

# TM02

## Termination of appointment of secretary



You can use the WebFiling service to file this form online  
Please go to [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk)

☒ **What this form is for**  
You may use this form  
to terminate the appointment of a  
secretary (individual or corporate)

☐ **What this form is NOT for**  
You cannot use this form if you  
are terminating the appointment of  
a director. To do this, please use  
TM01 'Termination of appointment  
of director'

FRIDAY



A52  
24/09/2010  
COMPANIES HOUSE  
221

### 1 Company details

Company number **06957400**  
Company name in full **HEALTHY DAYS GROUP PLC**

→ **Filing in this form**  
Please complete in typescript or in  
bold black capitals  
All fields are mandatory unless  
specified or indicated by \*

### 2 Secretary's current details on the Register

Please give us the current appointment details of this secretary held on the  
public Register

Title\* **MR**  
Full forename(s) **JOHN RICHARD**  
Surname/Corporate name **SHAW**

### 3 Termination date<sup>1</sup>

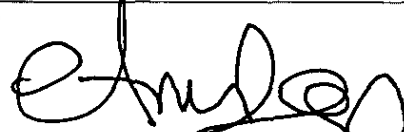
Date of termination of appointment **21/09/2010**

<sup>1</sup> Only one secretary appointment can  
be terminated per form

### 4 Signature

I am signing this form on behalf of the company

Signature

Signature **X**  **X**

This form may be signed by  
Director<sup>2</sup>, Secretary, Person authorised<sup>3</sup>, Liquidator, Administrator,  
~~Administrative receiver, Receiver, Receiver manager, Charity Commission receiver~~  
~~and manager, CIC manager, Judicial factor~~

<sup>2</sup> **Societas Europaea**  
If the form is being filed on behalf  
of a Societas Europaea (SE) please  
delete 'director' and insert details  
of which organ of the SE the person  
signing has membership

<sup>3</sup> **Person authorised**  
Under either section 270 or 274 of  
the Companies Act 2006

TM02

## Termination of appointment of secretary

**Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name

JOHN SHAW

Company name

HEALTHYDAYS

Address

GARDEN FLAT

4 CAMDEN TERRACE

Post town

LONDON

County/Region

Postcode

NW1 9BP

Country

DX

Telephone

07973 826613

**Checklist**

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following

- ☐ The company name and number match the information held on the public Register
- ☐ You have correctly entered the name of the secretary being terminated
- ☐ You have included the date of termination
- ☐ You have signed the form

**Important information**

Please note that all information on this form will appear on the public record

**Where to send**

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

**For companies registered in England and Wales**

The Registrar of Companies, Companies House,  
Crown Way, Cardiff, Wales, CF14 3UZ  
DX 33050 Cardiff

**For companies registered in Scotland**

The Registrar of Companies, Companies House,  
Fourth floor, Edinburgh Quay 2,  
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF  
DX ED235 Edinburgh 1  
or LP - 4 Edinburgh 2 (Legal Post)

**For companies registered in Northern Ireland**

The Registrar of Companies, Companies House,  
Second Floor, The Linenhall, 32-38 Linenhall Street,  
Belfast, Northern Ireland, BT2 8BG  
DX 481 N R Belfast 1

**Further information**

For further information, please see the guidance notes on the website at [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk) or email [enquiries@companieshouse.gov.uk](mailto:enquiries@companieshouse.gov.uk)

This form is available in an alternative format. Please visit the forms page on the website at [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk)