In accordance with Section 854 of the Companies Act 2006

# **AR01**

#### **Annual Return**

(For returns made up to a date on or after 1 October 2011)



Companies House

A fee is payable with this form Please see 'How to pay' on the last page

You can use the WebFiling service to file this form online.

Please go to www companieshouse gov uk

What this form is for You may use this form to confirm that the company information is correct as at the date of this return You must file an Annual Return at least once every year

What this form is NOT for You cannot use this form to gi notice of changes to the comp officers, registered office addri company type or information relating to the company record



25/02/2014 **COMPANIES HOUSE** 

Part 1	Company details
	The section must be comple

Part 1	Company details				
	The section must be completed by all companies.	→ Filling in this form Please complete in typescript or in bold black capitals.			
		All fields are mandatory unless specified or indicated by *			
A1	Company details				
Company number	06996765	Company name change     If your company has recently			
Company name in full	144 SINCLAIR GAD LIMITED	changed its name, please provide the company name as at the date of this return			
A2.	Return date				
	Please give the annual return made up date The return date must not be a future date The annual return must be delivered within 28 days of the date given below	② Date of this return  Your company's return date  is usually the anniversary of incorporation or the anniversary			
	If you would like the company's made up date to be earlier than 1 October 2011, please complete the AR01 appropriate for earlier made up dates.	of the last annual return filed at Companies House You may choose			
Date of this return ②	27 011 /2/01/4	an earlier return date but it must not be a later date			
A3	Principal business activity				
	Please show the trade classification code number(s) for the principal activity or activities •	Principal business activity     You must provide a trade     classification code (SIC code 2007)			
Classification code 1	182990	or a description of your company's main business in this section			
Classification code 2		A full list of the trade classification codes are available on our website			
Classification code 3 Classification code 4		www.companieshouse.gov.uk			
Classification code 4	If you cannot determine a code, please give a brief description of your				
	business activity below				
Principal activity description					

#### **AR01** Annual Return (For returns made up to a date on or after 1 October 2011) Company type • Company type Please confirm your company type by ticking the appropriate box below (only If you are unsure of your company one box must be ticked) type, please check your latest Public limited company certificate of incorporation or our Private company limited by shares www.companieshouse.gov.uk Private company limited by guarantee Private company limited by shares exempt under section 60 Private company limited by guarantee exempt under section 60 Private unlimited company with share capital Private unlimited company without share capital **A5** Registered office address • OChange of registered office Building name/number This must agree with the address CARD SINCLAIR Street that is held on the Companies House record at the date of this return If the registered office address has LONDON changed, you should complete form Post town ADO1 and submit it together with County/Region this annual return **Postcode** 0 N Single alternative inspection location (SAIL) of the **A6** company records (if applicable) • Building name/number SAIL address This must agree with the address Street that is held on the Companies House record at the date of this return If the address has changed, you Post town should complete form AD02 and submit it together with this annual County/Region return **Postcode A7** Location of company records of Location of company records Please tick the appropriate box to indicate which records are kept at the SAIL If the company records are held at address in Section A6 the registered office address, do not Register of members tick any of the boxes in this section Register of directors. Certain records must be kept by Directors' service contracts every company while other records are only kept by certain company Directors' indemnities types where appropriate Register of secretaries. Records of resolutions etc If the records are not kept at the SAIL address, they must be available Contracts relating to purchase of own shares at the registered office. Documents relating to redemption or purchase of own share out of capital by private company If any of the company records have moved from the registered office Register of debenture holders.

Report to members of outcome of investigation by public company into

Instruments creating charges and register of charges England and Wales

Register of interests in shares disclosed to public company

Instruments creating charges and register of charges Scotland

interests in its shares

or Northern Ireland

П

CHFP000 10/11 Version 5 0

to the address in Section A6 since

complete form AD03 and submit it together with this annual return

the last annual return, you must

Annual Return
(For returns made up to a date on or after 1 October 2011)

Part 2	Officers of the company				
	This section should include details of the company at the date to which this annual return is made up  → For a secretary who is an individual, go to Section B1  → For a corporate secretary, go to Section C1  → For a director who is an individual, go to Section D1  → For a corporate director, go to Section E1	Continuation pages Please use a continuation page if you need to enter more officer details.			
Secretary					
B1	Secretary's details <sup>©</sup>				
	Please use this section to list all the secretaries of the company For a corporate secretary, complete Section C1-C4	• Secretary appointments  You may not use this form to appoint a secretary To do this,			
Title*	ML	please complete form AP03 and submit it together with this annual			
Full forename(s)	SAM HENLY	return			
Surname	WHITTAKER	Corporate details Please use Section C1-C4 to enter			
Former name(s) •		Secretary details All details must agree with those previously notified to Companies House if you have made changes since the last annual return and have not notified us, please complete form CH03  Former name(s) Please provide any previous names which have been used for business purposes during the period of this return Married women do not need to give former names unless previously used for business purposes.			
B2	Secretary's service address ®				
Building name/numbe	"THE COMPANY'S REGISTERED OFFICE"	Service address If you have previously notified			
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The			
Post town		<ul> <li>Company's Registered Office' in the address.</li> </ul>			
County/Region		This information will appear on the public record			
Postcode		publiciccory			
Country					

Annual Return (For returns made up to a date on or after 1 October 2011)

### **Corporate secretary**

C1	Corporate secretary's details •	
	Please use this section to list all the corporate secretaries of the company	O Corporate secretary appointments You cannot use this form to appoint
Corporate body/firm name		a corporate secretary To do this, please complete form APO4 and submit it together with this annual return
Building name/number		Corporate secretary details
Street		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have
Post town		not notified us, please complete form CH04
County/Region		This information will appear on the
Postcode		public record
Country		
C2	Location of the registry of the corporate body or firm	
	Is the corporate secretary registered within the European Economic Area (EEA)?  → Yes Complete Section C3 only  → No Complete Section C4 only	
C3	EEA companies ®	·
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	<b>⊘ EEA</b> A full list of countries of the EEA can be found in our guidance
Where the company/ firm is registered <b>®</b>		www.companieshouse.gov.uk  This is the register mentioned in Article 3 of the First Company Law
Registration number		Directive (68/151/EEC)
C4	Non-EEA companies	<u>,                                     </u>
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Non-EEA     Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
Legal form of the corporate body or firm		that register
Governing law		
If applicable, where the company/firm is registered ©		
If applicable, the registration number		

Annual Return (For returns made up to a date on or after 1 October 2011)

D1	Director's details •				
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4.	O Director appointments  You cannot use this form to appoint a director To do this, please			
Title*	MZ	complete form APO1 and submit it together with this annual return			
Full forename(s)	SAM HENLY	Corporate details			
Surname	WHITTAKEL	Please use Section E1-E4 to enter corporate director details.			
Former name(s) ❷		Director details  All details must agree with those previously notified to Companies			
Country/State of residence	UK	House If you have made changes since the last annual return and have not notified us, please			
Nationality	UK	complete form CH01			
Date of birth	26 69 11945	Please provide any previous names			
Business occupation (if any)	BMKEL	which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.			
D2	Director's service address®				
Building name/number	"THE COMPANY'S REUSTERED DIFFICE"	Service address If you have previously notified			
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the			
Post town		address.			
County/Region		This information will appear on the public record			
Postcode		F			
Country					

**Annual Return** 

(For returns made up to a date on or after 1 October 2011)

D1	Director's details •	
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4.	O Director appointments  You cannot use this form to appoint a director To do this, please
Title*	Mas	complete form APO1 and submit it together with this annual return
Full forename(s)	MARIA RE MAR	Corporate details
Surname	WHITTHERE	Please use Section E1-E4 to enter corporate director details.
Former name(s) 2	VOLE	Director details  All details must agree with those previously notified to Companies
Country/State of residence	UK	House If you have made changes since the last annual return and have not notified us, please
Nationality	UK / ITAZIAN / ARGENTINE	complete form CH01
Date of birth	122 10 7 119174	◆ Former name(s) Please provide any previous names
Business occupation (if any)	HOUSEWIFE	which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.
D2	Director's service address    Output  Director's service address   Output  Director'	<u> </u>
Building name/number	THE COMPANY'S EGISTELED OFFICE	Service address  If you have previously notified
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The
Post town	WNPON	Company's Registered Office' in the address.
County/Region		This information will appear on the public record
Postcode		public record
Country		_

Annual Return (For returns made up to a date on or after 1 October 2011)

## **Corporate director**

E1	Corporate director's details <sup>0</sup>			
Corporate body/firm	Please use this section to list all the corporate director's of the company	OCorporate director appointments You cannot use this form to appoint a corporate director To do this, please complete form APO2 and submit it together with this annual return		
Building name/number		Corporate director details All details must agree with those		
Street		previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete		
Post town		form CHO2		
County/Region		This information will appear on the public record		
Postcode				
Country				
E2	Location of the registry of the corporate body or firm			
_	Is the corporate director registered within the European Economic Area (EEA)?  → Yes Complete Section E3 only  → No Complete Section E4 only			
B	EEA companies®	<u> </u>		
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA  A full list of countries of the EEA can be found in our guidance		
Where the company/ firm is registered	www.companieshouse gov.uk  This is the register mentioned in Article 3 of the First Company Law			
Registration number		Directive (68/151/EEC)		
E4	Non-EEA companies			
_	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in		
Legal form of the corporate body or firm		that register		
Governing law	<u></u>			
If applicable, where the company/firm is registered •				
If applicable, the registration number				

**Annual Return** 

(For returns made up to a date on or after 1 October 2011)

Part 3	Statement of capital o					
				ould reflect the company's status at the made up date of qual return		
F1	Share capital in	pound sterling (	£)			
Please complete the ta If all your issued capita			id in pound sterling and then go to Section F4	<u> </u>		
Class of shares (E.g. Ordinary/Preference etc.	.)	Amount paid up on Amount (if any) unpaid Number each share   Number		Number of share	res 🖸	Aggregate nominal value 4
					_	£
						£
						£
						£
			Total	s		£
F2	Share capital in	other currencies		<u>·</u>		_ <del></del>
Please complete the ta Please complete a sep			in other currencies		***************************************	····
Currency	<u> </u>	·- <u>-</u> -				
Class of shares (E.g. Ordinary/Preference etc.)		Amount paid up on each share	Amount (if any) unpaid on each share	Number of sha	res 😉	Aggregate nominal value 😉
				<u>-</u>		
		<u> </u>	Total	<u> </u>		<u> </u>
			iotai	<u> </u>	<del></del>	
					<u> </u>	
Currency	<u> </u>					
Class of shares (E.g. Ordinary/Preference etc	.)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of sha	res <b>&amp;</b>	Aggregate nominal value 9
				<u> </u>		
					- · · · ·	
			Total	s	-	<u> </u>
F3	Totals					
	Please give the total issued share capital		d total aggregate nominal	value of	Please (	ggregate nominal value ist total aggregate values in
Total number of shares						t currencies separately For e £100 + €100 + \$10 etc.
Total aggregate nominal value 🏵		<u>-</u>				
<ul> <li>● Including both the nominal share premium</li> <li>● Total number of issued states</li> </ul>	-	Number of shares issue nominal value of each	share Ple	ontinuation Pagease use a Stater ige if necessary		tal continuation

**Annual Return** 

(For returns made up to a date on or after 1 October 2011)

F4	Statement of capital (Voting rights)				
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Sections F1 and F2				
Class of share					
Voting rights					
Class of share					
Voting rights					
Class of share		·			
Voting rights					
Class of share					
Voting rights					

Annual Return
(For returns made up to a date on or after 1 October 2011)

Part 4	Shareholders				
	Does your company have share capital?  → Yes go to Section G1 'Companies with share capital'  → No Go to Part 5 (Signature)				
G1	Companies with share capital	<del></del>			
Question 1	Were any of the company's shares admitted to trading on a market at any time during this return period? Please tick the appropriate box below •  No go to Section G2 'Past and present shareholders'  Yes go to Question 2	A market is one established under the rules of a UK recognised investment exchange or any other regulated markets in or outside of the UK, or any other market outside			
Question 2	Please only refer to Question 2 below if you have answered 'Yes' to Question 1 If you answered 'No', please go to Section G2 'Past and present shareholders'	of the UK The current UK recognized investment exchanges and regulated markets can be found at: www.fsa.gov.uk/register/exchanges.do			
	Did the company, throughout the return period, have any shares admitted to trading on a relevant market and was it, throughout the return period, an issuer to which DTR5 applies? Please tick the appropriate box below.  No go to Section G4 'Shareholders who hold at least 5% of any class of shares of the company as at the made up date of the return'.  Yes go to Part 5 'Signature'	DTR5 refers to the Vote Holder and Issuer Notification Rules contained in Chapter 5 of the Disclosure and Transparency Rules source book issued by the Financial Services Authority Notification is required when the percentage acquisition of a shareholder in the company has reached a certain threshold (starting 13%)			
G2	List of past and present shareholders ©				
	The company is required to provide a full list of past and present shareholders if one was not included with either of the last two returns. Please tick the appropriate box below  There were no shareholder changes in this period. Go to Part 5 (Signature)  A full list of shareholders is enclosed  A list of shareholder changes is enclosed	This section only applies to companies answering 'No' in Section G1			
	How is the list of shareholders enclosed. Please tick the appropriate box below:  The list of shareholders is enclosed on paper. Go to Section G3. 'List of past and present shareholders.'	1			
	The list of shareholders is enclosed in another format. Go to Part 5 (Signature)				

#### **Annual Return**

(For returns made up to a date on or after 1 October 2011)

G3

#### List of past and present shareholders O

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided.

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders

Please use a 'List of past and present shareholders' continuation page if necessary

This section only applies to companies answering 'No' to Question 1 in Section G1

l		Shares or stock currently held	Shares or stock transfer	red (If appropriate)
Shareholder's Name (Address not required)	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer
				1 1
				1 1
				1 1
				1 1
				l I
				, ,
				1 1
				, ,
				1 1
				1 1
				1 1
				, ,

Annual Return

(For returns made up to a date on or after 1 October 2011)

G4

#### Shareholders who hold at least 5% of any class of share(s) of the company as at the made up date of this return

This section should show only the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return

It should only be completed by companies that have answered 'Yes' to Question 1 in Section G1, and 'No' to Question 2 in Section G1

If there were no shareholders holding at least 5% of any class of share(s) at the date of this return, this section may be left blank

→ Go to Part 5 (Signature)

This section only applies to companies answering 'No' to Question 2 in Section G1

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders
Please use a 'Shareholders who hold
at least 5% of any class of share(s)
of the company as at the made up
date of this return' continuation

page if necessary

Shares or stock currently held Shareholder's name Class of share Shareholder's address Number of shares or amount of stock

Annual Return

(For returns made up to a date on or after 1 October 2011)

#### Signature Part 5 This must be completed by all companies. **⊕** Societas Europaea If the form is being filed on behalf I am signing this form on behalf of the company of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person Signature signing has membership. X Person authorised Under either section 270 or 274 of the Companies Act 2006 This form may be signed by Director O, Secretary, Person authorised O, Charity commission receiver and manager, CIC manager, Judicial factor

#### Annual Return

(For returns made up to a date on or after 1 October 2011)

## Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name	SAM	WHITTHREE
Company name	144	SINUAL GAD LTD
_		
Address	144	SINUAL DAD
Post town	MAR	an -
County/Region		
Postcode	Ü	140NL
Country	UK	<
DX		
Telephone		

#### ✓ Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following

- ☐ That if the made up date of the return is any earlier than 1 October 2011, you must complete the /appropriate form AR01
- The company name and number match the information held on the public Register
- You have completed your principal business activity
  You have not used this form to make changes to the
- registered office address.
  You have not used this form to make changes to secretary and director details.
- You have fully completed the Statement of capital (if applicable)
- You have signed the form
- ☑ You have enclosed the correct fee

#### Important information

Please note that all information on this form will appear on the public record

#### E How to pay

A fee of £40 is payable to Companies House in respect of an Annual Return

Make cheques or postal orders payable to 'Companies House'

#### ✓ Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland.
The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1

### Further information

For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk

In accordance with
Section 854 of the
Companies Act 2006

# AR01 - continuation page Annual Return

(For returns made up to a date on or after 1 October 2011)

D1	Director's details •	<u> </u>	
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	Ourector appointments  You cannot use this form to appoint a director To do this, please	
Title*	ms	complete form AP01 and submit it together with this annual return  Corporate details  Please use Section E1-E4 to enter corporate director details.  Director details  All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us, please	
Full forename(s)	SAMANTA		
Surname	Me even		
Former name(s) 🛮			
Country/State of residence	UK		
Nationality	UK / USA	complete form CH01	
Date of birth	1 9 10 4 1191610	Please provide any previous names	
Business occupation (if any)	AUTIUT	which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.	
D2	Director's service address®	<u> </u>	
Building name/number	144 SWCHIL ROM	Service address  If you have previously notified	
Street	TOP FLOOD FLAT	Companies House that the service address is at 'The Company's Registered Office', please state 'The	
Post town	Lollow	Company's Registered Office' in the address.	
County/Region		This information will appear on the public record	
Postcode	W14 0N2	public recolu	
Country	TUK		

In accordance with
Section 854 of the
Companies Act 2006

# AR01 - continuation page Annual Return

(For returns made up to a date on or after 1 October 2011)

D1	Director's details •	
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4.	O Director appointments You cannot use this form to appoint a director To do this, please
Title*	MC	complete form AP01 and submit it together with this annual return  Corporate details Please use Section E1-E4 to enter corporate director details.  Director details All details must agree with those previously notified to Companies House if you have made changes since the last annual return and have not notified us, please complete form CH01  Former name(s) Please provide any previous names
Full forename(s)	NICHOLAS	
Surname	10151	
Former name(s) •		
Country/State of residence	UK	
Nationality	UK	
Date of birth	10 8 119174	
Business occupation (if any)	MANAGEMENT CONSULTANT	which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.
D2	Director's service address®	
Building name/number	144 SINUAR FOAD	Service address  If you have previously notified
Street	KAT I	Companies House that the service
		Registered Office', please state 'The Company's Registered Office' in the address.  This information will appear on the public record
Post town	LONPON	
County/Region		
Postcode	W140NL	
Country	UK	