

Please complete in typescript, or in bold black capitals. **CHWP000**

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change

| | | of particulars (use F | orm | 288 |
|----------------|---------|-----------------------|-----|-----|
| Company Number | 6957400 | | | |
| | | | • | |

Company Name in full

| HEALTHYDAY GROUP PLC | | |
|----------------------|--|--|
| | | |

| | | | Day | Month | Year | | |
|--|-----|----------------|----------|-----------|--------------|-----|--|
| Date of termination of appointment | | 0 9 | 0 7 | 2 0 0 | 9 | | |
| | | as director | √ | | as secretary | y [| Please mark the appropriate box. If terminating appointment as a director and secretary mark both boxes. |
| N | AME | *Style / Title | | | | | *Honours etc |
| Please insert details as previously notified to Companies House. | | Forename(s) | JONA | THON C | HARLES | | |
| | | Surname | ROUN | D | | | |
| | | | Day | Month | Year | | |
| | | †Date of Birth | | | | | |

A serving director, secretary etc must sign the form below.

Signed

* Voluntary details.

† Directors only.

* Delete as appropriate

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public

record.

19/09/2009 A03 COMPANIES HOUSE

Date

09/07/09

288b

(** serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

| YORK PLACE, 3RD F | LOOR, WHITE ROSE HOUSE, | |
|--------------------|-------------------------------|--|
| 28A YORK PLACE, LE | EEDS | |
| LS1 2EZ | Tel 01132245540 | |
| DX number 26436 | DX exchange LEEDS PARK SQUARE | |

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff for companies registered in England and Wales Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB for companies registered in Scotland DX 235 Edinburgh or LP - 4 Edinburgh