



Companies House
— for the record —

AR01 (ef)

Annual Return



Received for filing in Electronic Format on the: **11/08/2010**

XW6ACMGN

Company Name: **ABC PSYKOLOGSPESIALIST RUNE FORSMO LIMITED**

Company Number: **06963218**

Date of this return: **15/07/2010**

SIC codes: **9999**

Company Type: **Private company limited by shares**

Situation of Registered Office: **VERDUN TRADE CENTRE PORTLAND HOUSE
LONDON
LONDON
ENGLAND
SW1E 5RS**

Officers of the company

Company Secretary 1

Type: **Corporate**
Name: **ASTON CORPORATE SECRETARIAL SERVICES LIMITED**

*Registered or
principal address:* **VERDUN TRADE CENTRE PORTLAND HOUSE
LONDON
LONDON
UNITED KINGDOM
SW1E 5RS**

European Economic Area (EEA) Company

Register Location: **ENGLAND**
Registration Number: **05632583**

Company Director ***I***

Type: **Person**
Full forename(s): **RUNE DAG**

Surname: **FORSMO**

Former names:

Service Address: **VERDUN TRADE CENTRE PORTLAND HOUSE
LONDON
LONDON
ENGLAND
SW1E 5RS**

Country/State Usually Resident: **NORWAY**

Date of Birth: **21/09/1958** *Nationality:* **NORWEGIAN**

Occupation: **COMPANY DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid</i>	0
		<i>Amount unpaid</i>	100

Prescribed particulars

A RESOLUTION PUT TO THE VOTE OF A GENERAL MEETING MUST BE DECIDED ON A SHOW OF HANDS UNLESS A POLL IS DULY DEMANDED IN ACCORDANCE WITH THE ARTICLES. NO OBJECTION MAY BE RAISED TO THE QUALIFICATION OF ANY PERSON VOTING AT A GENERAL MEETING EXCEPT AT THE MEETING OR ADJOURNED MEETING AT WHICH THE VOTE OBJECTED TO IS TENDERED, AND EVERY VOTE NOT DISALLOWED AT THE MEETING IS VALID. ANY SUCH OBJECTION MUST BE REFERRED TO THE CHAIRMAN OF THE MEETING, WHOSE DECISION IS FINAL. NO DIVIDEND MAY BE DECLARED OR PAID UNLESS IT IS IN ACCORDANCE WITH SHAREHOLDERS RESPECTIVE RIGHTS. UNLESS THE SHAREHOLDERS RESOLUTION TO DECLARE OR DIRECTORS DECISION TO PAY A DIVIDEND, OR THE TERMS ON WHICH SHARES ARE ISSUED, SPECIFY OTHERWISE, IT MUST BE PAID BY REFERENCE TO EACH SHAREHOLDERS HOLDING OF SHARES ON THE DATE OF THE RESOLUTION OR DECISION TO DECLARE OR PAY IT. IF THE COMPANYS SHARE CAPITAL IS DIVIDED INTO DIFFERENT CLASSES, NO INTERIM DIVIDEND MAY BE PAID ON SHARES CARRYING DEFERRED OR NON-PREFERRED RIGHTS IF, AT THE TIME OF PAYMENT, ANY PREFERENTIAL DIVIDEND IS IN ARREAR. THE DIRECTORS MAY PAY AT INTERVALS ANY DIVIDEND PAYABLE AT A FIXED RATE IF IT APPEARS TO THEM THAT THE PROFITS AVAILABLE FOR DISTRIBUTION JUSTIFY THE PAYMENT. IF THE DIRECTORS ACT IN GOOD FAITH, THEY DO NOT INCUR ANY LIABILITY TO THE HOLDERS OF SHARES CONFERRING PREFERRED RIGHTS FOR ANY LOSS THEY MAY SUFFER BY THE LAWFUL PAYMENT OF AN INTERIM DIVIDEND ON SHARES WITH DEFERRED OR NON-PREFERRED RIGHTS. SUBJECT TO THE ARTICLES, BUT WITHOUT PREJUDICE TO THE RIGHTS ATTACHED TO ANY EXISTING SHARE, THE COMPANY MAY ISSUE SHARES WITH SUCH RIGHTS OR RESTRICTIONS AS MAY BE DETERMINED BY ORDINARY RESOLUTION. THE COMPANY MAY ISSUE SHARES WHICH ARE TO BE REDEEMED, OR ARE LIABLE TO BE REDEEMED AT THE OPTION OF THE COMPANY OR THE HOLDER, AND THE DIRECTORS MAY DETERMINE THE TERMS, CONDITIONS AND MANNER OF REDEMPTION OF ANY SUCH SHARES.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 15/07/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : 100 ORDINARY shares held as at 2010-07-15

Name: FORSMO INVEST LIMITED

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.