

CH03

Change of secretary's details



You can use the WebFiling service to file this form online
Please go to www.companieshouse.gov.uk

☒ **What this form is for**
You may use this form to change
the details of an individual who is a
secretary

☐ **What this form is NOT for**
You cannot use this form if you
are changing the details of a corporate
secretary. To do this, please use
form CH04 'Change of corporate
secretary's details'

FRIDAY



1 Company details

Company number 06957400

Company name in full HEALTHY DAYS GROUP PLC

Filling in this form
Please complete in typescript or in
bold black capitals

All fields are mandatory unless
specified or indicated by *

2 Secretary's current details on the Register

Title* MR

Full forename(s) JOHN RICHARD

Surname SHAW

Current details
This information is used to identify
your details on the public record

3 Date of change of details

Date of change of details 09/07/2009

Please complete the appropriate sections to indicate which of your details
have changed

4 Change of name details

Please enter your new name

Title*

Full forename(s)

Surname

5 Change of service address

Building name/number GARDEN FLAT

Street 4 CAMDEN TERRACE

Post town LONDON

County/Region

Postcode NW1 9BP

Country UK

Service address
This is the address that will appear
on the public record. This does not
have to be your usual residential
address.

Please state 'The Company's
Registered Office' if your service
address is recorded in the company's
register of secretaries as the
company's registered office


If you provide your residential
address here it will appear on the
public record

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Signature

	<p>I am signing this form on behalf of the company</p>	
Signature	<p>Signature</p> <p>X  X</p>	<p>❶ Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership.</p>
	<p>This form may be signed by Director <input checked="" type="checkbox"/>, Secretary, Person authorised <input checked="" type="checkbox"/>, Administrator, Administrative receiver, Receiver, Receiver manager, Charity commission receiver and manager, EIC manager, Judicial factor</p>	<p>❷ Person authorised Under either section 270 or 274 of the Companies Act 2006</p>

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**Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name

JOHN SHAW

Company name

HEALTHYDAYS GROUP PLC

Address

GARDEN FLAT

4 CAMDEN TERRACE

Post town

LONDON

County/Region

Postcode

NW1 9BP

Country

DX

Telephone

07973 826613

**Checklist**

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following

- ☐ The company name and number match the information held on the public Register
- ☐ You have entered in section 3 the date of change of details
- ☐ You have entered the relevant change of details
- ☐ A new address must be a physical location. It cannot be a PO Box number (unless part of a full address), DX or LP (Legal Post in Scotland) number
- ☐ You have signed the form

**Important information**

Please note that all information on this form will appear on the public record.

**Where to send**

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below.

For companies registered in England and Wales
The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland
The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland
The Registrar of Companies, Companies House,
Second Floor, The Linenhall, 32-38 Linenhall Street,
Belfast, Northern Ireland, BT2 8BG
DX 481 NR Belfast 1

**Further information**

For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk