COMPANY NUMBER: 06949493. (ENGLAND & WALES)

ACUPUNCTURE & HERBAL REMEDY LTD TRADING AS SUPER HERB

ABBREVIATED STATUTORY FINANCIAL STATEMENTS

FOR THE PERIOD FROM 1ST JULY 2009 TO 31ST DECEMBER 2010

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ACUPUNCTURE & HERBAL REMEDY LTD TRADING AS SUPER HERB

REPORTS AND FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31ST DECEMBER 2010

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COMPANY NUMBER: 06949493. (ENGLAND & WALES)

ACUPUNCTURE & HERBAL REMEDY LTD TRADING AS SUPER HERB

ABBREVIATED BALANCE SHEET AT 31ST DECEMBER 2010

Note	2010
	£ £
Fixed assets	0.754
Tangible Assets 2	2,754
Current assets	
Stocks	850
Debtors	2,009
Cash at bank and in hand	7,288
	10,147
Creditors	
Due within one year	(10,858)
	
Net current liabilities	(711)
Total assets less current liabilities	2,043
Creditors	
Due after more than one year	(257)
Provisions for liabilities	(578)
Net assets	£ 1,208
Capital and reserves	
Called up share capital 3	100
Profit and loss account	1,108
	£ 1,208
Shareholders' funds	1,200

For the period ending 31st December 2010 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006. The director acknowledges his responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime. Approved by the board of directors on 28th March 2011 and signed on its behalf.

The annexed notes form part of these financial statements

ACUPUNCTURE & HERBAL REMEDY LTD TRADING AS SUPER HERB

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31ST DECEMBER 2010

1. Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities. (Effective April 2008.)

Turnover

Turnover represents sales of goods net of VAT and trade discounts. Turnover is recognised when the goods are physically delivered to the customer.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation

Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures and fittings

15% reducing balance basis

Stocks

Stock is valued at the lower of cost and net realisable value. Cost is determined on a first in first out basis. Net realisable value represents estimated selling price less costs to complete and sell. Provision is made for slow moving, obsolete or damaged stock where the net realisable value is less than cost.

Deferred taxation

Deferred tax is provided on the liability method to take account of timing differences betweent the treatment of certain items for accounts purpose and their threatment for tax purposes. The company has not adopted a policy of discounting deferred tax assets and liabilities.

2. Tangible fixed assets

	Total £
Cost: Additions	3,240
At 31st December 2010	3,240
Depreciation: Charge for the period	486
At 31st December 2010	486
Net book value: At 31st December 2010	£2,754

ACUPUNCTURE & HERBAL REMEDY LTD TRADING AS SUPER HERB

NOTES TO THE FINANCIAL STATEMENTS (Continued)

FOR THE PERIOD ENDED 31ST DECEMBER 2010

3. Share	capital
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2010

£

Allotted, called up and fully paid Ordinary shares of £1 each

100