



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



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*Company Name:* **MY FOODS UK LIMITED**

*Company Number:* **06985593**

*Date of this return:* **24/08/2010**

*SIC codes:* **5139**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **12A GOLDTHORPE INDUSTRIAL ESTATE  
GOLDTHORPE  
ROTHERHAM  
S63 9BL**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Corporate**  
*Name:* **ACCOUNTANCY & PAYROLL (UK) LTD**

*Registered or  
principal address:* **12A GOLDTHORPE INDUSTRIAL ESTATE  
COMMERCIAL ROAD, GOLDTHORPE  
ROTHERHAM  
UNITED KINGDOM  
S63 9BL**

## *European Economic Area (EEA) Company*

*Register Location:* **12A GOLDTHORPE IND ESTATE**  
*Registration Number:* **5053760**

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*Company Director*    ***I***

*Type:*                                **Person**

*Full forename(s):*                **MR IUMED**

*Surname:*                           **HASAN ADBULA**

*Former names:*

*Service Address:*                **55 DEPTFORD HIGH STREET  
LONDON  
UNITED KINGDOM  
SE8 4AD**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **10/11/1979**

*Nationality:*    **BRITISH**

*Occupation:*    **DIRECTOR**

## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>1</b>
		<i>Aggregate nominal value</i>	<b>1</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>0</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

EQUAL SHARES OF PROFIT OF SHAREHOLDING. EQUAL SHARES AT TERMINATION OF COMPANY. RIGHT TO VOTE IN PROPORTION OF SHARES.

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>1</b>
		<i>Total aggregate nominal value</i>	<b>1</b>

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 24/08/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1* : 1 ORDINARY shares held as at 2010-08-24  
*Name:* HASAN ABOULA

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.