

Company Registration No. 07024298 (England and Wales)

ABSOLUTE WELLBEING LTD
UNAUDITED ABBREVIATED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2015

ABSOLUTE WELLBEING LTD

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ABSOLUTE WELLBEING LTD

ABBREVIATED BALANCE SHEET

AS AT 30 SEPTEMBER 2015

	Notes	2015 £	£	2014 £	£
Current assets					
Debtors		2,772		3,224	
Cash at bank and in hand		16,993		23,071	
		<u>19,765</u>		<u>26,295</u>	
Creditors: amounts falling due within one year		<u>(20,588)</u>		<u>(26,343)</u>	
Total assets less current liabilities			(823)		(48)
Capital and reserves					
Called up share capital	2		100		100
Profit and loss account			(923)		(148)
Shareholders' funds			<u>(823)</u>		<u>(48)</u>

For the financial year ended 30 September 2015 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These abbreviated financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the Board for issue on 29 June 2016

Mr M Candy

Director

Company Registration No. 07024298

ABSOLUTE WELLBEING LTD

NOTES TO THE ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 30 SEPTEMBER 2015

1 Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

1.2 Turnover

Turnover represents amounts receivable for goods and services net of VAT and trade discounts.

2 Share capital

	2015	2014
	£	£
Allotted, called up and fully paid		
100 Ordinary of £1 each	100	100
	<u> </u>	<u> </u>

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