Registered Number 06949493

ACUPUNCTURE & HERBAL REMEDY LTD

Abbreviated Accounts

31 December 2012

Abbreviated Balance Sheet as at 31 December 2012

	Notes	2012	2011
		£	£
Called up share capital not paid		-	-
Fixed assets			
Tangible assets	2	2,939	3,113
		2,939	3,113
Current assets			
Stocks		1,550	900
Debtors		4,015	2,743
Cash at bank and in hand		2,116	4,399
		7,681	8,042
Creditors: amounts falling due within one year		(2,136)	(10,374)
Net current assets (liabilities)		5,545	(2,332)
Total assets less current liabilities		8,484	781
Provisions for liabilities		(587)	(622)
Total net assets (liabilities)		7,897	159
Capital and reserves			
Called up share capital	3	100	100
Profit and loss account		7,797	59
Shareholders' funds		7,897	159

- For the year ending 31 December 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 26 September 2013

And signed on their behalf by:

Ms Qing Shi, Director

Notes to the Abbreviated Accounts for the period ended 31 December 2012

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover comprises that invoiced value of goods and services supplied by the company,net of Value Added Tax and trade discounts.

Tangible assets depreciation policy

Tangible fixed assets are stated at cost less depreciation

Depreciation is provied at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures and Fittings 15% reducing balance basis

Other accounting policies

Stocks

Stocks and work in progress are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow moving stocks. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads.

Deferred taxation

provision is made for taxation deferred as a result of material timing differences between the incidence of income and expenditure for taxation purposes, using the liability method, only to the extent that, in the opinion of the director, there is a reasonable probability that a liability or asset will crystallise in the near future.

2 Tangible fixed assets

	£
Cost	
At 1 January 2012	4,148
Additions	345
Disposals	-
Revaluations	-
Transfers	-
At 31 December 2012	4,493
Depreciation	
At 1 January 2012	1,035
Charge for the year	519
On disposals	

At 31 December 2012	1,554
Net book values	
At 31 December 2012	2,939
At 31 December 2011	3,113

3 Called Up Share Capital

Allotted, called up and fully paid:

	2012	2011
	${\it \pounds}$	£
100 Ordinary shares of £1 each	100	100

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