# REGISTERED COMPANY NUMBER: 07068880 (England and Wales) REGISTERED CHARITY NUMBER: 1136641

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED
30 JUNE 2014
FOR
ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

L M Griffiths & Co Limited Chartered Certified Accountants Walden House 4 Goat Street Haverfordwest Pembrokeshire SA61 1PX

\*A44D0EEM\*

A11 31/03/2015 COMPANIES HOUSE

#83 =

# CONTENTS OF THE FINANCIAL STATEMENTS for the Year Ended 30 June 2014

|  | Page     |
|--|----------|
| Report of the Trustees                     | 1 to 4   |
| Independent Examiner's Report              | 5        |
| Statement of Financial Activities          | 6        |
| Balance Sheet                              | 7        |
| Notes to the Financial Statements          | 8 to 10  |
| Detailed Statement of Financial Activities | 11 to 1' |

## REPORT OF THE TRUSTEES for the Year Ended 30 June 2014

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2014. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

#### REFERENCE AND ADMINISTRATIVE DETAILS

#### Registered Company number

07068880 (England and Wales)

#### Registered Charity number

1136641

#### Registered office

11 Dew Street

Haverfordwest

Pembrokeshire

**SA61 1ST** 

#### **Trustees**

Ms C Evans-Thomas

- resigned 24.12.13

Ms J Lewis

Ms C Norgrove

Ms C M A Hewitson

Mr J H Bell

Ms J M Caunt

- resigned 29.10.14

Mr A Holmes

- resigned 24.12.13

#### **Company Secretary**

Ms C Evans-Thomas

#### Independent examiner

L M Griffiths & Co Limited Chartered Certified Accountants Walden House 4 Goat Street Haverfordwest

Pembrokeshire SA61 IPX

### COMMENCEMENT OF ACTIVITIES

Adam Evans-Thomas embarked on a fundraising mission during his fight against leukaemia. His doctor was described as giving a "thimbleful of bad news in a bucketful of hope".

Sadly, Adam died but the charity was formed and his work was continued by his mother together with other volunteers.

The charitable company was incorporated on 6 November 2009 and the charity shop was opened on 1 December 2009.

Prior to incorporation, the group had been actively fundraising for a number of years as an unincorporated entity under the umbrella of the local health board.

### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Governing document

Adam's Bucketful of Hope Appeal Limited charity was incorporated on 6th November 2009 under the Companies Act 2006 as a private company limited by guarantee (Company Number 07068880). It was also registered as a charity on 29 June 2010 with the Charity Commission for England and Wales (Charity Number 1136641). It is governed by its memorandum and articles amended by resolution on 25 May 2010.

## REPORT OF THE TRUSTEES for the Year Ended 30 June 2014

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Recruitment and appointment of new trustees

The trustees welcome new trustees or members who can assist with the development of the company. New appointees receive support and guidance from their fellow trustees.

#### Induction and training of new trustees

New trustees are briefed on their legal obligations under charity and company law, and the content of the Memorandum and Articles of Association. They are also given the opportunity to meet employees and other trustees.

#### Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate confrols are in place to provide reasonable assurance against fraud and error. The trustees have considered the major risks affecting the charity and aim to review risk management at least annually.

## **OBJECTIVES AND ACTIVITIES**

#### Objectives and aims for the Public Benefit

The charity's objectives are to relieve sickness and preserve the physical and mental health of cancer patients and their carers in South Wales by providing or assisting in the provision of equipment, facilities and services not normally provided by the statutory authorities, in particular but not exclusively through the provision of support, information and complimentary therapies including Reiki and Indian Head Massage.

The trustees confirm that they have complied with the duty of section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charity Commission. This guidance has been referred to when reviewing the Charity's aims and objectives in planning future activities.

#### . Volunteers

The shop and cafe are manned by volunteers. The value of any voluntary help is not included in the accounts.

## REPORT OF THE TRUSTEES for the Year Ended 30 June 2014

#### **ACHIEVEMENT AND PERFORMANCE**

#### Charitable activities

The charity venue was established when the lease of a large building was acquired rent free in lieu of the charity incurring expenditure to make the building fit for its purpose. With a great deal of help from volunteers, 2010 saw the creation of a charity shop, a work room, sorting and recycling room, a book area and a small kitchen completed by March 2010.

Work then turned to creating a quiet haven for a coffee shop at the rear of the building where drinks and food are sold at slightly above wholesale prices. Once this was completed, attention was focused on the first floor "Tranquillity Room" and a "pamper room" for hospital patients.

The 'tranquillity room' continues to be used by various counselling groups including Cruse Bereavement, Pembrokeshire Counselling Services, the Pembrokeshire Breast Cancer Support Group and more recently Serin and church counsellors from CCFW.

In August we installed central heating into the building with two radiators per treatment room for our patients' comfort - in the past we have closed therapies down because of the extreme cold weather.

The studio/workshop at the rear of the building continues to be used by a sculptress, recovering from breast cancer who has set up workshops for patients. This proves very effective during the summer months for those patients who wish to partake in heavier and messier art and craft sessions. These sessions are weekly.

The charity has offered the studio to various artists to give more art therapy to patients and carers. The patients have utilised this facility to make such things as three-tier cake stands, drilling recycled old plates and either taking them home or offering them in the shop for sale.

The weekly 'Coffee Morning Talking shop' has continued allowing guests to give information to patients and carers on subjects close to their concerns as well as fun items.

The 'Bucketeers', a group of patients under the baton of a retired local teacher, have branched out into learning the popular instrument - the Ukulele, and meet regularly with another teacher on Fridays in our basement room, next to the sorting area.

The National Garden Association members adopted the area from the car park into our "secret garden" having donated many plants and bushes for this area This is an ongoing, very therapeutic activity and the garden is a delight in summer with all the birds that are encouraged to visit this little oasis of peace.

We have been joined by overseas students from Pembrokeshire College who attend one day a week to improve their English; some call in more than once - their presence is always welcome and the cross pollination of cultures adds another dimension to volunteers and patients interest alike.

This summer was especially lovely and the garden came into its own. The Tearoom spread into the garden very successfully. The volunteers expertly specialised in vegetarian food, gluten free, dairy free and other supportive diets for patients, carers and the general public alike.

This year we supported six patients and their families sadly towards their final days. During hospital stays we sent flowers and cards, visited them and when discharged our therapists carried out treatments in their homes. All of these patients were volunteers in the shop for a considerable time before their deaths. The young members of our volunteers coped exceedingly well with facing the loss of a loved fellow volunteer. 50% of our volunteers are patients that start by attending our coffee morning and having free treatments. We are a family!

## REPORT OF THE TRUSTEES for the Year Ended 30 June 2014

#### **ACHIEVEMENT AND PERFORMANCE**

#### Plans for future periods

As the renovating is drawing to an end, the charity is concentrating on more specialist training for their therapists who work weekly in the venue. There are three fully qualified therapists dealing with massage and pain relief, a podiatrist, a beautician and several counsellors who see patients in their homes or the hospital if they are unable to make their appointments at the charity's venue.

Every year our founder (Chris Evans-Thomas) has been asked to attend various organisations and clubs to talk about the work that is carried out in the venue and the ongoing state of play in regard to the Hospital Situation. She has attended many meetings with the Hywel Dda Local Health Board in regard to the proposed new Cancer Care Day Unit. It is hoped that the long awaited building will reach fruition in the next 18 months. Her work in this area has been recognised by the awarding of an MBE earlier in the year.

Our future plans in 2015 are to make more use of the studio in the summer months by moving the successful "Coffee Morning" into this room. Guest speakers and relaxation techniques (i.e. Gong Baths) can be continued in the afternoon. This will free our three rooms upstairs for training purposes at least one or twice a month. We want to offer MTI Training Sessions to our therapists as well as other therapists dealing with cancer patients in our county. We would like to liase closer with other Cancer support charities to deliver a more effective blanket of services.

#### FINANCIAL REVIEW

#### Reserves policy

The end of the period saw financial reserves standing at £199,755, with income exceeding expenditure by £9,714.

It is currently the policy of the charity to maintain reserves at a level which equates to approximately 12 months expenditure in order that the charity can continue to function if sources of income decrease.

#### Principal funding sources

The charity has a high profile within the local area. Principle funding sources come from donations, from local fundraising events as well as realisation of donated goods within the charity shop.

Approved by order of the board of trustees on 27 March 2015 and signed on its behalf by:

Ms C M A Hewitson - Trustee

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

I report on the accounts for the year ended 30 June 2014 set out on pages six to ten.

#### Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

#### Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

#### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mrs Christina Rogers

L M Griffiths & Co Limited

Chartered Certified Accountants

Walden House

4 Goat Street

Haverfordwest

Pembrokeshire

**SA61 1PX** 

Date:

Page 5

# STATEMENT OF FINANCIAL ACTIVITIES for the Year Ended 30 June 2014

|   |       | Unrestricted<br>fund | Restricted<br>fund | 2014<br>Total<br>funds | 2013<br>Total<br>funds |
|---|-------|----------------------|--------------------|------------------------|------------------------|
|   | Notes | £                    | £                  | £                      | £                      |
| INCOMING RESOURCES                            |       |                      |                    | •                      |                        |
| Incoming resources from generated funds       |       |                      |                    |                        | •                      |
| Voluntary income                              |       | 12,478               | -                  | 12,478                 | 12,083                 |
| Incoming resources from charitable activities |       |                      |                    |                        | • :                    |
| Charity shop & facilities                     |       | 42,134               | -                  | 42,134                 | . 29,474               |
| Other incoming resources                      |       | 73                   | <u>-</u>           | 73                     |                        |
| Total incoming resources                      |       | 54,685               | -                  | 54,685                 | 41,629                 |
| RESOURCES EXPENDED Charitable activities      |       |                      |                    |                        |                        |
| Charity shop & facilities                     |       | 44,191               |                    | 44,191                 | 40,162                 |
| Governance costs                              |       | 780                  | -                  | 780                    | 756                    |
| Total resources expended                      |       | 44,971               | -                  | 44,971                 | 40,918                 |
|   |       |                      | ·                  |                        |                        |
| NET INCOMING RESOURCES                        |       | 9,714                | -                  | 9,714                  | 711                    |
| RECONCILIATION OF FUNDS                       |       |                      |                    |                        |                        |
| Total funds brought forward                   |       | 190,041              | -                  | 190,041                | 189,330                |
| TOTAL FUNDS CARRIED FORWARD                   |       | 100.755              |                    | 100.755                | 100.041                |
| TOTAL FUNDS CARRIED FORWARD                   |       | 199,755              | <del></del>        | 199,755                | 190,041                |

#### BALANCE SHEET At 30 June 2014

|   |       | Unrestricted<br>fund | Restricted<br>fund | 2014<br>Total<br>funds | 2013<br>Total<br>funds |
|---|-------|----------------------|--------------------|------------------------|------------------------|
|   | Notes | £                    | £                  | £                      | £                      |
| FIXED ASSETS Tangible assets                  | 5     | 43,011               | -                  | 43,011                 | 40,343                 |
| CURRENT ASSETS Cash at bank and in hand       |       | 158,274              | -                  | 158,274                | 152,206                |
| CREDITORS Amounts falling due within one year | 6     | (1,530)              | •                  | (1,530)                | (2,508)                |
| NET CURRENT ASSETS                            |       | 156,744              |                    | 156,744                | 149,698                |
| TOTAL ASSETS LESS CURRENT LIABILITIES         | 3     | 199,755              | -                  | 199,755                | 190,041                |
| NET ASSETS                                    |       | 199,755              | <del> </del>       | 199,755                | 190,041                |
| FUNDS Ligrestricted funds                     | 7     |                      |                    | 199 755                | 190 041                |
| TOTAL FUNDS                                   |       |                      | •                  | 199,755                | 190,041                |
| Unrestricted funds  TOTAL FUNDS               |       |                      |                    | 199,755                | 190,04                 |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2014.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 June 2014 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Trustees on 27 March 2015 and were signed on its behalf by:

Ms C M A Hewitson -Trustee

The notes form part of these financial statements

## Notes to the Financial Statements for the Year Ended 30 June 2014

#### 1. ACCOUNTING POLICIES

#### Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

#### **Incoming resources**

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

#### Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

#### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property

- 5% on cost

Plant and machinery

- 15% on reducing balance

Computer equipment

- 25% on cost

#### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

#### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### 2. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

|                             | 2014  | 2013   |
|-----------------------------|-------|--------|
|                             | £     | £      |
| Depreciation - owned assets | 4,597 | 12,564 |
|                             |       |        |

#### 3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2014 nor for the year ended 30 June 2013.

#### Trustees' expenses

There were no trustees' expenses paid for the year ended 30 June 2014 nor for the year ended 30 June 2013.

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED for the Year Ended 30 June 2014

### 4. STAFF COSTS

| Wages and salaries  | 2014<br>£<br>15,756 | 2013<br>£<br>4,002 |
|---|---------------------|--------------------|
| The average monthly number of employees during the year was as follows: |                     |                    |
|   | 2014<br>1           | 2013               |

No employees received emoluments in excess of £60,000.

## 5. TANGIBLE FIXED ASSETS

|                 | Improvements<br>to property<br>£ | Plant and<br>machinery<br>£ | Fixtures and fittings £ | Computer equipment £ | Totals<br>£ |
|-----------------|----------------------------------|-----------------------------|-------------------------|----------------------|-------------|
| COST            |                                  |                             |                         |                      |             |
| At 1 July 2013  | 51,663                           | 5,070                       | 7,613                   | 2,511                | 66,857      |
| Additions       | 5,255                            | 150                         | 1,380                   | 480                  | 7,265       |
| At 30 June 2014 | 56,918                           | 5,220                       | 8,993                   | 2,991                | 74,122      |
| DEPRECIATION    | • .                              |                             |                         |                      |             |
| At 1 July 2013  | 20,592                           | 1,898                       | 2,253                   | 1,771                | 26,514      |
| Charge for year | 2,609                            | 515                         | 976                     | 497                  | 4,597       |
| At 30 June 2014 | 23,201                           | 2,413                       | 3,229                   | 2,268                | 31,111      |
| NET BOOK VALUE  |                                  |                             |                         |                      |             |
| At 30 June 2014 | 33,717                           | 2,807                       | 5,764                   | 723                  | 43,011      |
| At 30 June 2013 | 31,071                           | 3,172                       | 5,360                   | 740                  | 40,343      |

## 6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

|                              |   | 2014  | 2013  |
|------------------------------|---|-------|-------|
|                              |   | £     | £     |
| Taxation and social security |   | 750   | 1,002 |
| Other creditors              |   | 780   | 1,506 |
|                              |   |       |       |
|                              | • | 1,530 | 2,508 |
| •                            |   |       |       |

## NOTES TO THE FINANCIAL STATEMENTS - CONTINUED for the Year Ended 30 June 2014

#### 7. MOVEMENT IN FUNDS

|  | At 1.7.13          | Net movement<br>in funds<br>£ | At 30.6.14        |
|--|--------------------|-------------------------------|-------------------|
| Unrestricted funds   |                    | -                             | ~                 |
| General fund   | 190,041            | 9,714                         | 199,755           |
|  |                    |                               | <del></del> , ,   |
| TOTAL FUNDS  | 190,041            | 9,714                         | 199,755           |
|  | <del></del>        |                               |                   |
| Net movement in funds, included in the above are as follows: |                    |                               |                   |
|  | Incoming resources | Resources<br>expended<br>£    | Movement in funds |
| Unrestricted funds   |                    | ~                             | ~                 |
| General fund   | 54,685             | (44,971)                      | 9,714             |
|  |                    |                               |                   |
|  |                    |                               |                   |

#### 8. OTHER FUNDS

Hywel Dda Health Board currently hold funds for Adam's Bucketful of Hope as well as other charitable funds for Ward 10 and CDU. These are believed to be approximately £0.5 million in total and have been ring fenced for cancer services in Pembrokeshire.

The Health Board have acknowledged that the publicity created by the charity has created additional income to the Ward 10 and CDU funds.

The funds are not disclosed in these accounts but are held by the Health Board in separate funds.

# DETAILED STATEMENT OF FINANCIAL ACTIVITIES for the Year Ended 30 June 2014

|  | 2014<br>£     | 2013<br>£    |
|--|---------------|--------------|
| INCOMING RESOURCES   |               |              |
| Volume   |               |              |
| Voluntary income Donations   | 12,478        | 11,633       |
| Donation - South Hook LNG  | 12,470        | 450          |
| •  |               |              |
|  | 12,478        | 12,083       |
| Incoming resources from charitable activities                          |               |              |
| Sale of donated goods  | 40,579        | 28,230       |
| Cafe income  | 1,555         | 1,244        |
|  | 42,134        | 29,474       |
|  | , -           |              |
| Other incoming resources Bank interest received                        | 73            | 72           |
| Saint interest received  |               |              |
| Total incoming resources   | 54,685        | 41,629       |
| RESOURCES EXPENDED   |               |              |
|  |               |              |
| Charitable activities  | 15 756        | 4.002        |
| Wages<br>Rates and water   | 15,756<br>305 | 4,002<br>326 |
| Insurance  | 311           | 265          |
| Light and heat   | 3,239         | 2,264        |
| Telephone  | 915           | 1,304        |
| Postage and stationery   | 597           | 775          |
| Sundries   | 795           | 270          |
| Repairs & renewals   | 1,940         | 1,532        |
| Cleaning   | 215           | 301          |
| Motor expenses   | -             | 50           |
| Cafe purchases   | 2,645         | 2,634        |
| Professional fees  | <del>-</del>  | 57           |
| Therapists   | 8,960         | 6,498        |
| Podiatrist   | 1,360         | 1,280        |
| Volunteer welfare  | 741           | 719          |
| Beauty purchases   | 345           | 190          |
| Therapy room   | 451           | 838          |
| Gong bath  | 540           | 160          |
| Art therapy  | 480           | 4,134        |
| Depreciation of improvements to property                               | 2,609         | 10,455       |
| Depreciation of plant & machinery                                      | 514           | 536          |
| Depreciation of fixtures & fittings Depreciation of computer equipment | 975<br>498    | 945<br>627   |
|  |               |              |
|  | 44,191        | 40,162       |

# DETAILED STATEMENT OF FINANCIAL ACTIVITIES for the Year Ended 30 June 2014

|                              | 2014<br>£ | 2013<br>£ |
|------------------------------|-----------|-----------|
| Governance costs Accountancy | 780       | 756       |
| Total resources expended     | 44,971    | 40,918    |
| Net income                   | 9,714     | 711       |