



Companies House

AR01 (ef)

Annual Return



Received for filing in Electronic Format on the: **12/09/2014**

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Company Name: **BODYFOOD LIMITED**

Company Number: **06996002**

Date of this return: **20/08/2014**

SIC codes: **47910**

Company Type: **Private company limited by shares**

Situation of Registered Office: **17 ST. ANNE'S SQUARE
MANCHESTER
M2 7PW**

Single Alternative Inspection Location (SAIL)

The address for an alternative location to the company's registered office for the inspection of registers is:

17 ST. ANN'S SQUARE
MANCHESTER
UNITED KINGDOM
M2 7PW

The following records have moved to the single alternative inspection location:

Register of members (section 114)
Register of directors (section 162)
Records of resolutions and meetings (section 358)

Officers of the company

Company Director **1**

Type: **Person**
Full forename(s): **MR JAMES**

Surname: **DUIGAN**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **05/10/1974** *Nationality:* **BRITISH**

Occupation: **TRAINER**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE ORDINARY SHARES IN ISSUE RANK EQUALLY. THE ORDINARY SHAREHOLDERS ARE ENTITLED TO VOTING RIGHTS OF ONE VOTE PER SHARE. THEY ARE ALSO ENTITLED TO DISTRIBUTIONS IN THE EVENT OF THE COMPANY BEING WOUND-UP.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 20/08/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : 60 ORDINARY shares held as at the date of this return
Name: JAMES DUIGAN

Shareholding 2 : 40 ORDINARY shares held as at the date of this return
Name: CHRISTIANE DUIGAN

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.