ABSOLUTE HERBS LIMITED

REPORT AND ACCOUNTS 31ST MARCH 2012



24/12/2012 COMPANIES HOUSE

ABSOLUTE HERBS LIMITED

BALANCE SHEET AS AT 31ST MARCH 2012

FIXED ASSETS	<u>Note</u>		<u>2012</u>		<u>2011</u>
Tangible assets	2		897		826
CURRENT ASSETS Stock Debtors and Prepayments Cash at bank and in hand		2500 1608 3154 7262		2500 1500 4824 8824	
CREDITORS Amounts falling due within one year NET CURRENT ASSETS		14307		12793	-3969
		_	-6148	£	-3143
CAPITAL AND RESERVES Called up share capital Profit and loss account	3		1000 -7148		1000 -4143
			-6148	£	-3143

For the period ending 31st March 2012 the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit of its accounts for the period in question in accordance with Section 476. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts These acounts have been prepared in accordance with the provisions apllicable to companies subject to the small companies' regime

Signed on behalf of the board of directors

Approved by the board 21/12/2012

The notes on page 3 forms part of these accounts

ABSOLUTE HERBS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS – 31ST MARCH 2012

1 ACCOUNTING POLICIES

- (a) The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities
- (b) Turnover represents net invoiced sales of goods excluding Value Added Tax
- (c) Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures & Equipment: 25% on net book value

(d) Stock

Stock is valued at the lower of cost and net realisable value after making due allowance for obsolete and slow moving items

2. TANGIBLE FIXED ASSETS

Cost at 1 st April 2011 Addition	Fixtures & Equipment £1469 370
Cost at 31 st March 2012	£1839
Depreciation at 1 st April 2011 Charge for the period	£643 299
Depreciation at 31 st March 2012	£942
Net book value At 31 st March 2012 At 31 st March 2011	£897 ==== £826

3. CALLED UP SHARE CAPITAL – Ordinary share of £1 each

	<u>2012</u>	<u>2011</u>
Allotted issued and fully paid	£1000	£1000
		====