Registered Number 07034397

A Fresh Start Ltd

Abbreviated Accounts

30 September 2010

Company Information

Registered Office:
The Howarth Armsby Suite
New Broad Street House
35 New Broad Street
London
EC2M 1NH

Reporting Accountants:
Howarth Armsby

New Broad Street House
35 New Broad Street
London
EC2M 1NH

A Fresh Start Ltd **Registered Number 07034397**

Balance Sheet as at 30 September 2010

	Notes	2010	
		£	£
Fixed assets			
Tangible	2		5,625
			5,625
Current assets			
Cash at bank and in hand		339	
Total current assets		339	
Creditors: amounts falling due within one year		(5,859)	
Net current assets (liabilities)			(5,520)
Total assets less current liabilities			105
Total net assets (liabilities)			105
Capital and reserves			
Called up share capital	3		1
Profit and loss account			104
Shareholders funds			105

a. For the year ending 30 September 2010 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 29 June 2011

And signed on their behalf by:
R Bessim, Director
R P Kelly, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the Abbreviated Accounts

For the year ending 30 September 2010

1 **Accounting policies**

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery	25% on reducing balance
Motor vehicles	25% on reducing balance

2 **Tangible fixed assets**

	Total
Cost	**£**
Additions	7,500
At 30 September 2010	7,500
Depreciation	
Charge for year	1,875
At 30 September 2010	1,875
Net Book Value	
At 30 September 2010	5,625

3 **Share capital**

	2010
	£

Allotted, called up and fully paid:	
1 Ordinary Shares shares of £1 each	1