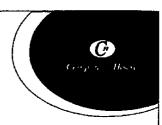
In accordance with Section 444 and 448 of the Companies Act 2006

# AA02

## Dormant company accounts (DCA)



	You can use the WebFiling service to file dormant company accounts online Please go to www.companieshouse.gov.uk		
1	What this is for You may use the AA02 'Dormant company accounts' (DCA) for accounting periods beginning on or after 6th April 2008 Please read the guidance in Section 6 A38	*ACSU2UDH* 23/05/2011 76 COMPANIES HOUSE	
1	Company details		
Company number	0 6 9 6 0 7 9 8	→ Filling in the DCA Please complete in typescript or in	
Company name in full	ABSOLUTELY FIT LIMITED	bold black capitals.	
		All fields are mandatory unless specified or indicated by *	
2	Date of balance sheet		
Date of balance sheet			
3	Accounts		
	Current Year	Previous Year	
	Called up share capital not paid £ 1	£0	
	Cash at bank and in hand	£0	
	Net assets £ 1	£ 0	
Issued share capital		0	
Ordinary shares	of £1 each 1	£0	
	Shareholders' fund	1 1 1	
	For the below year ending the company was entitled to exemption from audit		
	under section 480 of the Companies Act 2006 relating to dormant companies.		
For the year ending	3 1 0 7 1 10 TO		
	Director's responsibilities'  The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.  The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting periods and the preparation of accounts.  These accounts have been prepared in accordance with the provision applicable to companies subject to small companies' regime  Please tick the box if during the year the company acted as an agent for a person.		

### AA02

Dormant company accounts (DCA)

4	Date of approval of accounts •		
Approval of accounts	d 1 d 3 0 5 72 70 71 71	Please insert the date the accounts were approved by the board of directors	
5	Director's signature and name		
Signature	X A X		
Director's name	Manjit Singh Dol		
6	Guidance		
	This guidance is on preparing dormant company accounts for a company limited by shares where its only transaction is the issue of subscriber shares and the company is not a subsidiary: for financial years beginning on or after 6th April 2008	Please Note The total of Net Assets should equal the total of Shareholders' Funds  - The DCA is only suitable for dormant companies where the company's only transaction is one mentioned in 'a' above and the company is not a subsidiary  - Do not use the DCA if your company is a charity or is limited by guarantee or has no shares.  - Do not use the DCA if preparing accounts in accordance with International Accounting Standards (IAS)	
	The attached template for dormant company accounts is only suitable for those companies limited by shares which have never traded and where the only transaction entered into the accounting records of the company is the issue of subscriber shares.		
	Shares may be fully paid, partly paid or unpaid. Any paid element should be shown as "Cash at Bank and in hand", Any unpaid element shown as "Called up share capital not paid"		
	c. Dormant companies acting as an agent for any person must state that they have so acted in Section 3		
	d. A fee or penalty raised on the company for the payment of an annual return fee, change of name fee, reregistration fee, or late filing penalty may be omitted from the company records and this DCA - if the payment was made by a third party without any right of reimbursement		
	e. The company directors are responsible for preparing and filing accounts at Companies House that comply with the requirements of the Companies Act and failure to do so may result in prosecution. Should you have any doubt about the company's entitlement to file dormant accounts, or the preparation of those accounts, you should seek professional advice.		
	f. This guidance only advises on the preparation of abbreviated dormant accounts which can be filed at Companies House. It does not advise on the preparation of full accounts for the members.		

### AA02

#### Dormant company accounts (DCA)

Presenter information	Important information	
You do not have to give any contact information, but if you do it will help Companies House if there is a query The contact information you give will be visible to	Please note that all this information will appear on the public record.	
searchers of the public record	Where to send	
Contact name Jag Sanger	You may return the DCA to any Companies Hous address, however for expediency we advise you	
Company name Hammond Walker	return it to the appropriate address below:	
Chartered Certified Accountants	For companies registered in England and Wales:	
Address 8a Cranbrook Road	The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff	
Post town ILFORD  County/Region Essex  Postcode I G 1 4 D J  Country UK  DX	For companies registered in Scotland: The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post)  For companies registered in	
Telephone	Northern treland.	
020 3375 8100	The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street,	
✓ Checklist	Belfast, Northern Ireland, BT2 8BG DX 481 N.R. Belfast 1.	
We may return dormant company accounts completed incorrectly or with information missing.		
Please make sure you have remembered the		
following:  The company name and number match the information held on the public Register	For further information, please see the guidance note on the website at www.companieshouse gov uk or email enquines@companieshouse gov uk	
You have entered the date of the balance sheet in Section 2		
☐ You have completed Section 3 correctly	Dormant company accounts are	
☐ You have entered the date of approval of the accounts in Section 4	available in an alternative format	
☐ A Director has signed the DCA and printed their	Please visit the forms page on the	
name  You have read the guidance in Section 6.	website at	
To not read the gardenee in section of	www.companieshouse.gov.uk	
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