



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **BELL WORK HEALTH LTD**

Company Number: **06947620**

Date of this return: **29/06/2010**

SIC codes: **8514**

Company Type: **Private company limited by shares**

Situation of Registered Office: **276 MITCHAM LANE
LONDON
SW16 6NU**

Officers of the company

Company Director **1**

Type: **Person**

Full forename(s): **CAROLINE MARGARET**

Surname: **BELL**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **17/11/1965**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	OTHER	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE DIRECTOR MAY ALLOT, GRANT OPTIONS OVER OR OTHERWISE DISPOSE OF THE SAME, TO SUCH PERSONS, ON SUCH TERMS AND IN SUCH MANNER AS SHE THINKS FIT.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 29/06/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : **1 OTHER shares held as at 2010-06-29**
Name: **CAROLINE MARGARET BELL**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.