

Companies House

forth noud

Please complete in typescript, or in bold black capitals.

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

CHITTOUC	, , , , , , , , , , , , , , , , , , , ,
Company Number	6798465
Company Name in full	ABEL E AND P LIMITED .
Date of appointment	Day         Month         Year         Day         Month         Year           2   Z   O   I   2   O   O   9         Day         Month         Year
Appointment Appointment as director	as secretary  Please mark the appropriate box if appointment is as a director and secretary mark buth boxes
NAME *Style / Title	17/55 Honours etc
Notes on completion appear on reverse. Forename(s)	GEMMA ELIZABETH
Sumame	BARBER
Previous Forename(s)	Previous Surname(s)
† Tick this box if the triusual residential address shown is a address	25 GROVE ROAD
ervice address for he beneficiary of a Post town Confidentiality Order	FOLKESTONE Postcode CT 2010H
granted under the provisions of section County / Region 23B of the	KENT Country UNITED KINKDH
Companies Act 1985  †Nationality	Business occupation SECRETARY
†Other directorships (additional space overleaf)	
•	I consent to act as " careful for a secretary of the above named company
Consent signature  * Voluntary details.	X 2BCR Date 22/1,/09
† Directors only. **Delete as appropriate	A director, secretary etc-must sign the form below.
Signed	For and on behalf of SAME-DAY COMPANY SERVICES LTD Date 22 1 0 9
You do not have to give any contact	("a-director! secretary / administrator; administrative receiver! receiver manager receiver)
information in the box opposite but if you	SAME-DAY COMPANY SERVICES LTD
do, it will help Companies House to contact you if there is a query on the	9 PERSEVERANCE WORKS
form. The contact information that you give will be visible to searchers of the	LONDON E2 8DD Tel 020 7613 8161
	DX number DX exchange
YAGI RM8B7*	When you have completed and signed the form please send it to the Registrar of Companies at:
*AGLRM8B7* A17 20/03/2009 188 COMPANIES HOUSE	Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff for companies registered in England and Wales or Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
Fee .	for companies registered in Scotland DX 235 Edinburgh

	Company Number	
Directors only.	<sup>†</sup> Other directorships	

## NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on sumame line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

## Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- damani
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.