by Composer Sam Howley and orchestrated by Seimon Morris and our little choir was joined by various other Pembrokeshire choristers to bring this song to life.

We were so delighted at how professional our venture looked and sounded that we decided to launch our song LIGHT at our 25th Anniversary Ball. Following the Ball, on Valentine's Day, we launched it on Facebook and You Tube.
Facebook: Adam's Bucketful of Hope Cancer Support Centre

**REPORT OF THE TRUSTEES
for the Year Ended 30 June 2020**

You Tube: Hope and Glory Choir: LIGHT

Alongside the excitement of planning their documentary, the usual rounds of collective birthday parties (4 a year - spring, summer, autumn and winter) have proved as always an excellent distraction therapy. Those born between the months of spring - (January, February and March) are called "The Spring Babies" - they turn up for their collective party and are entertained, fed and watered by everyone else. So we ensure we encompass all birthdays. These parties were curtailed throughout lockdown from March onwards.

Every week on the very successful Wednesday Coffee morning, we organise various speakers or activities to begin at 11.00am. The Wednesday meetings are crucial for introducing new members into the family, deciding on activities they like to experience, where they would like to visit, what they would like to hear (theatre, concert and talks) - the impetus is set by the patients and carried out by the Trustees. New ideas and new ventures are mooted in this weekly hotspot of activity and keeps the charity activities fresh and moving forward.

By luck, a new pilates studio opened right next door to our building with a very competent instructor. Every one of our patients have embarked on a weekly treatment schedule with her. Once again this has been cancelled due to our patients isolating.

The local schools contact us to place their 15 and 16 year old students in our venue for work experience and during the first part of this year alone we have hosted 6 Duke of Edinburgh students.

We continue with our day to day emotional support of patients through the setting up of a video link through Messenger on Facebook keeping in contact weekly with the complete group and individually when needed.

No two years are alike in the diversity of patients that use our facility. Some years our patients fall into mainly the over 50 bracket, this year we have seen more under 50 age bracket and consequently the patient's demands are different each year.

Our lymphodaema therapist was exceptionally busy up to lock down this year with more breast cancer patients than in other years. She has encountered a new machine called a "Deep Tissue Oscillator" which offers relief to Lymphodaema sufferers as well as other ailments. We have purchased one of these machines for our patients. Our aim now is to send our other therapists for training (if and when we survive the lockdown financially) so we will have 4 therapists able to use this machine.

We created a Patient Liaison Officer post whose job was to phone and enquire after any patients who miss coffee morning. If they are poorly or in hospital, homemade cards are given to the other members of the coffee morning group and they are asked to write something interesting in them. They are gathered up and we put stamps on them and post them so that our missing member receives 16 to 19 cards in hospital. When our patients left hospital, a bouquet of flowers was delivered by our Patient Liaison Officer to their home. Texting and Facebook was encouraged during the coffee morning for the missing member. Home visits were offered by our Liaison Officer.

Whilst we have patients in various stages of their treatments, we have had an emotional year with the loss of five of our patients before the lock down. We have lost no patients to Covid thankfully.

Many of our volunteers are patients that started with us by attending our coffee mornings and having free treatments. 60% of our 39 volunteers were patients. The shop has remained closed due to lockdown and no trading is taking place.

**REPORT OF THE TRUSTEES
for the Year Ended 30 June 2020**

ACHIEVEMENT AND PERFORMANCE

Plans for future periods

The lock down has continued since March to June with no revenue.

We see the fundraising, in order to put a roof on the studio in the garden, as a very long term aspiration. As previously stated, we would like velux windows to keep the room very light and airy, whilst on the roof we would like to put solar panels. A toilet and water provision in this unit would make it totally self sufficient. This would enable counsellors and therapists to work in the evenings as well as during the day. We hope that we will survive this pandemic.

Since the Festival of Hope we have much better communication and liaison with other charities eg. Macmillan's have taken our brochures and are now sending them out to all newly diagnosed Pembrokeshire patients. We have teamed up with the Macmillan representative who joins us in our weekly video chats. She gives valuable information to patients and their carers.

We look forward to a time when we can continue to work alongside other charities and help each other by offering training days at our centre and away, informed speakers and informed visits.

Again a long term aspiration is the purchase of a minibus to create a "mobile coffee morning". Our over 70's find it difficult to attend all activities offered due to lack of lifts or not driving themselves. Many of our younger members want to partake in activities such as swedish pole walking, tai chi etc. With a minibus, patients can be picked up and taken to nearby venues such as beaches and woodland walks where a "coffee morning picnic" could be organised which will enable the older members to sit in the fresh air whilst the younger members set off on walks or exercise. Again this is all dependant on the end of the Pandemic

With the completion of the documentary called LEGACY incorporating our new choir "Hope and Glory, we are using this film to assist in raising funds to keep us operational.

FINANCIAL REVIEW

Reserves policy

The end of the period saw financial reserves standing at £50,153 (2019 - £48,960), with income exceeding expenditure by £1,193 (2019 - expenditure exceeding income £4,377).

It is currently the policy of the charity to maintain reserves at a level which equates to approximately 12 months expenditure in order that the charity can continue to function if sources of income decrease.

Principal funding sources

The charity has a high profile within the local area. Principle funding sources come from donations, from local fundraising events as well as realisation of donated goods within the charity shop.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Adam's Bucketful of Hope Appeal Limited charity was incorporated on 6th November 2009 under the Companies Act 2006 as a private company limited by guarantee (Company Number 07068880). It was also registered as a charity on 29 June 2010 with the Charity Commission for England and Wales (Charity Number 1136641). It is governed by its memorandum and articles amended by resolution on 25 May 2010.

Recruitment and appointment of new trustees

The trustees welcome new trustees or members who can assist with the development of the company. New appointees receive support and guidance from their fellow trustees.

**REPORT OF THE TRUSTEES
for the Year Ended 30 June 2020**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Induction and training of new trustees

New trustees are briefed on their legal obligations under charity and company law, and the content of the Memorandum and Articles of Association. They are also given the opportunity to meet employees and other trustees.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07068880 (England and Wales)

Registered Charity number

1136641

Registered office

11 Dew Street
Haverfordwest
Pembrokeshire
SA61 1ST

Trustees

Mrs P J Passmore
Ms E A Tadman
Mrs P Pool
Mrs J Callow
Mr J H Bell
Mrs G C E Ferguson - Gardner

Company Secretary

Ms C Evans-Thomas

Independent Examiner

L M Griffiths & Co Limited
Chartered Certified Accountants
1&2 Merlins Court
Winch Lane
Haverfordwest
Pembrokeshire
SA61 1SB

COMMENCEMENT OF ACTIVITIES

Adam Evans-Thomas embarked on a fundraising mission during his fight against leukaemia. His doctor was described as giving a "thimbleful of bad news in a bucketful of hope".

Sadly, Adam died but the charity was formed and his work was continued by his mother together with other volunteers.

The charitable company was incorporated on 6 November 2009 and the charity shop was opened on 1 December 2009.

Prior to incorporation, the group had been actively fundraising for a number of years as an unincorporated entity under the umbrella of the local health board.

**REPORT OF THE TRUSTEES
for the Year Ended 30 June 2020**

Approved by order of the board of trustees on 7 December 2020 and signed on its behalf by:

Mrs P J Passmore - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED**

Independent examiner's report to the trustees of Adam's Bucketful of Hope Appeal Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 June 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Paul Murray
L M Griffiths & Co Limited
Chartered Certified Accountants
1&2 Merlins Court
Winch Lane
Haverfordwest
Pembrokeshire
SA61 1SB

Date:

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 30 June 2020**

	Notes	Unrestricted fund £	Restricted fund £	2020 Total funds £	2019 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		8,174	-	8,174	13,272
Charitable activities					
Charity shop & facilities		42,777	-	42,777	44,111
Other income		34	-	34	45
Total		<u>50,985</u>	<u>-</u>	<u>50,985</u>	<u>57,428</u>
EXPENDITURE ON					
Charitable activities					
Charity shop & facilities		49,792	-	49,792	61,805
NET INCOME/(EXPENDITURE)		<u>1,193</u>	<u>-</u>	<u>1,193</u>	<u>(4,377)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		48,960	-	48,960	53,337
TOTAL FUNDS CARRIED FORWARD		<u>50,153</u>	<u>-</u>	<u>50,153</u>	<u>48,960</u>

The notes form part of these financial statements

STATEMENT OF FINANCIAL POSITION
30 June 2020

	Notes	Unrestricted fund £	Restricted fund £	2020 Total funds £	2019 Total funds £
FIXED ASSETS					
Tangible assets	5	35,103	-	35,103	36,020
CURRENT ASSETS					
Debtors	6	1,160	-	1,160	-
Cash at bank and in hand		16,560	-	16,560	15,568
		17,720	-	17,720	15,568
CREDITORS					
Amounts falling due within one year	7	(2,670)	-	(2,670)	(2,628)
NET CURRENT ASSETS		15,050	-	15,050	12,940
TOTAL ASSETS LESS CURRENT LIABILITIES		50,153	-	50,153	48,960
NET ASSETS		50,153	-	50,153	48,960
FUNDS	8				
Unrestricted funds				50,153	48,960
TOTAL FUNDS				50,153	48,960

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

STATEMENT OF FINANCIAL POSITION - continued
30 June 2020

These financial statements have been prepared in accordance with the special provisions applicable to small charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 7 December 2020 and were signed on its behalf by:

Mrs P J Passmore - Trustee

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 30 June 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	- 5% on cost
Plant and machinery	- 15% on reducing balance
Computer equipment	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 30 June 2020**

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2020	2019
	£	£
Depreciation - owned assets	<u>4,670</u>	<u>4,574</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2020 nor for the year ended 30 June 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 June 2020 nor for the year ended 30 June 2019.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2020	2019
Administrative	<u>1</u>	<u>-</u>

No employees received emoluments in excess of £60,000.

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 30 June 2020**

5. TANGIBLE FIXED ASSETS

	Improvements to property £	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
COST					
At 1 July 2019	65,289	6,808	16,248	3,166	91,511
Additions	-	3,321	432	-	3,753
At 30 June 2020	<u>65,289</u>	<u>10,129</u>	<u>16,680</u>	<u>3,166</u>	<u>95,264</u>
DEPRECIATION					
At 1 July 2019	38,948	4,839	8,626	3,078	55,491
Charge for year	2,625	793	1,208	44	4,670
At 30 June 2020	<u>41,573</u>	<u>5,632</u>	<u>9,834</u>	<u>3,122</u>	<u>60,161</u>
NET BOOK VALUE					
At 30 June 2020	<u>23,716</u>	<u>4,497</u>	<u>6,846</u>	<u>44</u>	<u>35,103</u>
At 30 June 2019	<u>26,341</u>	<u>1,969</u>	<u>7,622</u>	<u>88</u>	<u>36,020</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Other debtors	<u>1,160</u>	<u>-</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Social security and other taxes	750	750
Accrued expenses	<u>1,920</u>	<u>1,878</u>
	<u>2,670</u>	<u>2,628</u>

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 30 June 2020**

8. MOVEMENT IN FUNDS

	At 1.7.19 £	Net movement in funds £	At 30.6.20 £
Unrestricted funds			
General fund	48,960	1,193	50,153
TOTAL FUNDS	<u>48,960</u>	<u>1,193</u>	<u>50,153</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	50,985	(49,792)	1,193
TOTAL FUNDS	<u>50,985</u>	<u>(49,792)</u>	<u>1,193</u>

Comparatives for movement in funds

	At 1.7.18 £	Net movement in funds £	At 30.6.19 £
Unrestricted funds			
General fund	53,337	(4,377)	48,960
TOTAL FUNDS	<u>53,337</u>	<u>(4,377)</u>	<u>48,960</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	57,428	(61,805)	(4,377)
TOTAL FUNDS	<u>57,428</u>	<u>(61,805)</u>	<u>(4,377)</u>

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 30 June 2020**

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.7.18 £	Net movement in funds £	At 30.6.20 £
Unrestricted funds			
General fund	53,337	(3,184)	50,153
TOTAL FUNDS	<u>53,337</u>	<u>(3,184)</u>	<u>50,153</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	108,413	(111,597)	(3,184)
TOTAL FUNDS	<u>108,413</u>	<u>(111,597)</u>	<u>(3,184)</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2020.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.