

REGISTERED COMPANY NUMBER: 07068880 (England and Wales)
REGISTERED CHARITY NUMBER: 1136641

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR
ENDED 30 JUNE 2016
FOR
ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED**



L M Griffiths & Co Limited
Chartered Certified Accountants
1&2 Merlins Court
Winch Lane
Haverfordwest
Pembrokeshire
SA61 1SB

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

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for the Year Ended 30 June 2016

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ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

REPORT OF THE TRUSTEES for the Year Ended 30 June 2016

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2016. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (the FRSSE) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims for the Public Benefit

The charity's objectives are to relieve sickness and preserve the physical and mental health of cancer patients and their carers in South Wales by providing or assisting in the provision of equipment, facilities and services not normally provided by the statutory authorities, in particular but not exclusively through the provision of support, information and complimentary therapies including Reiki and Indian Head Massage.

The trustees confirm that they have complied with the duty of section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charity Commission. This guidance has been referred to when reviewing the Charity's aims and objectives in planning future activities.

Volunteers

The shop and cafe are manned by volunteers. The value of any voluntary help is not included in the accounts.

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

REPORT OF THE TRUSTEES for the Year Ended 30 June 2016

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The charity venue was established when the lease of a large building was acquired rent free in lieu of the charity incurring expenditure to make the building fit for its purpose. With a great deal of help from volunteers, 2010 saw the creation of a charity shop, a work room, sorting and recycling room, a book area and a small kitchen.

Work then turned to creating a quiet haven for a coffee shop at the rear of the building where drinks and food are sold at slightly above wholesale prices. Once this was completed, attention was focused on the first floor "tranquillity room" and a "pamper room" for hospital patients. These have now been renamed the "Blue Room" and the "Pink Room".

The 'tranquillity room' or 'Blue Room' continues to be used by various counselling groups including Cruse Bereavement, Pembrokeshire Counselling Services, the Pembrokeshire Breast Cancer Support Group and more recently Serin and church counsellors from CCFW.

The 'Pink Room' is used by our beauty therapists and our podiatrist and this year we have installed a much needed new storage area of cupboards and drawer units with two sinks, one for normal use and one for sterilisation use.

The Third room for therapists is called the "Yellow Room" and it continues to be used to offer lymphoedema massage etc. Patients receive different massages with the sole purpose of relieving pain and encouraging a good night's sleep.

The installation of central heating into the building last year with two radiators per treatment room has made a difference to the comfort of patients and staff alike - in the past we have closed therapies down because of the extreme cold weather.

The studio/workshop at the rear of the building continues to be used by all of our patients. This proves very effective during the summer months for those patients who wish to partake in heavier and messier art and craft sessions. These sessions are weekly. We have a problem in the winter months as again the roof is made of zinc and at times it is too cold to work in there.

The charity continues to offer the studio to various artists to give more art therapy to patients and carers. For example, the patients have utilised this facility to make such things as three-tier cake stands, drilling recycled old plates and either taking them home or offering them in the shop for sale.

When it is particularly hot, the very successful coffee mornings (Talking Shop) are held in the studio spreading out into the garden. We have continued allowing guests to give information to patients and carers on subjects close to their concerns as well as fun items and little "concerts" in the sunshine. These days have proved to be very popular and the numbers continue to increase.

The 'Bucketeers', a group of patients under the baton of a retired local teacher, have branched out into learning the popular instrument, the Ukulele, and meet regularly with another teacher on Fridays in our basement room, next to the sorting area. This group continues to go from strength to strength.

Overseas students from Pembrokeshire College continue to attend one day a week to improve their English; some call in more than once - their presence is always welcome and the cross pollination of cultures adds another dimension to volunteers and patients interest alike.

The local schools contact us to place their 15 and 16 year old students in our venue for work experience and, this year alone, we have hosted 16 Duke of Edinburgh students compared with seven last year.

Local gardening club members adopted the area from the car park into our "secret garden" having donated many plants and bushes for this area. This is an ongoing, very therapeutic activity and the garden is a delight in summer with all the birds that are encouraged to visit this little oasis of peace.

The Tearoom has spread into the garden very successfully. The volunteers expertly specialise in vegetarian food, gluten free, dairy free and other supportive diets for patients, carers and the general public alike.

This year we supported seven patients and their families sadly towards their final days. During hospital stays we send flowers and cards, visit them and when discharged our therapists carry out treatments in their homes. All of these patients were volunteers in the shop for a considerable time before their deaths. Many of our volunteers are patients that start by attending our coffee morning and having free treatments.

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

REPORT OF THE TRUSTEES for the Year Ended 30 June 2016

ACHIEVEMENT AND PERFORMANCE

Charitable activities

They move into recovery and either drop away restoring normal family life and putting the cancer years behind them if they are fairly young with a family to look after or they forge long and lasting friendships and become part of the Bucketful 'family'. We have noticed that our patient volunteers are falling more and more into the over 60's bracket.

Work on the fabric of the building has come to an end and now the day to day running continues to tick over like a well oiled machine. The charity is still concentrating on more specialist training for its therapists who regularly operate in the venue. There are three fully qualified therapists dealing with massage and pain relief, a podiatrist, two beauticians and several counsellors who see patients in their homes or the hospital if they are unable to make their appointments at the charity's venue.

Every year our founder (Chris Evans-Thomas) has been asked to attend various organisations to talk about the work that is carried out in the venue and the ongoing state of play with regard to the 'Hospital Situation'. She has continued to attend many meetings with Hywel Dda University Health Board with regard to the proposed new Cancer Care Day Unit.

Our Coffee Morning and volunteer group became a "Focus Group" attending monthly meetings with the Local Health Board and they were encouraged to partake in the planning of the new unit.

The pressure applied by our patients on the Health Board to reach some conclusion with regard to the proposed new Unit was finally successful when a statement was made announcing the completion date for the new unit as January 2017.

Chris' work in this area was recognised by the awarding of an M.B.E.

Haematology and oncology day unit

As well as supporting cancer sufferers, the charity has fought hard for many years to try and save cancer services at our local hospital. Hywel Dda University Health Board finally announced that building work on the new chemotherapy day unit at Withybush Hospital would start on 4th July 2016.

On Saturday 28th January 2017, the new state of the art unit was opened by HM Lord-Lieutenant of Dyfed, Sara Edwards. It is now known as the haematology and oncology day unit. This was a very proud day for the charity especially as it had also contributed £150,000 towards the project so that equipment and facilities could be upgraded beyond what would otherwise have been the case.

Plans for future periods

Our future plans in 2017 following the completion of the new unit are to make more use of the studio by eventually putting a new solid roof with velux windows in on the body of the building and extending the heating into this area. This will free our three rooms upstairs for training purposes at least once or twice per month.

We hope to move the contents of one of the rooms upstairs to make an upstairs bathroom and toilet for our patients following the work intended for the studio.

We have run three very successful MTI Sessions for our therapists as well as other therapists dealing with cancer patients in our county.

We would like to liaise closer with other cancer support charities to deliver a more effective blanket of services.

We would also like to work much closer with the hospital lymphoedema department in preventative support to breast cancer patients.

MacMillan's have taken our brochures and are now sending them out to all Pembrokeshire patients.

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

REPORT OF THE TRUSTEES for the Year Ended 30 June 2016

FINANCIAL REVIEW

Reserves policy

The end of the period saw financial reserves standing at £202,142 (2015 - 198,872), with income exceeding expenditure by £3,270 (2015 - net expenditure of £883).

After the year-end, £150,000 was contributed to the new haematology and oncology day unit and reserves have therefore decreased by a corresponding amount.

It is currently the policy of the charity to maintain reserves at a level which equates to approximately 12 months expenditure in order that the charity can continue to function if sources of income decrease.

Principal funding sources

The charity has a high profile within the local area. Principle funding sources come from donations, from local fundraising events as well as realisation of donated goods within the charity shop.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Adam's Bucketful of Hope Appeal Limited charity was incorporated on 6th November 2009 under the Companies Act 2006 as a private company limited by guarantee (Company Number 07068880). It was also registered as a charity on 29 June 2010 with the Charity Commission for England and Wales (Charity Number 1136641). It is governed by its memorandum and articles amended by resolution on 25 May 2010.

Recruitment and appointment of new trustees

The trustees welcome new trustees or members who can assist with the development of the company. New appointees receive support and guidance from their fellow trustees.

Induction and training of new trustees

New trustees are briefed on their legal obligations under charity and company law, and the content of the Memorandum and Articles of Association. They are also given the opportunity to meet employees and other trustees.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07068880 (England and Wales)

Registered Charity number

1136641

Registered office

11 Dew Street
Haverfordwest
Pembrokeshire
SA61 1ST

Trustees

Ms J Lewis
Ms C Norgrove
Ms C M A Hewitson
Mr J H Bell
Ms E A Tadman - appointed 3.11.15

Company Secretary

Ms C Evans-Thomas

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

**REPORT OF THE TRUSTEES
for the Year Ended 30 June 2016**

REFERENCE AND ADMINISTRATIVE DETAILS

Independent examiner

L M Griffiths & Co Limited
Chartered Certified Accountants
1&2 Merlins Court
Winch Lane
Haverfordwest
Pembrokeshire
SA61 1SB

COMMENCEMENT OF ACTIVITIES

Adam Evans-Thomas embarked on a fundraising mission during his fight against leukaemia. His doctor was described as giving a "thimbleful of bad news in a bucketful of hope".

Sadly, Adam died but the charity was formed and his work was continued by his mother together with other volunteers.

The charitable company was incorporated on 6 November 2009 and the charity shop was opened on 1 December 2009.

Prior to incorporation, the group had been actively fundraising for a number of years as an unincorporated entity under the umbrella of the local health board.

Approved by order of the board of trustees on 28/3/17 and signed on its behalf by:

LSA Tedman
Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED**

I report on the accounts for the year ended 30 June 2016 set out on pages seven to thirteen.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (the FRSSE) (effective 1 January 2015)

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mrs Christina Rogers
L M Griffiths & Co Limited
Chartered Certified Accountants
1&2 Merlins Court
Winch Lane
Haverfordwest
Pembrokeshire
SA61 1SB

Date: 28/3/17

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 30 June 2016**

	Notes	Unrestricted fund £	Restricted fund £	2016 Total funds £	2015 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		19,800	-	19,800	14,976
Charitable activities					
Charity shop & facilities		33,889	-	33,889	33,454
Other income		189	-	189	74
Total		53,878	-	53,878	48,504
EXPENDITURE ON					
Charitable activities					
Charity shop & facilities		50,608	-	50,608	49,387
NET INCOME/(EXPENDITURE)		3,270	-	3,270	(883)
RECONCILIATION OF FUNDS					
Total funds brought forward		198,872	-	198,872	199,755
TOTAL FUNDS CARRIED FORWARD		202,142	-	202,142	198,872

The notes form part of these financial statements

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

BALANCE SHEET At 30 June 2016

	Notes	Unrestricted fund £	Restricted fund £	2016 Total funds £	2015 Total funds £
FIXED ASSETS					
Tangible assets	6	43,949	-	43,949	45,194
CURRENT ASSETS					
Debtors	7	-	-	-	348
Cash at bank and in hand		159,783	-	159,783	154,896
		<u>159,783</u>	<u>-</u>	<u>159,783</u>	<u>155,244</u>
CREDITORS					
Amounts falling due within one year	8	(1,590)	-	(1,590)	(1,566)
NET CURRENT ASSETS		<u>158,193</u>	<u>-</u>	<u>158,193</u>	<u>153,678</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>202,142</u>	<u>-</u>	<u>202,142</u>	<u>198,872</u>
NET ASSETS		<u>202,142</u>	<u>-</u>	<u>202,142</u>	<u>198,872</u>
FUNDS	9				
Unrestricted funds				202,142	198,872
TOTAL FUNDS				<u>202,142</u>	<u>198,872</u>

The notes form part of these financial statements

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

BALANCE SHEET - CONTINUED

At 30 June 2016

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2016.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 June 2016 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

The financial statements were approved by the Board of Trustees on 28/3/17 and were signed on its behalf by:

E.A. T. Dancy

Trustee

The notes form part of these financial statements

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 30 June 2016

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company have been prepared in accordance with the Charities SORP (FRSSE) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (the FRSSE) (effective 1 January 2015)', the Financial Reporting Standard for Smaller Entities (effective January 2015) and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	- 5% on cost
Plant and machinery	- 15% on reducing balance
Computer equipment	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2016	2015
	£	£
Depreciation - owned assets	<u>4,955</u>	<u>5,018</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2016 nor for the year ended 30 June 2015.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 June 2016 nor for the year ended 30 June 2015.

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 30 June 2016

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2016	2015
	1	1
	<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	14,976	-	14,976
Charitable activities			
Charity shop & facilities	33,454	-	33,454
Other income	<u>74</u>	<u>-</u>	<u>74</u>
Total	48,504	-	48,504
 EXPENDITURE ON			
Charitable activities			
Charity shop & facilities	<u>49,387</u>	<u>-</u>	<u>49,387</u>
Total	49,387	-	49,387
 NET INCOME/(EXPENDITURE)	(883)	-	(883)
 RECONCILIATION OF FUNDS			
Total funds brought forward	199,755	-	199,755
 TOTAL FUNDS CARRIED FORWARD	<u>198,872</u>	<u>-</u>	<u>198,872</u>

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 30 June 2016

6. TANGIBLE FIXED ASSETS

	Improvements to property £	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
COST					
At 1 July 2015	62,312	6,560	9,460	2,991	81,323
Additions	2,977	248	485	-	3,710
	<u>65,289</u>	<u>6,808</u>	<u>9,945</u>	<u>2,991</u>	<u>85,033</u>
At 30 June 2016					
DEPRECIATION					
At 1 July 2015	26,316	3,035	4,163	2,615	36,129
Charge for year	3,265	566	868	256	4,955
	<u>29,581</u>	<u>3,601</u>	<u>5,031</u>	<u>2,871</u>	<u>41,084</u>
At 30 June 2016					
NET BOOK VALUE					
At 30 June 2016	<u>35,708</u>	<u>3,207</u>	<u>4,914</u>	<u>120</u>	<u>43,949</u>
At 30 June 2015	<u>35,996</u>	<u>3,525</u>	<u>5,297</u>	<u>376</u>	<u>45,194</u>

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2016 £	2015 £
Trade debtors	-	348

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2016 £	2015 £
Taxation and social security	750	750
Other creditors	840	816
	<u>1,590</u>	<u>1,566</u>

9. MOVEMENT IN FUNDS

	At 1.7.15 £	Net movement in funds £	At 30.6.16 £
Unrestricted funds			
General fund	198,872	3,270	202,142
TOTAL FUNDS	<u>198,872</u>	<u>3,270</u>	<u>202,142</u>

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 30 June 2016

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	53,878	(50,608)	3,270
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>53,878</u>	<u>(50,608)</u>	<u>3,270</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2016.

ADAM'S BUCKETFUL OF HOPE APPEAL LIMITED
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 30 June 2016

	2016 £	2015 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	19,800	14,976
Charitable activities		
Sale of donated goods	33,498	32,350
Cafe income	391	1,104
	<u>33,889</u>	<u>33,454</u>
Other income		
Bank interest received	189	74
Total incoming resources	<u>53,878</u>	<u>48,504</u>
EXPENDITURE		
Charitable activities		
Wages	15,000	15,001
Rates and water	242	417
Insurance	357	357
Light and heat	1,003	1,690
Telephone	865	194
Postage and stationery	784	421
Advertising	1,797	1,433
Sundries	752	896
Repairs & renewals	3,659	1,642
Cleaning	910	576
Cafe purchases	2,105	1,345
Professional fees	61	57
Therapists	14,891	15,727
Volunteer welfare	791	289
Christmas ball	1,598	289
Book launch	-	3,218
Depreciation of improvements to property	3,264	3,116
Depreciation of plant & machinery	566	622
Depreciation of fixtures & fittings	867	935
Depreciation of computer equipment	256	346
	<u>49,768</u>	<u>48,571</u>
Support costs		
Governance costs		
Accountancy fees	840	816
Total resources expended	<u>50,608</u>	<u>49,387</u>
Net income/(expenditure)	<u><u>3,270</u></u>	<u><u>(883)</u></u>

This page does not form part of the statutory financial statements