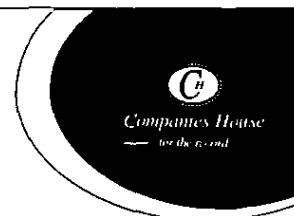


# TM01

## Termination of appointment of director



You can use the WebFiling service to file this form online  
Please go to [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk)

☒ **What this form is for**  
You may use this form  
to terminate the appointment of a  
director (individual or corporate)

☐ **What this form is NOT for**  
You cannot use this form to  
terminate the appointment of  
secretary To do this, please  
use TM02 'Termination of appointment  
of secretary'

FRIDAY



A52 24/09/2010 237  
COMPANIES HOUSE

### 1 Company details

Company number 06957400

Company name in full HEALTHY DAYS GROUP PLC

→ **Filing in this form**  
Please complete in typescript or in  
bold black capitals

All fields are mandatory unless  
specified or indicated by \*

### 2 Director's current details on the Register

Please give us the current appointment details of this director held on the  
public Register

Date of birth\* 12 04 1942

Title\* MR

Full forename(s) STEPHEN JOHN

Surname/Corporate name BARCLAY

① **Date of birth**  
Providing a date of birth will help  
us identify the correct person on  
the public record. This is voluntary  
information and if completed it will  
be placed on the public record

### 3 Termination date

Date of termination of appointment 21 09 2010

② Only one director appointment can  
be terminated per form

### 4 Signature

I am signing this form on behalf of the company

Signature

Signature

X X

This form may be signed by  
Director, Secretary, Person authorised, Liquidator, Administrator,  
Administrative receiver, Receiver, Receiver manager, Charity Commission receiver  
and manager, CIC manager, Judicial factor

③ **Societas Europaea**  
If the form is being filed on behalf  
of a Societas Europaea (SE) please  
delete 'director' and insert details  
of which organ of the SE the person  
signing has membership

④ **Person authorised**  
Under either section 270 or 274 of  
the Companies Act 2006

TM01

## Termination of appointment of director

**Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name	JOHN SHAW
Company name	HEALTHYDAYS
Address	GARDEN FLAT 4 CAMDEN TERRACE
Post town	LONDON
County/Region	
Postcode	NW1 9BP
Country	
DX	
Telephone	07973 826613

**Checklist**

We may return forms completed incorrectly or with information missing

Please make sure you have remembered the following

- ☐ The company name and number match the information held on the public Register
- ☐ You have correctly entered the name of the director being terminated
- ☐ You have included the date of termination
- ☐ You have signed the form

**Important information**

Please note that all information on this form will appear on the public record

**Where to send**

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

**For companies registered in England and Wales**  
The Registrar of Companies, Companies House,  
Crown Way, Cardiff, Wales, CF14 3UZ  
DX 33050 Cardiff

**For companies registered in Scotland**  
The Registrar of Companies, Companies House,  
Fourth floor, Edinburgh Quay 2,  
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF  
DX ED235 Edinburgh 1  
or LP - 4 Edinburgh 2 (Legal Post)

**For companies registered in Northern Ireland**  
The Registrar of Companies, Companies House,  
Second Floor, The Linenhall, 32-38 Linenhall Street,  
Belfast, Northern Ireland, BT2 8BG  
DX 481 N R Belfast 1

**Further information**

For further information, please see the guidance notes on the website at [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk) or email [enquiries@companieshouse.gov.uk](mailto:enquiries@companieshouse.gov.uk)

This form is available in an alternative format. Please visit the forms page on the website at [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk)