

REGISTERED NUMBER: 06941670 (England and Wales)

ABBREVIATED UNAUDITED ACCOUNTS

FOR THE YEAR ENDED 30 JUNE 2015

FOR

ABSOLUTE PILATES PLUS LIMITED

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FOR THE YEAR ENDED 30 JUNE 2015**

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ABSOLUTE PILATES PLUS LIMITED

**COMPANY INFORMATION
FOR THE YEAR ENDED 30 JUNE 2015**

DIRECTOR:

Mr T H Dolan

REGISTERED OFFICE:

C/O Michael Filiou Plc
Salisbury House
81 High Street
Potters Bar
Hertfordshire
EN6 5AS

REGISTERED NUMBER:

06941670 (England and Wales)

ACCOUNTANTS:

Michael Filiou Plc
Chartered Certified Accountants
www.michaelfiliou.com
Salisbury House
81 High Street
Potters Bar
Hertfordshire
EN6 5AS

ABBREVIATED BALANCE SHEET
30 JUNE 2015

	Notes	2015 £	£	2014 £	£
FIXED ASSETS					
Intangible assets	2		-		-
Tangible assets	3		<u>19,588</u>		<u>20,298</u>
			19,588		20,298
CURRENT ASSETS					
Debtors		30,351		10,879	
Cash at bank		<u>8,880</u>		<u>31,693</u>	
		39,231		42,572	
CREDITORS					
Amounts falling due within one year		<u>75,123</u>		<u>73,897</u>	
NET CURRENT LIABILITIES			(35,892)		(31,325)
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>(16,304)</u>		<u>(11,027)</u>
CAPITAL AND RESERVES					
Called up share capital	4		1,000		100
Profit and loss account			<u>(17,304)</u>		<u>(11,127)</u>
SHAREHOLDERS' FUNDS			<u>(16,304)</u>		<u>(11,027)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2015.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2015 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 31 March 2016 and were signed by:

Mr T H Dolan - Director

**NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 30 JUNE 2015**

1. ACCOUNTING POLICIES**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Short leasehold	- not provided
Improvements to property	- not provided
Plant and machinery	- 25% on reducing balance
Fixtures and fittings	- 25% on reducing balance
Computer equipment	- 25% on reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. INTANGIBLE FIXED ASSETS

	Total £
COST	
At 1 July 2014	
and 30 June 2015	<u>10,195</u>
AMORTISATION	
At 1 July 2014	
and 30 June 2015	<u>10,195</u>
NET BOOK VALUE	
At 30 June 2015	<u><u>-</u></u>
At 30 June 2014	<u><u>-</u></u>

NOTES TO THE ABBREVIATED ACCOUNTS - continued
FOR THE YEAR ENDED 30 JUNE 2015

3. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 July 2014	50,540
Additions	<u>3,587</u>
At 30 June 2015	<u>54,127</u>
DEPRECIATION	
At 1 July 2014	30,242
Charge for year	<u>4,297</u>
At 30 June 2015	<u>34,539</u>
NET BOOK VALUE	
At 30 June 2015	<u>19,588</u>
At 30 June 2014	<u>20,298</u>

4. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2015 £	2014 £
1,000	Ordinary	£1	<u>1,000</u>	<u>100</u>

900 Ordinary shares of £1 each were allotted and fully paid for cash at par during the year.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.