

A.B. HEALTH LIMITED

**Company Registration Number:
06837318 (England and Wales)**

Abbreviated (Unaudited) Accounts

Period of accounts

Start date: 01st April 2013

End date: 31st March 2014

SUBMITTED

A.B. HEALTH LIMITED

Company Information for the Period Ended 31st March 2014

Director:	Amanda Batey
Registered office:	11 Thorsby Road Timperley Altrincham Cheshire WA15 7QS
Company Registration Number:	06837318 (England and Wales)

A.B. HEALTH LIMITED

Abbreviated Balance sheet As at 31st March 2014

	Notes	2014 £	2013 £
Fixed assets			
Tangible assets:	2	229	286
Total fixed assets:		<u>229</u>	<u>286</u>
Current assets			
Debtors:		19,145	13,414
Cash at bank and in hand:		16,162	14,717
Total current assets:		<u>35,307</u>	<u>28,131</u>
Creditors			
Creditors: amounts falling due within one year		19,176	17,320
Net current assets (liabilities):		<u>16,131</u>	<u>10,811</u>
Total assets less current liabilities:		<u>16,360</u>	<u>11,097</u>
Total net assets (liabilities):		<u><u>16,360</u></u>	<u><u>11,097</u></u>

The notes form part of these financial statements

A.B. HEALTH LIMITED

Abbreviated Balance sheet As at 31st March 2014 continued

	Notes	2014 £	2013 £
Capital and reserves			
Called up share capital:	3	1	1
Profit and Loss account:		16,359	11,096
Total shareholders funds:		<u>16,360</u>	<u>11,097</u>

For the year ending 31 March 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 10 June 2014

SIGNED ON BEHALF OF THE BOARD BY:

Name: Amanda Batey

Status: Director

The notes form part of these financial statements

A.B. HEALTH LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st March 2014

1. Accounting policies

Basis of measurement and preparation of accounts

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities

Turnover policy

The turnover shown in the profit and loss account represents revenue earned during the period.exclusive of VAT

Tangible fixed assets depreciation policy

Depreciation is provided at 20% of net book value of Office equipment.

A.B. HEALTH LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st March 2014

2. Tangible assets

	Total
Cost	£
At 01st April 2013:	699
At 31st March 2014:	699
Depreciation	
At 01st April 2013:	413
Charge for year:	57
At 31st March 2014:	470
Net book value	
At 31st March 2014:	229
At 31st March 2013:	286

A.B. HEALTH LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st March 2014

3. Called up share capital

Allotted, called up and paid

Previous period			2013
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1	1.00	1
Total share capital:			<u>1</u>
Current period			2014
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1	1.00	1
Total share capital:			<u>1</u>

