

**A.B.HEALTH LIMITED**

**ACCOUNTS**

**FOR THE YEAR ENDED 31ST MARCH 2010**

**Company No. 6837318**

**Elmwood Accounting Services Limited  
25, Elmwood Ave, Gt. Crosby, Liverpool L23 9XR  
Company No 5733760  
J.T.Hannah F.C.C.A  
Telephone 0151 924 2330**

FRIDAY



\*AQPCKDA\*

A11

28/05/2010

258

COMPANIES HOUSE

**A.B.HEALTH LTD**

**Contents of the Financial Statements**  
**for the Year Ended 31st March 2010**

	<b>Page</b>
<b>Company information</b>	<b>1</b>
<b>Report of Director</b>	<b>2</b>
<b>Profit and Loss Account</b>	<b>3</b>
<b>Balance Sheet</b>	<b>4</b>
<b>Notes to the Financial Statements</b>	<b>5-6</b>
<b>Trading and Profit and Loss Account</b>	<b>7</b>

**A.B.HEALTH LIMITED**

**Company Information**  
**for the Year Ended 31st March 2010**

**DIRECTOR**

**A.Batey**

**REGISTERED OFFICE**

**Apartment 21,Edale,  
1a,Groby Road  
Altrincham  
Cheshire  
WA14 1RS**

**REGISTERED NUMBER**

**06837318(England and Wales)**

**ACCOUNTANTS**

**Elmwood Accounting Services Ltd  
25,Elmwood Avenue  
Gt.Crosby  
Liverpool  
L23 9XR**

**A B HEALTH LIMITED**

**DIRECTORS REPORT**

The director presents her report and accounts of the company for the year ended 31st March 2010

**PRINCIPAL ACTIVITIES**

The principle activity of the company is the provision of consultancy services.

**DIRECTOR**

The director who served during the year, and her beneficial interest in the issued share capital of the company throughout the period is as follows

	<b><u>£1 Ordinary Shares</u></b>	<b><u>£1 Ordinary Shares</u></b>
	31 03 2010	31 03 2009
A Batey	1	1

**DIRECTOR'S RESPONSIBILITY FOR THE FINANCIAL STATEMENTS**

Company law requires the director to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing those financial statements the directors are required to

- select suitable accounting policies and apply them consistently,
- make judgements and estimates that are reasonable and prudent,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The director is responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to ensure that the financial statements comply with the Companies Act 2006. She is also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Reporting Accountants**

Elmwood Accounting Services Ltd have indicated their willingness to remain in office and a resolution proposing re-approval was put to the Annual General Meeting for approval.

**Small Company Exemptions**

The director has taken advantage in the preparation of this report of the exemptions applicable to small companies.

Approved by the director on 20th May 2010

  
A. Batey-Director

**Profit and Loss Account**  
**for the Year Ended 31st March 2010**

	Notes	2010 £
<b>TURNOVER</b>		<b>41,299</b>
<b>Administration expenses</b>		<b>15,097</b>
<b>OPERATING PROFIT/(LOSS)</b>	<b>2</b>	<b>26,202</b>
<b>Interest payable</b>		<b>0</b>
<b>PROFIT/(LOSS) ON ORDINARY ACTIVITIES BEFORE TAXATION</b>		<b>26,202</b>
<b>Tax on profit/(loss) on ordinary activities</b>	<b>4</b>	<b>5,502</b>
<b>PROFIT/(LOSS) FOR THE FINANCIAL YEAR AFTER TAXATION</b>		<b>20,700</b>

**A.B.HEALTH LIMITED**

**BALANCE SHEET AS AT 31st MARCH 2010**

	Note	£	2010 £
<b><u>TANGIBLE FIXED ASSETS</u></b>	6		559
<b><u>CURRENT ASSETS</u></b>			
Cash at Bank		11,997	
Trade Debtors		3,863	
<b><u>CREDITORS</u></b>			
Amounts falling due within one year	7	<u>(15,694)</u>	
<b><u>NET CURRENT ASSETS/(LIABILITIES)</u></b>			166
<b><u>TOTAL NET ASSETS</u></b>			<u>725</u>
<b><u>CAPITAL AND RESERVES</u></b>			
Issued and paid up share capital	8		1
Profit and (Loss) Account			724
<b><u>TOTAL SHAREHOLDERS FUNDS</u></b>	9		<u>725</u>

For the year ending 31st March 2010 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors responsibilities:

- \* The members have not required the company to obtain an audit of its accounts for year in question in accordance with section 476
- \* The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the smaller companies' regime.

Approved by the director on 20th April 2010 and signed on their behalf by:



**A.Batey-Director**

The notes on pages (5)to(6) form an integral part of these accounts

**A.B.HEALTH LIMITED**

**NOTES TO THE ACCOUNTS**

**FOR THE PERIOD ENDED 31st MARCH 2010**

**1 ACCOUNTING POLICIES**

- (a) **Basis of Accounting:**  
The accounts have been prepared under the historic cost convention
- (b) **Turnover:**  
Turnover represents net invoiced sales of goods excluding Value Added Tax
- (c) **Tangible Fixed Assets:**  
Depreciation is provided at the following annual rates in order to write off the cost of each asset over its estimated useful life
- Compter Equipment      20% on reducing balance
- (d) **Cash Flow Statement:**  
The company qualifies as a small company under the Companies Act 2006  
The director has elected to take advantage of the exemption not to prepare a cash flow statement.

**2 TURNOVER**

Turnover and profit before taxation are attributable to the one principal activity of the company.

**3 OPERATING PROFIT**

	2010
Operating profit is stated after charging.	£
Depreciation of Tangible Fixed Assets	140
Accountancy Fee	150
Directors emoluments and other benefits	7,285

**4 TAXATION**

	£
Corporation Tax	5,502

**5 DIVIDENDS**

	2010
	£
Ordinary shares of £1 each final dividend	19,976

**A.B.HEALTH LIMITED**

**NOTES TO THE ACCOUNTS**

**FOR THE PERIOD ENDED 31st MARCH 2010**

Continued

**6 TANGIBLE FIXED ASSETS**

	Office Equipment
<b>COST</b>	<b>£</b>
Additions in year	<u>699</u>
<b>DEPRECIATION</b>	
Charge for year	<u>(140)</u>
At 31st March 2010	<u>(140)</u>
<b>NET BOOK VALUE</b>	
At 31st March 2010	<u>559</u>

**7 CREDITORS-Amounts falling due within one year**

	<b>2010</b>
	<b>£</b>
Corporation Tax	(5,502)
Directors Current Account	(9,959)
Other creditors	<u>(233)</u>
	<u>(15,694)</u>

**8 SHARE CAPITAL**

<b>Authorised</b>	<b>2010</b>
1,000 Ordinary Shares of £1 each	1,000
<b>Allotted, Issued and Fully Paid</b>	
1 Ordinary Shares of £1 each	1

**9 RECONCILIATION OF MOVEMENTS IN SHAREHOLDERS FUNDS**

	<b>2010</b>
	<b>£</b>
Profit/(Loss) for year	20,700
Dividends	(19,976)
Share capital	<u>1</u>
Closing Shareholders Funds at 31st March 2010	<u>725</u>

**10 FRS8 RELATED PARTY TRANSACTIONS**

There is a related party transaction to A.Batey for re-imbursement of motor expenses at Revenue Rates.



**A.B.HEALTH LIMITED**

**PROFIT AND LOSS ACCOUNT**

**FOR THE YEAR ENDED 31ST MARCH 2010**

<b>INCOME</b>	<b>£</b>	<b>2010 £</b>
<b>Work done</b>		<b>41,299</b>
<b>EXPENSES</b>		
<b>Directors Salaries</b>	<b>7,285</b>	
<b>Motor expenses</b>	<b>4,391</b>	
<b>Rent</b>	<b>620</b>	
<b>Travel and subsistence</b>	<b>1,310</b>	
<b>Insurance</b>	<b>190</b>	
<b>Training</b>	<b>381</b>	
<b>Telephone</b>	<b>435</b>	
<b>Post &amp; Stationery</b>	<b>119</b>	
<b>Subscriptions</b>	<b>76</b>	
<b>Accountancy</b>	<b>150</b>	
		<b>14,957</b>
<b>TRADING PROFIT</b>		<b>26,342</b>
<b>DEPRECIATION</b>		
<b>Fixtures and fittings</b>		<b>140</b>
<b>NET PROFIT/(LOSS)</b>		<b>26,202</b>
<b>CORPORATION TAX</b>		<b>(5,502)</b>
<b>PROFIT AFTER TAXATION</b>		<b>20,700</b>
<b>DIVIDENDS</b>		<b>(19,976)</b>
<b>RETAINED PROFIT</b>		<b>724</b>