

REGISTERED NUMBER: 06995775 (England and Wales)

FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST AUGUST 2017
FOR
THE GOOD GYM

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST AUGUST 2017

	Page
Company Information	1
Balance Sheet	2
Notes to the Financial Statements	3
Report of the Accountants	5

THE GOOD GYM
COMPANY INFORMATION
FOR THE YEAR ENDED 31ST AUGUST 2017

DIRECTORS:

S B Greene
Ms R B L Marvel
P J Miller

SECRETARY:

I A Gormley

REGISTERED OFFICE:

Somerset House
Strand
London
WC2R 1LA

REGISTERED NUMBER:

06995775 (England and Wales)

ACCOUNTANTS:

S. Cobbin & Co Limited
Chartered Accountants
The Old Surgery
15a Station Road
Epping
Essex
CM16 4HG

BALANCE SHEET
31ST AUGUST 2017

	Notes	2017 £	2016 £
FIXED ASSETS			
Tangible assets	3	1,623	-
CURRENT ASSETS			
Debtors	4	31,250	-
Cash at bank		<u>109,654</u>	<u>132,591</u>
		140,904	132,591
CREDITORS			
Amounts falling due within one year	5	<u>(28,583)</u>	<u>(16,209)</u>
NET CURRENT ASSETS		<u>112,321</u>	<u>116,382</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>113,944</u>	<u>116,382</u>
RESERVES			
Income and expenditure account		<u>113,944</u>	<u>116,382</u>
		<u>113,944</u>	<u>116,382</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st August 2017.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st August 2017 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of
- (b) Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors on 31st May 2018 and were signed on its behalf by:

P J Miller - Director

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST AUGUST 2017

1. STATUTORY INFORMATION

The Good Gym is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to surplus or deficit on a straight line basis over the period of the lease.

THE GOOD GYM (REGISTERED NUMBER: 06995775)

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST AUGUST 2017

3. **TANGIBLE FIXED ASSETS**

	Office equipment £
COST	
Additions	<u>2,436</u>
At 31st August 2017	<u>2,436</u>
DEPRECIATION	
Charge for year	<u>813</u>
At 31st August 2017	<u>813</u>
NET BOOK VALUE	
At 31st August 2017	<u>1,623</u>

4. **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2017 £	2016 £
Other debtors	<u>31,250</u>	<u>-</u>

5. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2017 £	2016 £
Other creditors	<u>28,583</u>	<u>16,209</u>

THE GOOD GYM

REPORT OF THE ACCOUNTANTS TO THE DIRECTORS OF
THE GOOD GYM

The following reproduces the text of the report prepared for the directors in respect of the company's annual unaudited financial statements. In accordance with the Companies Act 2006, the company is only required to file a Balance Sheet. Readers are cautioned that the Income Statement and certain other primary statements and the Report of the Directors are not required to be filed with the Registrar of Companies.

As described on the Balance Sheet you are responsible for the preparation of the financial statements for the year ended 31st August 2017 set out on pages three to six and you consider that the company is exempt from an audit.

In accordance with your instructions, we have compiled these unaudited financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and information and explanations supplied to us.

S. Cobbin & Co Limited
Chartered Accountants
The Old Surgery
15a Station Road
Epping
Essex
CM16 4HG

31st May 2018

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.