

Registered Number 06880989

ABSOLUTE HERBS LTD

Abbreviated Accounts

31 March 2016

Abbreviated Balance Sheet as at 31 March 2016

	Notes	2016 £	2015 £
Fixed assets			
Tangible assets	2	694	868
		<u>694</u>	<u>868</u>
Current assets			
Stocks		2,500	2,500
Debtors	3	1,307	1,562
Cash at bank and in hand		4,699	3,158
		<u>8,506</u>	<u>7,220</u>
Creditors: amounts falling due within one year	4	(4,690)	(5,651)
Net current assets (liabilities)		<u>3,816</u>	<u>1,569</u>
Total assets less current liabilities		<u>4,510</u>	<u>2,437</u>
Total net assets (liabilities)		<u>4,510</u>	<u>2,437</u>
Capital and reserves			
Called up share capital		1,000	1,000
Profit and loss account		3,510	1,437
Shareholders' funds		<u>4,510</u>	<u>2,437</u>

- For the year ending 31 March 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 3 June 2016

And signed on their behalf by:

Yang Liu, Director

Notes to the Abbreviated Accounts for the period ended 31 March 2016**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Tangible assets depreciation policy

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

2 Tangible fixed assets

	£
Cost	
At 1 April 2015	868
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 March 2016	<u>868</u>
Depreciation	
At 1 April 2015	-
Charge for the year	174
On disposals	-
At 31 March 2016	<u>174</u>
Net book values	
At 31 March 2016	<u>694</u>
At 31 March 2015	<u>868</u>

3 Debtors

	2016	2015
	£	£
Debtors include the following amounts due after more than one year	1,307	1,562

4 Creditors

	2016	2015
	£	£
Secured Debts	4,690	1,569

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